

James L. Sorensen, Jennifer E. Hettema i Sandra Larios **Co to jest terapia oparta na dowodach naukowych?**

Anton, R. F., O'Malley, S. S., Ciraulo, D. A., Cisler, R. A., Couper, D., Donovan, D. M., et al., COMBINE Study Research Group. (2006). Combined pharmacotherapies and behavioral interventions for alcohol dependence: The COMBINE study: A randomized controlled trial. *Journal of the American Medical Association*, 295(17), 2003-2017. <https://doi.org/10.1001/jama.295.17.2003>

Borrelli, B., Sepinwall, D., Ernst, D., Bellg, A. J., Czajkowski, S., Breger, R., et al. (2005). A new tool to assess treatment fidelity and evaluation of treatment fidelity across 10 years of health behavior research. *Journal of Consulting and Clinical Psychology*, 73(5), 852-860. <https://doi.org/10.1037/0022-006X.73.5.852>

Dennis, M., Godley, S. H., Diamond, G., Tims, F. M., Babor, T., Donaldson, J., et al. (2004). The cannabis youth treatment (CYT) study: Main findings from two randomized trials. *Journal of Substance Abuse Treatment*, 27(3), 197-213. <https://doi.org/10.1016/j.jsat.2003.09.005>

Dennis, M., Titus, J. C., Diamond, G., Donaldson, J., Godley, S. H., Tims, F. M., et al., C. Y. T. Steering Committee. (2002). The cannabis youth treatment (CYT) experiment: Rationale, study design and analysis plans. *Addiction*, 97(Suppl. 1), 16-34. <https://doi.org/10.1046/j.1360-0443.97.s01.2.x>

Drake, R. E., Goldman, H. H., Leef, S., Lehman, A. F., Dixon, L., Mueser, K. T., et al. (2001). Implementing evidenced-based practices in routine mental health service settings. *Psychiatric Services*, 52, 179-182. <https://doi.org/10.1176/appi.ps.52.2.179>

Garbutt, J. C., West, S. L., Carey, T. S., Lohr, K. N., & Crews, F. T. (1999). Pharmacological treatment of alcohol dependence: A review of the evidence. *Journal of the American Medical Association*, 281(14), 1318-1325. <https://doi.org/10.1001/jama.281.14.1318>

Gardner, T. J., & Kosten, T. R. (2007). Therapeutic options and challenges for substances of abuse. *Dialogues in Clinical Neuroscience*, 9(4), 431-445.

Hahlweg, K., & Markman, H. J. (1988). Effectiveness of behavioral marital therapy: Empirical status of behavioral techniques in preventing and alleviating marital distress. *Journal of Consulting and Clinical Psychology*, 56(3), 440-447. <https://doi.org/10.1037/0022-006X.56.3.440>

Hettema, J. E., Steele, J. M., & Miller, W. R. (2005). Motivational interviewing. *Annual Review of Clinical Psychology*, 1, 91-111. <https://doi.org/10.1146/annurev.clinpsy.1.102803.143833>

Higgins, S. T., Budney, A. J., Bickel, W. K., Foerg, F. E., Donham, R., & Badger, G. J. (1994). Incentives improve outcome in outpatient behavioral treatment of cocaine dependence. *Archives of General Psychiatry*, 51, 568-576. <https://doi.org/10.1001/archpsyc.1994.03950070060011>

Hunsley, J., & Lee, C. M. (2007). Research-informed benchmarks for psychological treatments: Efficacy studies, and beyond. *Professional Psychology Research and Practice*, 38, 21-33. <https://doi.org/10.1037/0735-7028.38.1.21>

Institute of Medicine. (2001). *Crossing the quality chasm: A new health system for the 21st century*. Washington, DC: National Academy Press.

Irvin, J. E., Bowers, C. A., Dunn, M. E., & Wang, M. C. (1999). Efficacy of relapse prevention: A meta-analytic review. *Journal of Consulting and Clinical Psychology*, 67(4), 563-570. <https://doi.org/10.1037/0022-006X.67.4.563>

Johnson, R. E., Jaffe, J. H., & Fudala, P. J. (1992). A controlled trial of buprenorphine treatment for opioid dependence. *Journal of the American Medical Association*, 267(20), 2750-2755.
<https://doi.org/10.1001/jama.1992.03480200058024>

Kadden, R. M. (2001). Behavioral and cognitive-behavioral treatments for alcoholism research opportunities. *Addictive Behaviors*, 26, 498-507. [https://doi.org/10.1016/S0306-4603\(00\)00139-8](https://doi.org/10.1016/S0306-4603(00)00139-8)

Lamb, S. J., Greenlick, M. R., & McCarty, D. (1998). Bridging the gap between practice and research: Forging partnerships with community-based drug and alcohol treatment. Washington, DC: National Academy Press.

Litt, M. D., Kadden, R. M., & Stephens, R. S., Marijuana Treatment Project Research Group. (2005). Coping and self-efficacy in marijuana treatment: Results from the Marijuana Treatment Project. *Journal of Consulting and Clinical Psychology*, 76, 1015-1025. <https://doi.org/10.1037/0022-006X.73.6.1015>

Marlatt, G. A., & Gordon, J. R. (Eds.). (1985). Relapse prevention: Maintenance strategies in the treatment of addictive behaviors. New York: Guilford.

McRae, A. L., Budney, A. J., & Brady, K. T. (2003). Treatment of marijuana dependence: A review of the literature. *Journal of Substance Abuse Treatment*, 24, 369-376. [https://doi.org/10.1016/S0740-5472\(03\)00041-2](https://doi.org/10.1016/S0740-5472(03)00041-2)

Miller, W. R. (2000). Rediscovering fire: Small interventions, large effects. *Psychology of Addictive Behaviors: Journal of the Society of Psychologists in Addictive Behaviors*, 14(1), 6-18.
<https://doi.org/10.1037/0893-164X.14.1.6>

Miller, W. R., & Sanchez, V. C. (1993). Motivating young adults for treatment and lifestyle change 55-81. In G. Howard (Ed.), *Issues in alcohol use and misuse in young adults*. Notre Dame, IN: University of Notre Dame Press.

Miller, W. R., Sorensen, J. L., Selzer, J. A., & Brigham, G. S. (2006). Disseminating evidence-based practices in substance abuse treatment: A review with suggestions. *Journal of Substance Abuse Treatment*, 31(1), 25-39. <https://doi.org/10.1016/j.jsat.2006.03.005>

Miller, W. R., & Wilbourne, P. L. (2002). Mesa grande: A methodological analysis of clinical trials of treatments for alcohol use disorders. *Addiction*, 97(3), 265-277. <https://doi.org/10.1046/j.1360-0443.2002.00019.x>

Oregon Department of Human Services. (2008, February). Implementation of evidence-based practices (EBP) in Oregon. Retrieved March 2008, from
<http://www.oregon.gov/DHS/mentalhealth/ebp//main.shtml>.

Project MATCH Research Group. (1993). Project MATCH: Rationale and methods for a multisite clinical trial matching alcoholism patients to treatment. *Alcoholism: Clinical and Experimental Research*, 17, 1130-1145. <https://doi.org/10.1111/j.1530-0277.1993.tb05219.x>

Rollnick, S., & Miller, W. R. (1995). What is motivational interviewing? *Behavioural and Cognitive Psychotherapy*, 23, 325-334. <https://doi.org/10.1017/S135246580001643X>

Sackett, D. L., Rosenberg, W. M., Gray, J. A., Haynes, R. B., & Richardson, W. S. (1996). Evidence based medicine: What it is and what it isn't. *British Medical Journal*, 312, 71-72.
<https://doi.org/10.1136/bmj.312.7023.71>

Sorensen, J. L., Masson, C. L., Clark, W. W., & Morin, S. F. (1998). Providing public testimony: A guide for psychologists. *Professional Psychology Research and Practice*, 29, 588-593.
<https://doi.org/10.1037/0735-7028.29.6.588>

Substance Abuse and Mental Health Services Administration. (2008, March). National Registration of Effective Programs and Practices (NREPP). Retrieved April 2008, from <http://nrepp.samhsa.gov/>.

Tempesta, E., Janiri, L., Bignamini, A., Chabac, S., & Potgieter, A. (2000). Acamprosate and relapse prevention in the treatment of alcohol dependence: A placebo-controlled study. *Alcohol and Alcoholism*, 35(2), 202-209. <https://doi.org/10.1093/alcalc/35.2.202>

Wampold, B. E., Mondin, G. W., Moody, M., Stich, F., Benson, K., & Ahn, H. (1997). A metanalysis of outcome studies comparing bona fide psychotherapies: Empirically, "all must have prizes." *Psychological Bulletin*, 122, 203-215. <https://doi.org/10.1037/0033-2909.122.3.203>

Work Group on Substance Use Disorder. (2006). *Treatment of patients with substance use disorder* (2nd ed.). Arlington, VA.

T. Cameron Wild i Jody Wolfe Badanie procesu terapii uzależnień: rola niespecyficznych czynników terapii

Allen, K., & Dixon, M. (1994). Psychometric assessment of the Allen Barriers to Treatment Instrument. *International Journal of Addictions*, 29, 545-563.
<https://doi.org/10.3109/10826089409047399>

Andersen, R. M. (1995). Revisiting the behavioural model and access to medical care: Does it matter? *Journal of Health and Social Behavior*, 36, 1-10. <https://doi.org/10.2307/2137284>

Anglin, M. D., Brecht, M. L., & Maddahian, E. (1989). Pre-treatment characteristics and treatment performance of legally coerced versus voluntary methadone maintenance admissions. *Criminology*, 27, 537-557. <https://doi.org/10.1111/j.1745-9125.1989.tb01045.x>

Anton, R., O'Malley, S., Ciraulo, D., Cisler, R., Couper, D., Donovan, D., et al. (2006). Combined pharmacotherapies and behavioral interventions for alcohol dependence. The COMBINE study: A randomized controlled trial. *Journal of the American Medical Association*, 295, 2003-2017.
<https://doi.org/10.1001/jama.295.17.2003>

Appel, P. W., Ellison, A. A., Jansky, H. K., & Oldak, R. (2004). Barriers to enrolment in drug abuse treatment and suggestions for reducing them: Client and other system stakeholders. *American Journal of Drug and Alcohol Abuse*, 30, 129-153. <https://doi.org/10.1081/ADA-120029870>

Appel, P. W., & Oldak, R. (2007). A preliminary comparison of major kinds of obstacles to enrolling in substance abuse treatment (AOD) reported by injecting street outreach clients and other stakeholders. *American Journal of Drug and Alcohol Abuse*, 33, 699-705.
<https://doi.org/10.1080/00952990701522641>

Baker, J. G., Rounds, J. B., & Carson, C. A. (1995). Monitoring in methadone maintenance treatment. *International Journal of the Addictions*, 30, 1177-1185. <https://doi.org/10.3109/10826089509055835>

Barber, J. P., Gallop, R., Crits-Christoph, P., Frank, A., Thase, M. E., Weiss, R. D., & Gibbons, M. B. C. (2006). The role of therapist adherence, therapist competence, and alliance in predicting outcome of individual drug counseling: Results from the National Institute Drug Abuse Collaborative Cocaine

Treatment Study. *Psychotherapy Research*, 16, 229-240.

<https://doi.org/10.1080/10503300500288951>

Barber, J. P., Luborsky, L., Crits-Christoph, P., Thase, M. E., Weiss, R., & Frank, A. (1999). Therapeutic alliance as a predictor of outcome in treatment of cocaine dependence. *Psychotherapy Research*, 9, 54-73. <https://doi.org/10.1080/10503309912331332591>

Belenko, S. (2001). Research on drug courts: A critical review. 2001 update. New York: National Centre on Addiction and Substance Abuse.

Bergmark, A. (2008). On treatment mechanisms: What can we learn from Project COMBINE? *Addiction*, 103, 703-705. <https://doi.org/10.1111/j.1360-0443.2007.02073.x>

Best, D., Noble, A., Ridge, G., Gossop, M., Farrell, M., & Strang, J. (2002). The relative impact of waiting time and treatment entry on drug and alcohol use. *Addiction Biology*, 7, 67-74. <https://doi.org/10.1080/135562101200100607>

Brecht, M. L., Anglin, M. D., & Dylan, M. (2005). Coerced treatment for methamphetamine abuse: Differential patient characteristics and outcomes. *American Journal of Drug and Alcohol Abuse*, 31, 337-356. <https://doi.org/10.1081/ADA-56764>

Breda, C. S., & Heflinger, C. A. (2007). The impact of motivation to change on substance use among adolescents in treatment. *Journal of Child and Adolescent Abuse*, 16, 109-124. https://doi.org/10.1300/J029v16n03_06

Broome, K. M., Simpson, D. D., & Joe, G. W. (1999). Patient and program attributes related to treatment process indicators in DATOS. *Drug and Alcohol Dependence*, 57, 113-125. [https://doi.org/10.1016/S0376-8716\(99\)00080-0](https://doi.org/10.1016/S0376-8716(99)00080-0)

Brooner, R. K., Kidorf, M. S., King, V. L., Stoller, K. B., Peirce, J. M., Bigelow, G. E., et al. (2004). Behavioral contingencies improve counseling attendance in an adaptive treatment model. *Journal of Substance Abuse Treatment*, 27, 223-232. <https://doi.org/10.1016/j.jsat.2004.07.005>

Buhringer, G., & Pfeiffer-Gerschel, T. (2008). COMBINE and MATCH: The final blow for large scale black-box clinical trials. *Addiction*, 103, 708-709. <https://doi.org/10.1111/j.1360-0443.2008.02162.x>

Caplehorn, J. R. M., Lumley, T. S., & Irwig, L. (1998). Staff attitudes and retention of patients in methadone maintenance programs. *Drug & Alcohol Dependence*, 52, 57-61. [https://doi.org/10.1016/S0376-8716\(98\)00047-7](https://doi.org/10.1016/S0376-8716(98)00047-7)

Carpenter, K. M., Miele, G. M., & Hasin, D. S. (2002). Does motivation to change mediate the effect of DSM-IV substance use disorders on treatment utilization and substance use? *Addictive Behaviors*, 27, 207-225. [https://doi.org/10.1016/S0306-4603\(00\)00178-7](https://doi.org/10.1016/S0306-4603(00)00178-7)

Cartwright, W. S., & Solano, P. L. (2005). The economics of public health: Financing drug abuse treatment services. *Health Policy*, 66, 247-260. [https://doi.org/10.1016/S0168-8510\(03\)00066-6](https://doi.org/10.1016/S0168-8510(03)00066-6)

Chawdhary, A., Sayre, S. L., Green, C., Schmitz, J. M., Grabowski, J., & Mooney, M. E. (2007). Moderators of delay tolerance in treatment-seeking cocaine users. *Addictive Behaviors*, 32, 370-376. <https://doi.org/10.1016/j.addbeh.2006.03.044>

Claus, R. E., & Kindleberger, L. R. (2002). Engaging substance abusers after centralized assessment: Predictors of treatment entry and dropout. *Journal of Psychoactive Drugs*, 34, 25-31. <https://doi.org/10.1080/02791072.2002.10399933>

- COMBINE Study Research Group. (2003). Testing combined pharmacotherapies and behavioral Interventions in alcohol dependence: Rationale and methods. *Alcoholism: Clinical and Experimental Research*, 27, 1022-1107. <https://doi.org/10.1097/00000374-200307000-00011>
- Condelli, W. S., & De Leon, G. (1993). Fixed and dynamic predictors of client retention in therapeutic communities. *Journal of Substance Abuse Treatment*, 19, 11-16. [https://doi.org/10.1016/0740-5472\(93\)90093-H](https://doi.org/10.1016/0740-5472(93)90093-H)
- Craig, R. J., Rogalski, C., & Veltri, D. (1982). Predicting treatment dropouts from a drug abuse rehabilitation program. *The International Journal of the Addictions*, 17, 641-653. <https://doi.org/10.3109/10826088209053008>
- Cunningham, J. A. (1999). Resolving alcohol-related problems with and without treatment: The effects of different problem criteria. *Journal of Studies on Alcohol*, 60, 463-466. <https://doi.org/10.15288/jsa.1999.60.463>
- Cunningham, J. A. (2000). Remissions from drug dependence: Is treatment a prerequisite? *Drug and Alcohol Dependence*, 59, 211-213. [https://doi.org/10.1016/S0376-8716\(99\)00123-4](https://doi.org/10.1016/S0376-8716(99)00123-4)
- Cunningham, J. A. (2004). Stopping illicit drug use without treatment: Any relation to frequency of drug use? *American Journal on Addictions*, 13, 292-294. <https://doi.org/10.1080/10550490490460085>
- Cunningham, J. A., & Breslin, F. C. (2004). Only one in three people with alcohol abuse or dependence ever seek treatment. *Addictive Behaviors*, 29, 221-223. [https://doi.org/10.1016/S0306-4603\(03\)00077-7](https://doi.org/10.1016/S0306-4603(03)00077-7)
- Cunningham, J. A., Sobell, L. C., Sobell, M. B., Agrawal, S., & Toneatto, T. (1993). Barriers to treatment: Why alcohol and drug abusers delay or never seek treatment. *Addictive Behaviors*, 18, 347-353. [https://doi.org/10.1016/0306-4603\(93\)90036-9](https://doi.org/10.1016/0306-4603(93)90036-9)
- Dansereau, D. F., Dees, S. M., Greener, J., & Simpson, D. D. (1995). Node-link mapping and the evaluation of drug abuse counseling sessions. *Psychology of Addictive Behaviors*, 9, 195-203. <https://doi.org/10.1037/0893-164X.9.3.195>
- D'Aunno, T., & Vaughn, T. E. (1992). Variations in methadone treatment practices. *Journal of the American Medical Association*, 267, 253-258. <https://doi.org/10.1001/jama.1992.03480020063032>
- Dearing, R. L., Barrick, C., Derman, K. H., & Walitzer, K. S. (2005). Indicators of client engagement: Influences on alcohol treatment satisfaction and outcomes. *Psychology of Addictive Behaviors*, 19, 71-78. <https://doi.org/10.1037/0893-164X.19.1.71>
- De Leon, G., Melnick, G., & Kressel, D. (1997). Motivation and readiness for therapeutic community treatment among cocaine and other drug abusers. *American Journal of Drug & Alcohol Abuse*, 23, 169-189. <https://doi.org/10.3109/00952999709040940>
- Deschenes, E., Peters, R., Goldkamp, J., & Belenko, S. (2003). Drug courts. In J. Zweben (Ed.), *Research to practice, practice to research: Promoting scientific-clinical interchange in drug abuse treatment* (pp. 85-102). Washington, DC: U.S. Department of Justice, Office of Justice Programs. <https://doi.org/10.1037/10491-006>
- De Weert-Van Oene, G., Schippers, G. M., De Jong, C. A. J., & Schrijvers, G. J. P. (2001). Retention in substance dependence treatment: The relevance of in-treatment factors. *Journal of Substance Abuse Treatment*, 20, 253-261. [https://doi.org/10.1016/S0740-5472\(01\)00160-X](https://doi.org/10.1016/S0740-5472(01)00160-X)

De Weert-Van Oene, G., Schippers, G. M., De Jong, C. A. J., & Schrijvers, G. J. P. (2002). Motivation for treatment in substance-dependent patients: Psychometric evaluation of the TCU motivation for treatment scales. *European Addiction Research*, 8, 2-9. <https://doi.org/10.1159/000049482>

Diamond, G. S., Liddle, H. A., Wintersteen, M. B., Dennis, M. L., Godley, S. H., & Tims, F. (2006). Early therapeutic alliance as a predictor of treatment outcome for adolescent cannabis users in outpatient treatment. *American Journal on Addictions*, 15, 26-33. <https://doi.org/10.1080/10550490601003664>

Digiusto, E., & Treloar, C. (2007). Equity of access to treatment, and barriers to treatment for illicit drug use in Australia. *Addiction*, 102, 958-969. <https://doi.org/10.1111/j.1360-0443.2007.01842.x>

Downey, L., Rosengren, D., & Donovan, D. (2003). Gender, waitlists, and outcomes for public-sector drug treatment. *Journal of Substance Abuse Treatment*, 25, 19-28. [https://doi.org/10.1016/S0740-5472\(03\)00046-1](https://doi.org/10.1016/S0740-5472(03)00046-1)

Dreischner, K. H., Lammers, S. M. M., & van der Staak, C. P. F. (2004). Treatment motivation: An attempt for clarification of an ambiguous concept. *Clinical Psychology Review*, 23, 1115-1137. <https://doi.org/10.1016/j.cpr.2003.09.003>

Epstein, J., Hourani, L., & Heller, D. (2004). Predictors of treatment receipt among adults with a drug use disorder. *American Journal of Drug and Alcohol Abuse*, 30, 841-869. <https://doi.org/10.1081/ADA-200037550>

Finney, J. W. (2007). Treatment processes and mediators of substance use disorders treatment effects: The benefits of side road excursions. *Alcoholism: Clinical and Experimental Research*, 31, 80S-83S. <https://doi.org/10.1111/j.1530-0277.2007.00500.x>

Fischer, B., Roberts, J. V., & Kirst, M. (2002). Compulsory treatment: What do we know and where should we go? *European Addiction Research*, 8, 52-53.

Freyer, J., Coder, B., Bischof, G., Baumeister, S. E., Rumpf, H. J., John, U., et al. (2007). Intention to utilize formal help in a sample with alcohol problems: A prospective study. *Drug and Alcohol Dependence*, 87, 210-216. <https://doi.org/10.1016/j.drugalcdep.2006.08.018>

Freyer, J., Tonigan, J. S., Keller, S., Rumpf, H. J., John, U., & Hapke, U. (2005). Readiness for change and readiness for help-seeking: A composite assessment of client motivation. *Alcohol and Alcoholism*, 40, 540-544. <https://doi.org/10.1093/alcalc/agh195>

Gailey, R. R., Catalano, R. F., Haggerty, K. P., & Hoppe, M. J. (1995). Participation in a parent training program for methadone clients. *Addictive Behaviors*, 20, 117-125. [https://doi.org/10.1016/0306-4603\(94\)00053-2](https://doi.org/10.1016/0306-4603(94)00053-2)

Garnick, D. W., Horgan, C. M., Merrick, E. L., & Hoyt, A. (2007). Identification and treatment of mental and substance use conditions. *Medical Care*, 45, 1060-1067. <https://doi.org/10.1097/MLR.0b013e31812e01bb>

Garnick, D. W., Lee, M. T., Chalk, M., Gastfriend, D., Horgan, C. M., McCorry, F., et al. (2002). Establishing the feasibility of performance measures for alcohol and other drugs. *Journal of Substance Abuse Treatment*, 23, 375-385. [https://doi.org/10.1016/S0740-5472\(02\)00303-3](https://doi.org/10.1016/S0740-5472(02)00303-3)

Gerdner, A., & Holmberg, A. (2000). Factors affecting motivation to treatment in severely dependent alcoholics. *Journal of Studies on Alcohol*, 61, 548-560. <https://doi.org/10.15288/jsa.2000.61.548>

- Gossop, M., Green, L., Phillips, G., & Bradley, B. (1990). Factors predicting outcome among opiate addicts after treatment. *British Journal of Clinical Psychology*, 29, 209-216.
<https://doi.org/10.1111/j.2044-8260.1990.tb00871.x>
- Gostin, L. O. (1991). Compulsory treatment for drug-dependent persons: Justifications for a public health approach to drug dependency. *The Milbank Quarterly*, 69, 561-593.
<https://doi.org/10.2307/3350228>
- Grant, B. F. (1997). Barriers to alcoholism treatment: Reasons for not seeking treatment in a general population sample. *Journal of Studies on Alcohol*, 58, 365-371.
<https://doi.org/10.15288/jsa.1997.58.365>
- Greenfield, S. F., Brooks, A. J., Gordon, S. M., Green, C. A., Kropp, F., McHugh, R. K., et al. (2007). Substance abuse treatment entry, retention, and outcome in women: A review of the literature. *Drug and Alcohol Dependence*, 86, 1-21. <https://doi.org/10.1016/j.drugalcdep.2006.05.012>
- Gregoire, T. K., & Burke, A. C. (2004). The relationship of legal coercion to readiness to change among adults with alcohol and other drug problems. *Journal of Substance Abuse Treatment*, 26, 337-343.
[https://doi.org/10.1016/S0740-5472\(03\)00155-7](https://doi.org/10.1016/S0740-5472(03)00155-7)
- Grella, C. E., Anglin, M. D., Wugalter, S. E., Rawson, R. A., & Hasson, A. (1994). Reasons for discharge from methadone maintenance for addicts at high risk of HIV infection or transmission. *Journal of Psychoactive Drugs*, 26, 223-232. <https://doi.org/10.1080/02791072.1994.10472270>
- Grella, C. E., Hser, Y. I., & Hsieh, S. C. (2003). Predictors of drug treatment re-entry following relapse to cocaine use in DATOS. *Journal of Substance Abuse Treatment*, 25, 145-154.
[https://doi.org/10.1016/S0740-5472\(03\)00128-4](https://doi.org/10.1016/S0740-5472(03)00128-4)
- Hasin, D. S. (1994). Treatment/self-help for alcohol-related problems: Relationship to social pressure and alcohol dependence. *Journal of Studies on Alcohol*, 55, 660-666.
<https://doi.org/10.15288/jsa.1994.55.660>
- Hiller, M. L., Knight, K., Leukefeld, C., & Simpson, D. D. (2002). Motivation as a predictor of therapeutic engagement in mandated residential substance abuse treatment. *Criminal Justice and Behavior*, 29, 56-75. <https://doi.org/10.1177/0093854802029001004>
- Higgins, S. T., Alessi, S. M., & Dantona, R. L. (2002). Voucher-based incentives: A substance abuse treatment innovation. *Addictive Behaviors*, 27, 887-910. [https://doi.org/10.1016/S0306-4603\(02\)00297-6](https://doi.org/10.1016/S0306-4603(02)00297-6)
- Hser, Y. I., Evans, E., Huang, D., & Anglin, D. M. (2004). Relationship between drug treatment services, retention, and outcomes. *Psychiatric Services*, 55, 767-774.
<https://doi.org/10.1176/appi.ps.55.7.767>
- Hubbard, R. L., Craddock, S. G., & Anderson, J. (2003). Overview of 5-year follow-up outcomes in the drug abuse treatment outcome studies (DATOS). *Journal of Substance Abuse Treatment*, 25, 125-134.
[https://doi.org/10.1016/S0740-5472\(03\)00130-2](https://doi.org/10.1016/S0740-5472(03)00130-2)
- Ilgen, M., & Moos, R. (2005). Deterioration following alcohol-use disorder treatment in Project MATCH. *Journal of Studies on Alcohol*, 66, 517-525. <https://doi.org/10.15288/jsa.2005.66.517>
- Jackson, K. R., Booth, P. G., McGuire, J., & Salmon, P. (2006). Predictors of starting and remaining in treatment at a specialist alcohol clinic. *Journal of Substance Use*, 11, 89-100.
<https://doi.org/10.1080/14659890500143614>

Jakobsson, A., Hensing, G., & Spak, F. (2005). Developing a willingness to change: Treatment-seeking processes for people with alcohol problems. *Alcohol and Alcoholism*, 40, 118-123.

<https://doi.org/10.1093/alcalc/agh128>

Jessop, M. A., Humphreys, J. C., Brindis, C. D., & Lee, K. A. (2003). Extrinsic barriers to substance abuse treatment among pregnant women. *Journal of Drug Issues*, 33, 285-304.

<https://doi.org/10.1177/002204260303300202>

Joe, G., Simpson, D., & Broome, K. (1999a). Retention and patient engagement models of different treatment modalities in DATOS. *Drug and Alcohol Dependence*, 57, 113-125.

[https://doi.org/10.1016/S0376-8716\(99\)00088-5](https://doi.org/10.1016/S0376-8716(99)00088-5)

Joe, G. W., Broome, K. M., Rowan-Szal, G. A., & Simpson, D. D. (2002). Measuring patient attributes and engagement in treatment. *Journal of Substance Abuse Treatment*, 22, 183-196.

[https://doi.org/10.1016/S0740-5472\(02\)00232-5](https://doi.org/10.1016/S0740-5472(02)00232-5)

Joe, G. W., Dansereau, D. F., & Simpson, D. D. (1994). Node-link mapping for counseling cocaine users in methadone treatment. *Journal of Substance Abuse*, 6, 393-406. [https://doi.org/10.1016/S0899-3289\(94\)90320-4](https://doi.org/10.1016/S0899-3289(94)90320-4)

Joe, G. W., Simpson, D. D., Greener, J. M., & Rowan-Szal, G. A. (1999b). Integrative modeling of client engagement and outcomes during the first 6 months of methadone treatment. *Addictive Behaviors*, 24, 649-659. [https://doi.org/10.1016/S0306-4603\(99\)00024-6](https://doi.org/10.1016/S0306-4603(99)00024-6)

Johnson, V. (1986). *Intervention: How to help someone who doesn't want help*. Minneapolis, MN: Johnson Institute Books.

Kasarabada, N. D., Hser, Y. I., Boles, S. M., & Huang, Y. C. (2002). Do patients' perceptions of their counsellors influence outcomes of drug treatment?. *Journal of Substance Abuse Treatment*, 23, 327-334. [https://doi.org/10.1016/S0740-5472\(02\)00276-3](https://doi.org/10.1016/S0740-5472(02)00276-3)

Kazdin, A. E. (1979). Nonspecific treatment factors in psychotherapy outcome research. *Journal of Consulting and Clinical Psychology*, 57, 698-704. <https://doi.org/10.1037/0022-006X.47.5.846>

Kelly, J. F., Finney, J. W., & Moos, R. H. (2005). Substance use disorder patients who are mandated to treatment: Characteristics, treatment process, and 1- and 5-year outcomes. *Journal of Substance Abuse Treatment*, 28, 213-223. <https://doi.org/10.1016/j.jsat.2004.10.014>

Kersetz, S. G., Larson, M. J., Cheng, D. M., Tucker, J. A., Winter, M., Mullins, A., et al. (2006). Need and non-need factors associated with addiction treatment utilization in a cohort of homeless and housed urban poor. *Medical Care*, 44, 225-233.

<https://doi.org/10.1097/01.mlr.0000199649.19464.8f>

Kidorf, M., Stitzer, M. L., Brooner, R. K., & Goldberg, J. (1994). Contingent methadone take-home doses reinforce adjunct therapy attendance of methadone maintenance patients. *Drug & Alcohol Dependence*, 36, 221-226. [https://doi.org/10.1016/0376-8716\(94\)90148-1](https://doi.org/10.1016/0376-8716(94)90148-1)

Krahn, G., Deck, D., Gabriel, R., & Farrell, N. (2007). A population-based study on substance abuse treatment for adults with disabilities: Access, utilization, and treatment outcomes. *American Journal of Drug and Alcohol Abuse*, 33, 791-798. <https://doi.org/10.1080/00952990701653750>

Lawental, E., McLellan, A. T., Grissom, G. R., Brill, P., & O'Brien, C. (1996). Coerced treatment for substance abuse problems detected through workplace urine surveillance: Is it effective? *Journal of Substance Abuse*, 8, 115-128. [https://doi.org/10.1016/S0899-3289\(96\)90127-3](https://doi.org/10.1016/S0899-3289(96)90127-3)

- Ledgerwood, D. M., & Petry, N. M. (2006). Does contingency management affect motivation to change substance use? *Drug and Alcohol Dependence*, 83, 65-72.
<https://doi.org/10.1016/j.drugalcdep.2005.10.012>
- Leukefeld, C. G., & Tims, F. M. (1988). *Compulsory treatment of drug abuse: Research and clinical practice*. NIDA Research Monograph 86. Rockville, MD: U.S. Department of Health and Human Services.
- Logan, D. G. (1983). Getting alcoholics to treatment by social network intervention. *Hospital and Community Psychiatry*, 34, 360-361. <https://doi.org/10.1176/ps.34.4.360>
- Longabaugh, R. (2007). The search for mechanisms of change in behavioral treatments for alcohol use disorders: A commentary. *Alcoholism: Clinical and Experimental Research*, 31(S3), 21S-32S.
<https://doi.org/10.1111/j.1530-0277.2007.00490.x>
- Longshore, D., & Teruya, C. (2006). Treatment motivation in drug users: A theory-based analysis. *Drug and Alcohol Dependence*, 81, 179-188. <https://doi.org/10.1016/j.drugalcdep.2005.06.011>
- Marlowe, D. B., Kirby, K. C., Bonieskie, L. M., Glass, D. J., Dodds, L. D., Husbands, S., et al. (1996). Assessment of coercive and noncoercive pressures to enter drug abuse treatment. *Drug and Alcohol Dependence*, 42, 77-84. [https://doi.org/10.1016/0376-8716\(96\)01261-6](https://doi.org/10.1016/0376-8716(96)01261-6)
- Marlowe, D. B., Merikle, E. P., Kirby, K. C., Festinger, D. S., & McLellan, A. T. (2001). Multidimensional assessment of perceived treatment-entry pressures among substance abusers. *Psychology of Addictive Behavior*, 15, 97-108. <https://doi.org/10.1037/0893-164X.15.2.97>
- Marshall, G. N., & Hser, Y. I. (2002). Characteristics of criminal justice and noncriminal justice clients receiving treatment for substance abuse. *Addictive Behaviors*, 27, 179-192.
[https://doi.org/10.1016/S0306-4603\(00\)00176-3](https://doi.org/10.1016/S0306-4603(00)00176-3)
- Martin, D. J., Garske, J. P., & Davis, M. K. (2000). Relation of the therapeutic alliance with outcome and other variables: A meta-analytic review. *Journal of Consulting and Clinical Psychology*, 68, 438-450. <https://doi.org/10.1037/0022-006X.68.3.438>
- McCarty, D. (2007). Performance measurement systems for treating alcohol and drug use disorders. *Journal of Substance Abuse Treatment*, 33, 353-354. <https://doi.org/10.1016/j.jsat.2007.04.002>
- McCorry, F., Garnick, D. W., Bartlett, J., Cotter, F., & Chalk, M. (2000). Developing performance measures for alcohol and other drug services in managed care plans. *Journal on Quality Improvement*, 20, 633-643. [https://doi.org/10.1016/S1070-3241\(00\)26054-9](https://doi.org/10.1016/S1070-3241(00)26054-9)
- McLellan, A. T., Chalk, M., & Bartlett, J. (2007). Outcomes, performance, and quality: What's the difference? *Journal of Substance Abuse Treatment*, 32, 331-340.
<https://doi.org/10.1016/j.jsat.2006.09.004>
- McLellan, A. T., McKay, J. R., Forman, R., Cacciola, J., & Kemp, J. (2005). Reconsidering the evaluation of addiction treatment: From retrospective follow-up to concurrent recovery monitoring. *Addiction*, 100, 447-458. <https://doi.org/10.1111/j.1360-0443.2005.01012.x>
- Meier, P. S., Barrowclough, C., & Donmall, M. C. (2005). The role of therapeutic alliance in the treatment of substance misuses: A critical review of the literature. *Addiction*, 100, 304-316.
<https://doi.org/10.1111/j.1360-0443.2004.00935.x>

Melnick, G., De Leon, G., Thomas, G., Kressel, D., & Wexler, H. K. (2001). Treatment process in prison therapeutic communities: Motivation, participation, and outcome. *American Journal of Drug and Alcohol Abuse*, 27, 633-650. <https://doi.org/10.1081/ADA-100107660>

Melnick, G., Wexler, H. K., Chaple, M., & Banks, S. (2006). The contribution of consensus within staff and client groups as well as concordance between staff and clients to treatment engagement. *Journal of Substance Abuse Treatment*, 31, 277-285. <https://doi.org/10.1016/j.jsat.2006.05.002>

Messer, S. B., & Wampold, B. E. (2002). Let's face facts: Common factors are more potent than specific therapy ingredients. *Clinical Psychology: Science, Research and Practice*, 9, 21-25. <https://doi.org/10.1093/clipsy.9.1.21>

Murphy, P. N., & Bentall, R. P. (1992). Motivation to withdraw from heroin: A factor-analytic study. *British Journal of Addiction*, 87, 245-250. <https://doi.org/10.1111/j.1360-0443.1992.tb02698.x>

Najavits, L. M., Crits-Christoph, P., & Dierberger, A. (2000). Clinicians' impact on the quality of substance use disorder treatment. *Substance Use and Misuse*, 35, 2161-2190. <https://doi.org/10.3109/10826080009148253>

Neff, J. A., & Zule, W. A. (2002). Predictive validity of a measure of treatment readiness for out-of-treatment drug users: Enhancing prediction beyond demographic and drug history variables. *American Journal of Drug and Alcohol Abuse*, 28, 147-169. <https://doi.org/10.1081/ADA-120001286>

Orford, J. (2008). Asking the right questions in the right way: The need for a shift in research on psychological treatments for addiction. *Addiction*, 103, 875-885. <https://doi.org/10.1111/j.1360-0443.2007.02092.x>

Pani, P. P., Pirastu, R., Ricci, A., & Gessa, G. L. (1996). Prohibition of take-home dosages: Negative consequences on methadone maintenance treatment. *Drug & Alcohol Dependence*, 41, 81-84. [https://doi.org/10.1016/0376-8716\(96\)01240-9](https://doi.org/10.1016/0376-8716(96)01240-9)

Perkonig, A., Settele, A., Pfister, H., Höfler, M., Fröhlich, C., Zimmermann, P., et al. (2006). Where have they been? Service use of regular substance users with and without abuse and dependence. *Social Psychiatry and Psychiatric Epidemiology*, 41, 470-479. <https://doi.org/10.1007/s00127-006-0044-4>

Petry, N. M., Peirce, J. M., Stitzer, M. L., Blaine, J., Roll, J. M., Cohen, A., et al. (2005). Effect of prize-based incentives on outcomes in stimulant abusers in outpatient psychosocial treatment programs: A national drug abuse treatment clinical trials network study. *Archives of General Psychiatry*, 62, 1148-1156. <https://doi.org/10.1001/archpsyc.62.10.1148>

Polcin, D. L., & Beattie, M. (2007). Relationship and institutional pressure to enter treatment: Differences by demographics, problem severity, and motivation. *Journal of Studies on Alcohol and Drugs*, 68, 428-436. <https://doi.org/10.15288/jsad.2007.68.428>

Polcin, D. L., & Weisner, C. (1999). Factors associated with coercion in entering treatment for alcohol problems. *Drug and Alcohol Dependence*, 54, 63-68. [https://doi.org/10.1016/S0376-8716\(98\)00143-4](https://doi.org/10.1016/S0376-8716(98)00143-4)

Popova, S., Rehm, J., & Fischer, B. (2006). An overview of illegal opioid use and health service utilization in Canada. *Public Health*, 120, 320-328. <https://doi.org/10.1016/j.puhe.2005.09.010>

- Prendergast, M., Podus, D., Finney, J., Greenwell, L., & Roll, J. (2006). Contingency management for treatment of substance use disorders: A meta-analysis. *Addiction*, 101, 1546-1560. <https://doi.org/10.1111/j.1360-0443.2006.01581.x>
- Project MATCH Research Group. (1997a). Matching alcoholism treatments to client heterogeneity: Project MATCH posttreatment drinking outcomes. *Journal of Studies on Alcohol*, 58, 7-29. <https://doi.org/10.15288/jsa.1997.58.7>
- Project MATCH Research Group. (1997b). Project MATCH secondary a priori hypotheses. *Addiction*, 92, 1671-1698. <https://doi.org/10.1111/j.1360-0443.1997.tb02889.x>
- Rapp, R. C., Li, L., Siegal, H. A., & DeLiberty, R. N. (2003). Demographic and clinical correlates of client motivation among substance abusers. *Health and Social Work*, 28, 107-115. <https://doi.org/10.1093/hsw/28.2.107>
- Rapp, R. C., Xu, J., Carr, C. A., Lane, T., Redko, C., Wang, J., et al. (2007). Understanding treatment readiness in recently assessed, pre-treatment substance abusers. *Substance Abuse*, 28, 11-23. https://doi.org/10.1300/J465v28n01_03
- Rapp, R. C., Xu, J., Carr, C. A., Lane, D. T., Wang, J., & Carlson, R. (2006). Treatment barriers identified by substance abusers assessed at a centralized intake unit. *Journal of Substance Abuse Treatment*, 30, 327-335. <https://doi.org/10.1016/j.jsat.2006.01.002>
- Redko, C., Rapp, R. C., & Carlson, R. G. (2006). Waiting time as a barrier to treatment entry: Perceptions of substance users. *Journal of Drug Issues*, 36, 831-852. <https://doi.org/10.1177/002204260603600404>
- Room, R., Greenfield, T. K., & Weisner, C. (1991). "People who might have liked you to drink less": Changing responses to drinking by U.S. family members and friends, 1979-1990. *Contemporary Drug Problems*, 18, 573-595.
- Rush, B. R., & Wild, T. C. (2003). Substance abuse treatment and pressures from the criminal justice system: Data from a provincial client monitoring system. *Addiction*, 98, 1119-1128. <https://doi.org/10.1046/j.1360-0443.2003.00420.x>
- Sallmen, B., Berglund, M., & Bokander, B. (1998). Perceived coercion related to psychiatric comorbidity and locus of control in institutionalized alcoholics. *Medicine and Law*, 17, 381-391.
- Saxon, A. J., Wells, E. A., Fleming, C., Jackson, T. R., & Calsyn, D. A. (1996). Pre-treatment characteristics, program philosophy and level of ancillary services as predictors of methadone maintenance treatment outcome. *Addiction*, 91, 1197-1209. <https://doi.org/10.1046/j.1360-0443.1996.918119711.x>
- Silverman, K., Wong, C. J., Higgins, S. T., Brooner, R. K., Montoya, I. D., Contoreggi, C., et al. (1996). Increasing opiate abstinence through voucher-based reinforcement therapy. *Drug & Alcohol Dependence*, 41, 157-165. [https://doi.org/10.1016/0376-8716\(96\)01246-X](https://doi.org/10.1016/0376-8716(96)01246-X)
- Simpson, D. D. (2001). Modeling treatment process and outcomes. *Addiction*, 96, 207-211. <https://doi.org/10.1046/j.1360-0443.2001.9622073.x>
- Simpson, D. D. (2004). A conceptual framework for drug treatment process and outcomes. *Journal of Substance Abuse Treatment*, 27, 99-121. <https://doi.org/10.1016/j.jsat.2004.06.001>

- Simpson, D. D., & Joe, G. W. (1993). Motivation as a predictor of early dropout from drug abuse treatment. *Psychotherapy: Theory, Research, Practice, Training*, 30, 357-368.
<https://doi.org/10.1037/0033-3204.30.2.357>
- Simpson, D. D., & Joe, G. W. (2004). A longitudinal evaluation of treatment engagement and recovery stages. *Journal of Substance Abuse Treatment*, 27, 89-97. <https://doi.org/10.1016/j.jsat.2004.03.001>
- Simpson, D. D., Joe, G. W., & Rowan-Szal, G. A. (1997a). Drug abuse treatment retention and process effects on follow-up outcomes. *Drug & Alcohol Dependence*, 47, 227-235.
[https://doi.org/10.1016/S0376-8716\(97\)00099-9](https://doi.org/10.1016/S0376-8716(97)00099-9)
- Simpson, D. D., Joe, G. W., Rowan-Szal, G., & Greener, J. (1995). Client engagement and change during drug abuse treatment. *Journal of Substance Abuse*, 7, 117-134.
- Simpson, D. D., Joe, G. W., Rowan-Szal, G. A., & Greener, J. M. (1997b). Drug abuse treatment process components that improve retention. *Journal of Substance Abuse Treatment*, 14, 565-572.
[https://doi.org/10.1016/S0740-5472\(97\)00181-5](https://doi.org/10.1016/S0740-5472(97)00181-5)
- Siqueland, L., Crits-Cristoph, P., Gallop, R., Barber, J. P., Griffin, M. L., Thase, M. E., et al. (2002). Retention in psychosocial treatment of cocaine dependence: Predictors and impact on outcome. *American Journal on Addiction*, 11, 24-40. <https://doi.org/10.1080/10550490252801611>
- Sobell, L. C., Cunningham, J. A., & Sobell, M. B. (1996). Recovery from alcohol problem with and without treatment: Prevalence in two population surveys. *American Journal of Public Health*, 86, 966-972. <https://doi.org/10.2105/AJPH.86.7.966>
- Stark, M. (1992). Dropping out of substance abuse treatment: A clinically oriented review. *Clinical Psychology Review*, 12, 93-116. [https://doi.org/10.1016/0272-7358\(92\)90092-M](https://doi.org/10.1016/0272-7358(92)90092-M)
- Stevens, A., Berto, D., Heckmann, W., Kersch, V., Oeuvray, K., van Ooyen, M., et al. (2005). Quasi-compulsory treatment of drug dependent offenders: An international literature review. *Substance Use and Misuse*, 40, 269-283. <https://doi.org/10.1081/JA-200049159>
- Stitzer, M. L., Iguchi, M. Y., & Felch, L. J. (1992). Contingent take-home incentive: Effects on drug use of methadone maintenance patients. *Journal of Consulting & Clinical Psychology*, 60, 927-934.
<https://doi.org/10.1037/0022-006X.60.6.927>
- Stout, R. L. (2007). Advancing the analysis of treatment process. *Addiction*, 102, 1539-1545.
<https://doi.org/10.1111/j.1360-0443.2007.01880.x>
- Svikis, D. S., Lee, J. H., Haug, N. A., & Stitzer, M. L. (1997). Attendance incentives for outpatient treatment: Effects in methadone- and nonmethadone-maintained pregnant drug dependent women. *Drug & Alcohol Dependence*, 48, 33-41. [https://doi.org/10.1016/S0376-8716\(97\)00101-4](https://doi.org/10.1016/S0376-8716(97)00101-4)
- Tiet, Q. Q., Ilgen, M. A., Byrnes, H. F., Harris, A. H. S., & Finney, J. W. (2007). Treatment setting and baseline substance use severity interact to predict patients' outcomes. *Addiction*, 102, 432-440.
<https://doi.org/10.1111/j.1360-0443.2006.01717.x>
- Trice, H. M., & Sonnenstuhl, W. J. (1991). Job behaviors and the denial syndrome. In D. J. Pittman & H. R. White (Eds.), *Society, culture, and drinking patterns reexamined*. New Brunswick, NJ: Rutgers Center of Alcohol Studies.

- UKATT Research Team. (2005). Effectiveness of treatment for alcohol problems: Findings of the randomised UK alcohol treatment trial (UKATT). *British Medical Journal*, 331, 541-544. <https://doi.org/10.1136/bmj.331.7516.541>
- Vickers-Lahti, M., Garfield, F., McCusker, J., Hindin, R., Bigelow, C., Love, C., et al. (1995). The relationship between legal factors and attrition from residential drug abuse treatment programs. *Journal of Psychoactive Drugs*, 27, 17-25. <https://doi.org/10.1080/02791072.1995.10471669>
- Wampold, B. E., Mondin, G. W., Moody, M., Stich, F., Benson, K., & Ahn, H. (1997). A meta-analysis of outcome studies comparing bona fide psychotherapies: Empirically: "all must have prizes." *Psychological Bulletin*, 122, 203-215. <https://doi.org/10.1037/0033-2909.122.3.203>
- Watkins, K. E., & Podus, D. (2000). The impact of terminating disability benefits for substance abusers on substance use and treatment participation. *Psychiatric Services*, 51, 1371-1381. <https://doi.org/10.1176/appi.ps.51.11.1371>
- Weisner, C., Matzger, H., Tam, T., & Schmidt, L. (2002). Who goes to alcohol and drug treatment? Understanding utilization within the context of insurance. *Journal of Studies on Alcohol*, 63, 673-682. <https://doi.org/10.15288/jsa.2002.63.673>
- Weisner, C., Mertens, J., Tam, T., & Moore, C. (2001). Factors affecting the initiation of substance abuse treatment in managed care. *Addiction*, 96, 705-716. <https://doi.org/10.1046/j.1360-0443.2001.9657056.x>
- Wells-Parker, E. (1995). Mandated treatment: Lessons from research with drinking and driving offenders. *Alcohol Health and Research World*, 18, 302-306.
- Wells-Parker, E., Kenne, D. R., Spratke, K. L., & Williams, M. T. (2000). Self-efficacy and motivation for controlling drinking and drinking/driving: An investigation of changes across a driving under the influence (DUI) intervention program and of recidivism prediction. *Addictive Behaviors*, 2, 229-238. [https://doi.org/10.1016/S0306-4603\(99\)00042-8](https://doi.org/10.1016/S0306-4603(99)00042-8)
- Wenger, L. D., & Rosenbaum, M. (1994). Drug treatment on demand-not. *Journal of Psychoactive Drugs*, 26, 1-11. <https://doi.org/10.1080/02791072.1994.10472597>
- White, J. M., Ryan, C. F., & Ali, R. L. (1996). Improvements in retention rates and changes in client group with methadone maintenance streaming. *Drug & Alcohol Review*, 15, 83-88. <https://doi.org/10.1080/09595239600185701>
- Wild, T. C. (1999). Compulsory substance-user treatment and harm reduction: A critical analysis. *Substance Use and Misuse*, 34, 83-102. <https://doi.org/10.3109/10826089909035637>
- Wild, T. C. (2006). Social control and coercion in addiction treatment: Toward evidence-based policy and practice. *Addiction*, 101, 40-49. <https://doi.org/10.1111/j.1360-0443.2005.01268.x>
- Wild, T. C., Cunningham, J. A., & Ryan, R. M. (2006). Social pressure, coercion, and client engagement at treatment entry: A self-determination theory perspective. *Addictive Behaviors*, 31, 1858-1872. <https://doi.org/10.1016/j.addbeh.2006.01.002>
- Wild, T. C., Newton-Taylor, B., & Alletto, R. (1998). Perceived coercion among clients entering substance abuse treatment: Structural and psychological determinants. *Addictive Behaviors*, 23, 81-95. [https://doi.org/10.1016/S0306-4603\(97\)00034-8](https://doi.org/10.1016/S0306-4603(97)00034-8)

Wild, T. C., Roberts, A. R., & Cooper, E. L. (2002). Compulsory substance abuse treatment: An overview of recent findings and issues. *European Addiction Research*, 8, 84-93.

<https://doi.org/10.1159/000052059>

Wilke, D. J., Kamata, A., & Cash, S. J. (2005). Modeling treatment motivation in substance-abusing women with children. *Child Abuse*, 29, 1313-1323. <https://doi.org/10.1016/j.chiabu.2005.05.002>

Witkiewitz, K., van der Maas, H., Hufford, M. R., & Marlatt, G. A. (2007). Nonnormality and divergence in posttreatment alcohol use: Reexamining the Project MATCH data another way. *Journal of Abnormal Psychology*, 116, 378-394. <https://doi.org/10.1037/0021-843X.116.2.378>

Xu, J., Wang, J., Rapp, R. C., & Carlson, R. G. (2007). The multidimensional structure on internal barriers to substance abuse treatment and its invariance across gender, ethnicity, and age. *Journal of Drug Issues*, 37, 321-340. <https://doi.org/10.1177/002204260703700205>

Stephen A. Maisto i Marketa Krenek Historia używania i aktualne używanie substancji psychoaktywnych

Adamson, S. J., & Sellman, J. D. (2003). A prototype screening instrument for cannabis use disorder: The Cannabis Use Disorders Identification Test (CUDIT) in an alcohol-dependent clinical sample. *Drug and Alcohol Review*, 22, 309-315. <https://doi.org/10.1080/0959523031000154454>

Allen, J. P., Sillanaukee, P., Strid, N., & Litten, R. Z. (2003). Biomarkers of heavy drinking. In J. P. Allen & V. B. Wilson (Eds.), *Assessing alcohol problems: A guide for clinicians and researchers* (2nd ed., pp. 37-53). Bethesda, MD: National Institutes of Health.

American Psychiatric Association. (2000). *Diagnostic and statistical manual of mental disorders* (4th ed., text rev.). Washington, DC: Author.

Bischof, G., Reinhardt, S., Grothues, J., Meyer, C., John, U., & Rumpf, H. J. (2007). Development and evaluation of a screening instrument for alcohol-use disorders and at-risk drinking: The Brief Alcohol Screening Instrument for Medical Care (BASIC). *Journal of Studies on Alcohol and Drugs*, 68, 607-614. <https://doi.org/10.15288/jsad.2007.68.607>

Brown, S. A., Myers, M. G., Lippke, L., Tapert, S. F., Stewart, D. G., & Vik, P. W. (1998). Psychometric evaluation of the Customary Drinking and Drug Use Record (CDDR): A measure of adolescent alcohol and drug involvement. *Journal of Studies on Alcohol*, 59, 427-438. <https://doi.org/10.15288/jsa.1998.59.427>

Bush, K., Kivlahan, D. R., McConell, M. B., Fihn, S. D., & Bradley, K. A. (1998). The AUDIT alcohol consumption questions (AUDIT-C): An effective brief screening test for problem drinking. *Archives of Internal Medicine*, 158, 1789-1795. <https://doi.org/10.1001/archinte.158.16.1789>

Butler, S. F., Budman, S. H., Fernandez, K. C., Houle, B., Benoit, C., Katz, N., et al. (2007). Development and validation of the current opioid misuse measure. *Pain*, 130, 144-156. <https://doi.org/10.1016/j.pain.2007.01.014>

Donovan, D. M. (2003). Assessment to aid in the treatment planning process. In J. P. Allen & V. B. Wilson (Eds.), *Assessing alcohol problems: A guide for clinicians and researchers* (2nd ed., pp. 125-188). Bethesda, MD: National Institutes of Health.

Donovan, D. M. (2005). Assessment of addictive behaviors for relapse prevention. In D. M. Donovan & G. A. Marlatt (Eds.), *Assessment of addictive behaviors* (2nd ed., pp. 1-48). New York, NY: Guilford Press.

Engel, G. L. (1977). The need for a new medical model: A challenge for biomedicine. *Science*, 196, 129-136. <https://doi.org/10.1126/science.847460>

Engel, G. L. (1980). The clinical application of the biopsychosocial model. *American Journal of Psychiatry*, 137, 535-544. <https://doi.org/10.1176/ajp.137.5.535>

Harrison, L. D., Martin, S. S., Enev, T., & Harrington, D. (2007). Comparing drug testing and self-report of drug use among youths and young adults in the general population (DHHS Publication No. SMA 07-4249, Methodology Series M-7). Rockville, MD: Substance Abuse and Mental Health Services Administration, Office of Applied Studies. <https://doi.org/10.1037/e637122007-001>

Haynes, S. N., & O'Brien, W. H. (2000). *Principles and practices of behavioral assessment*. Dordrecht, The Netherlands: Kluwer Academic Publishers. <https://doi.org/10.1007/978-0-306-47469-9>

Kaminer, Y., Bukstein, O. G., & Tarter, R. E. (1991). The Teen Addiction Severity Index: Rationale and reliability. *The International Journal of the Addictions*, 26, 219-226. <https://doi.org/10.3109/10826089109053184>

Knight, J. R., Goodman, E., Pulerwitz, T., & DuRant, R. H. (2001). Reliability of the Problem Oriented Screening Instrument for Teenagers (POSIT) in adolescent medical practice. *Journal of Adolescent Health*, 29, 125-130. [https://doi.org/10.1016/S1054-139X\(00\)00206-8](https://doi.org/10.1016/S1054-139X(00)00206-8)

Maisto, S. A., McKay, J. R., & Connors, G. J. (1990). Self-report issues in substance abuse: State of the art and future directions. *Behavioral Assessment*, 12, 117-134.

Mayer, J., & Filstead, W. J. (1979). The Adolescent Alcohol Involvement Scale: An instrument for measuring adolescents' use and misuse of alcohol. *Journal of Studies on Alcohol*, 40, 291-300. <https://doi.org/10.15288/jsa.1979.40.291>

McLellan, A. T., Kushner, H., & Metzger, D. (1992). The fifth edition of the Addiction Severity Index. *Journal of Substance Abuse Treatment*, 9, 199-213. [https://doi.org/10.1016/0740-5472\(92\)90062-S](https://doi.org/10.1016/0740-5472(92)90062-S)

Moberg, D. P., & Hahn, L. (1991). The adolescent drug involvement scale. *Journal of Adolescent Chemical Dependency*, 2, 75-88. <https://doi.org/10.1080/10678289109512338>

O'Farrell, T. J., & Maisto, S. A. (1987). The utility of self-report and biological measures of alcohol consumption in alcoholism treatment outcome studies. *Advances in Behaviour Research & Therapy*, 9, 91-125. [https://doi.org/10.1016/0146-6402\(87\)90010-5](https://doi.org/10.1016/0146-6402(87)90010-5)

Room, R. (2000). Measuring drinking patterns: The experience of the last half century. *Journal of Substance Abuse*, 12, 23-31. [https://doi.org/10.1016/S0899-3289\(00\)00038-9](https://doi.org/10.1016/S0899-3289(00)00038-9)

Saunders, J. B., Aasland, O. G., Babor, T. F., de la Fuente, J. R., & Grant, M. (1993). Development of the Alcohol Use Disorders Screening Test (AUDIT). WHO collaborative project on early detection of persons with harmful alcohol consumption: II. *Addiction*, 88, 791-804. <https://doi.org/10.1111/j.1360-0443.1993.tb02093.x>

Skinner, H. A., & Sheu, W. J. (1982). Reliability of alcohol use indices: The Lifetime Drinking History and the MAST. *Journal of Studies on Alcohol*, 43, 1157-1170. <https://doi.org/10.15288/jsa.1982.43.1157>

Sobell, L. C., Maisto, S. A., Sobell, M. B., & Cooper, A. M. (1979). Reliability of alcohol abusers' self-reports of drinking behavior. *Behavior Research and Therapy*, 17, 157-160.

[https://doi.org/10.1016/0005-7967\(79\)90025-1](https://doi.org/10.1016/0005-7967(79)90025-1)

Sobell, L. C., & Sobell, M. B. (1973). A self-feedback technique to monitor drinking behavior in alcoholics. *Behavior Research and Therapy*, 11, 237-238. [https://doi.org/10.1016/S0005-7967\(73\)80014-2](https://doi.org/10.1016/S0005-7967(73)80014-2)

Sobell, L. C., & Sobell, M. B. (2003). Alcohol consumption measures. In J. P. Allen & V. B. Wilson (Eds.), *Assessing alcohol problems: A guide for clinicians and researchers* (2nd ed., pp. 75-99). Bethesda, MD: National Institutes of Health.

Tonigan, J. S., Miller, W. R., & Brown, J. M. (1997). The reliability of Form 90: An instrument for assessing alcohol treatment outcome. *Journal of Studies on Alcohol*, 58, 358-364.

<https://doi.org/10.15288/jsa.1997.58.358>

Wolff, K., Farrell, M., Marsden, J., Monteiro, M. G., Ali, R., Welch, S., & Strang, J. (1999). A review of biological indicators of illicit drug use, practical considerations, and clinical usefulness. *Addiction*, 94, 1279-1298. <https://doi.org/10.1046/j.1360-0443.1999.94912792.x>

World Health Organization. (1992). *International statistical classification of diseases and related health problems, tenth revision (ICD-10)*. Geneva, Switzerland: Author.

World Health Organization ASSIST Working Group. (2002). The Alcohol, Smoking and Substance Involvement Screening Test (ASSIST): Development, reliability and feasibility. *Addiction*, 97, 1183-1194. <https://doi.org/10.1046/j.1360-0443.2002.00185.x>

Scott H. Stewart **Uzależnienie i diagnoza**

American Psychiatric Association. (1994). *Diagnostic and Statistical Manual of Mental Disorders* (4th ed.). Washington, DC: American Psychiatric Association.

Babor, T. F. (2008). Terminology: Impossible dream or tilting at windmills? *Alcoholism: Clinical and Experimental Research*, 32(1), 5. <https://doi.org/10.1111/j.1530-0277.2007.00560.x>

Babor, T., Campbell, R., Room, R., & Saunders, J. (1994). *Lexicon of Alcohol and Drug Terms*. Geneva: World Health Organization.

Compton, W. M., Thomas, Y. F., Stinson, F. S., & Grant, B. F. (2007). Prevalence, correlates, disability, and comorbidity of DSM-IV drug abuse and dependence in the United States: Results from the National Epidemiologic Survey on Alcohol and Related Conditions. *Archives of General Psychiatry*, 64(5), 566-576. <https://doi.org/10.1001/archpsyc.64.5.566>

Erickson, C. K. (2008). In defense of "dependence." *Alcoholism: Clinical and Experimental Research*, 32(1), 1-3. <https://doi.org/10.1111/j.1530-0277.2007.00521.x>

Forman, R. F., Svikis, D., Montoya, I. D., & Blaine, J. (2004). Selection of a substance use disorder diagnostic instrument by the National Drug Abuse Treatment Clinical Trials Network. *Journal of Substance Abuse Treatment*, 27(1), 1-8. <https://doi.org/10.1016/j.jsat.2004.03.012>

Gill, J. M., Quisel, A. M., Rocca, P. V., & Walters, D. T. (2003). Diagnosis of systemic lupus erythematosus. *American Family Physician*, 68(11), 2179-2186.

Grant, B. F., Dawson, D. A., Stinson, F. S., Chou, S. P., Dufour, M. C., & Pickering, R. P. (2004).

The 12-month prevalence and trends in DSM-IV alcohol abuse and dependence: United States, 1991-1992 and 2001-2002. *Drug and Alcohol Dependence*, 74(3), 223-234.

<https://doi.org/10.1016/j.drugalcdep.2004.02.004>

Hasin, D. S., Stinson, F. S., Ogburn, E., & Grant, B. F. (2007). Prevalence, correlates, disability, and comorbidity of DSM-IV alcohol abuse and dependence in the United States: Results from the National Epidemiologic Survey on Alcohol and Related Conditions. *Archives of General Psychiatry*, 64(7), 830-842. <https://doi.org/10.1001/archpsyc.64.7.830>

Helzer, J. E. (1992). Development of the diagnostic interview schedule. In J. E. Helzer & G. L. Canino (Eds.), *Alcoholism in North America, Europe, and Asia*. New York: Oxford University Press.

Hudziak, J. J., Helzer, J. E., Wetzel, W. W., Kessel, K. B., McGee, B., Janca, A., & Przybeck, T. (1993). The use of the DSM-III-R checklist for initial diagnostic assessment. *Comprehensive Psychiatry*, 34(6), 375-383. [https://doi.org/10.1016/0010-440X\(93\)90061-8](https://doi.org/10.1016/0010-440X(93)90061-8)

Hughes, J. R. (2007). Defining dependence: Describing symptom clusters versus central constructs. *Addiction*, 102(10), 1531-1532. <https://doi.org/10.1111/j.1360-0443.2007.01932.x>

Institute of Medicine. (1990). *Broadening the base of treatment for alcohol problems*. Washington, DC: National Academy Press.

Kalivas, P. W., & Volkow, N. D. (2005). The neural basis of addiction: A pathology of motivation and choice. *American Journal of Psychiatry*, 162(8), 1403-1413.

<https://doi.org/10.1176/appi.ajp.162.8.1403>

Leshner, A. I. (1997). Addiction is a brain disease, and it matters. *Science*, 278, 45-47.

<https://doi.org/10.1126/science.278.5335.45>

Li, T. K., Hewitt, B. G., & Grant, B. F. (2007). The alcohol dependence syndrome, 30 years later: A commentary. *Addiction*, 102, 1522-1530. <https://doi.org/10.1111/j.1360-0443.2007.01911.x>

Maisto, S. A., & Saitz, R. (2003). Alcohol use disorders: Screening and diagnosis. *American Journal on Addictions*, 12(Suppl 1), 12-25. <https://doi.org/10.1111/j.1521-0391.2003.tb00493.x>

McLellan, A. T., Kushner, H., Metzger, D., Peters, R., Smith, I., Grissom, G., Pettinati, H., & Argeriou, M. (1992). The fifth edition of the Addiction Severity Index. *Journal of Substance Abuse Treatment*, 9(3), 199-213. [https://doi.org/10.1016/0740-5472\(92\)90062-S](https://doi.org/10.1016/0740-5472(92)90062-S)

Miele, G. M., Carpenter, K. M., Cockerham, M. S., Trautman, K. D., Blaine, J., & Hasin, D. S. (2000). Substance Dependence Severity Scale (SDSS): Reliability and validity of a clinician-administered interview for DSM-IV substance use disorders. *Drug and Alcohol Dependence*, 59, 63-75.

[https://doi.org/10.1016/S0376-8716\(99\)00111-8](https://doi.org/10.1016/S0376-8716(99)00111-8)

Miller, W. R. (2008). Dependence: Fear not. *Alcoholism: Clinical and Experimental Research*, 32(1), 4. National Institute on Drug Abuse. (2007). *Drugs, brain and behavior: The science of addiction*. NIH Pub No. 07-5605. Available at <http://www.nida.nih.gov/scienceofaddiction/sciofaddiction.pdf>.

O'Brien, C. P., Volkow, N., & Li, T. K. (2006). What's in a word? Addiction versus dependence in DSM-V. *American Journal of Psychiatry*, 163(5), 764-765. <https://doi.org/10.1176/ajp.2006.163.5.764>

Reid, M. C., Fiellin, D. A., & O'Connor, P. G. (1999). Hazardous and harmful alcohol consumption in primary care. *Archives of Internal Medicine*, 159(15), 1681-1689.

<https://doi.org/10.1001/archinte.159.15.1681>

Robins, L. N., Wing, J., Wittchen, H. U., Helzer, J. E., Babor, T. F., Burke, J., et al. (1988). The composite international diagnostic interview: An epidemiologic instrument suitable for use in conjunction with different diagnostic systems and in different cultures. *Archives of General Psychiatry*, 45, 1069-1077.

<https://doi.org/10.1001/archpsyc.1988.01800360017003>

Saitz, R., Friedman, H. S., Haber, P. S., et al. (2003). Medical disorders and complications of addiction. In A. W. Graham, T. K. Schultz, M. F. Mayo-Smith, R. K. Ries, & B. B. Wilford (Eds.), *Principles of addiction medicine* (3rd ed.). Chevy Chase, MD: American Society of Addiction Medicine.

Spitzer, R. L., Williams, J. B. W., Gibbon, M., & First, M. B. (1992). The Structured Clinical Interview for DSM-III-R (SCID). *Archives of General Psychiatry*, 49, 624-636.

<https://doi.org/10.1001/archpsyc.1992.01820080032005>

Steinbauer, J. R., Cantor, S. B., Holzer, C. E., & Volk, R. J. (1998). Ethnic and sex bias in primary care screening tests for alcohol use disorders. *Annals of Internal Medicine*, 129(5), 353-362.

<https://doi.org/10.7326/0003-4819-129-5-199809010-00002>

Sullivan, J. T., Sykora, K., Schneiderman, J., Naranjo, C. A., & Sellers, E. M. (1989). Assessment of alcohol withdrawal: The revised Clinical Institute Withdrawal Assessment for Alcohol scale (CIWA-AR). *British Journal of Addictions*, 84, 1353-1357. <https://doi.org/10.1111/j.1360-0443.1989.tb00737.x>

World Health Organization. (1981). Nomenclature and classification of drugs and alcohol-related problems: A WHO memorandum. *Bulletin of the World Health Organization*, 59, 225-242.

World Health Organization. (1993). The ICD-10 classification of mental and behavioral disorders: Diagnostic criteria for research. Geneva: World Health Organization.

David J. Kavanagh i Jennifer M. Connolly Diagnozowanie innych zaburzeń psychicznych współwystępujących z uzależnieniami

American Psychiatric Association. (1994). *Diagnostic and statistical manual of mental disorders (DSM-IV)*. Washington, DC: American Psychiatric Association.

Ananth, J., Vandewater, S., Kamal, M., Broksky, A., Gamal, R., & Miller, M. (1989). Missed diagnosis of substance abuse in psychiatric patients. *Hospital and Community Psychiatry*, 4, 297-299.

<https://doi.org/10.1176/ps.40.3.297>

Andrews, G., Hall, W., Teesson, M., & Henderson, S. (1999). *The mental health of Australians*. Canberra: Department of Health and Aged Care. <https://doi.org/10.1037/e676572010-001>

Andrews, G., & Slade, T. (2001). Interpreting scores on the kessler psychological distress scale (K10). *Australian and New Zealand Journal of Public Health*, 25, 494-497. <https://doi.org/10.1111/j.1467-842X.2001.tb00310.x>

Appleby, L., Dyson, V., Altman, E., & Luchins, D. J. (1997). Assessing substance use in multiproblem patients: Reliability and validity of the Addiction Severity Index in a mental hospital population.

Journal of Nervous and Mental Disease, 185, 159-165. <https://doi.org/10.1097/00005053-199703000-00005>

Australian Institute of Health and Welfare. (2005). 2004 National Drug Strategy Household Survey: First results. Canberra: AIHW.

Barbee, J. G., Clark, P. D., Crapazano, M. S., Heintz, G. C., & Kehoe, C. E. (1989). Alcohol and substance abuse among schizophrenic patients presenting to an emergency psychiatric service. Journal of Nervous and Mental Disease, 177, 400-407. <https://doi.org/10.1097/00005053-198907000-00003>

Barnes, M., Lawford, B. R., Burton, S. C., Heslop, K. R., Noble, E. P., Hausdorf, K., et al. (2006). Smoking and schizophrenia: Is symptom profile related to smoking and which antipsychotic medication is of benefit in reducing cigarette use? Australian and New Zealand Journal of Psychiatry, 40, 575-580. <https://doi.org/10.1111/j.1440-1614.2006.01841.x>

Barnes, T. R., Mutsatsa, S. H., Hutton, S. B., Watt, H. C., & Joyce, E. M. (2006). Comorbid substance use and age at onset of schizophrenia. British Journal of Psychiatry, 188, 237-242. <https://doi.org/10.1192/bjp.bp.104.007237>

Beck, A. T., Steer, R. A., & Brown, G. K. (1996). Manual for the beck depression inventory-II (2nd ed.). San Antonio, TX: Psychological Corporation. <https://doi.org/10.1037/t00742-000>

Beck, A. T., Steer, R. A., & Brown, G. K. (2000). Manual for the Beck depression inventory-fast screen for medical patients. San Antonio, TX: Psychological Corporation.

Benjamin, A. B., Mossman, D., Graves, N. S., & Sanders, R. D. (2006). Tests of a symptom checklist to screen for comorbid psychiatric disorders in alcoholism. Comprehensive Psychiatry, 47, 227-233. <https://doi.org/10.1016/j.comppsy.2005.08.003>

Berkson, J. (1949). Limitations of the application of four-fold tables to hospital data. Biological Bulletin, 2, 47-53. <https://doi.org/10.2307/3002000>

Bottoms, S. F., Martier, S. S., & Sokol, F. J. (1998). Refinements in screening for risk drinking in reproductive aged women: The NET results. Alcoholism, 13, 339.

Brown, S. A., & Schuckit, M. A. (1988). Changes in depression among abstinent alcoholics. Journal of Studies on Alcohol, 49, 412-417. <https://doi.org/10.15288/jsa.1988.49.412>

Buckley, T. C., Parker, J. D., & Heggie, J. (2001). A psychometric evaluation of the BDI-II in treatment-seeking substance abusers. Journal of Substance Abuse Treatment, 20, 197-204. [https://doi.org/10.1016/S0740-5472\(00\)00169-0](https://doi.org/10.1016/S0740-5472(00)00169-0)

Burns, L. M., & Teesson, M. (2002). Alcohol use disorders comorbid with anxiety, depression and drug use disorders: Findings from the Australian National Survey of Mental Health and Well Being. Drug and Alcohol Dependence, 68, 299-307. [https://doi.org/10.1016/S0376-8716\(02\)00220-X](https://doi.org/10.1016/S0376-8716(02)00220-X)

Carey, K. B., Cocco, K. M., & Correia, C. J. (1997). Reliability and validity of the Addiction Severity Index among outpatients with severe mental illness. Psychological Assessment, 9, 422-428. <https://doi.org/10.1037/1040-3590.9.4.422>

Carey, K. B., Cocco, K. M., & Simons, J. S. (1996). Concurrent validity of clinicians' ratings of substance abuse among psychiatric outpatients. Psychiatric Services, 47, 842-847. <https://doi.org/10.1176/ps.47.8.842>

- Carey, K. B., & Simons, J. (2000). Utility of collateral information in assessing substance use among psychiatric outpatients. *Journal of Substance Abuse*, 11, 139-147. [https://doi.org/10.1016/S0899-3289\(00\)00016-X](https://doi.org/10.1016/S0899-3289(00)00016-X)
- Cassidy, C. M., Schmitz, N., & Malla, A. (2008). Validation of the Alcohol Use Disorders Identification Test and the Drug Abuse Screening Test in first episode psychosis. *Canadian Journal of Psychiatry*, 53, 26-33. <https://doi.org/10.1177/070674370805300105>
- Castel, S., Rush, B., Urbanoski, K., & Toneatto, T. (2006). Overlap of clusters of psychiatric symptoms among clients of a comprehensive addiction treatment service. *Psychology of Addictive Behaviors*, 20, 28-35. <https://doi.org/10.1037/0893-164X.20.1.28>
- Catts, V. S., Catts, S. V., O'Toole, B. I., & Frost, A. D. (2008). Cancer incidence in patients with schizophrenia and their first-degree relatives: A meta-analysis. *Acta Psychiatrica Scandinavica*, 117, 323-336. <https://doi.org/10.1111/j.1600-0447.2008.01163.x>
- Cocco, K. M., & Carey, K. B. (1998). Psychometric properties of the Drug Abuse Screening Test in psychiatric outpatients. *Psychological Assessment*, 10, 408-414. <https://doi.org/10.1037/1040-3590.10.4.408>
- Craig, R. J. (2005). Assessing contemporary substance abusers with the MMPI Mac Andrews Alcoholism Scale: A review. *Substance Use and Abuse*, 40, 427-450. <https://doi.org/10.1081/JA-200052401>
- Dawson, D. A., Grant, B. F., & Stinson, F. S. (2005). The AUDIT-C: Screening for alcohol use disorders and risk drinking in the presence of other psychiatric disorders. *Comprehensive Psychiatry*, 46, 405-416. <https://doi.org/10.1016/j.comppsy.2005.01.006>
- D'Eramo, K. S., Prinstein, M. J., Freeman, J., Grapentine, W. L., & Spirito, A. (2004). Psychiatric diagnoses and comorbidity in relation to suicidal behavior among psychiatrically hospitalized adolescents. *Child Psychiatry and Human Development*, 35, 21-35. <https://doi.org/10.1023/B:CHUD.0000039318.72868.a2>
- Derogatis, L. R. (1994). *The symptom checklist 90-R: Administration, scoring and procedures manual*. Minneapolis, MN: National Computer Systems.
- Dervaux, A., Bayle, F. J., Laqueille, X., Bourdel, M. C., Leborgne, M., Olie, J. P., et al. (2006). Validity of the CAGE questionnaire in schizophrenic patients with alcohol abuse and dependence. *Schizophrenia Research*, 81, 151-155. <https://doi.org/10.1016/j.schres.2005.09.012>
- Drake, R. E., Osher, F. C., Noordsy, D. L., Hurlbut, S. C., Teague, G. B., & Beaudett, M. S. (1990). Diagnosis of alcohol use disorders in schizophrenia. *Schizophrenia Bulletin*, 16, 57-67. <https://doi.org/10.1093/schbul/16.1.57>
- Dratcu, L., Grandison, A., McKay, G., Bamidele, A., & Vasudevan, V. (2007). Clozapine-resistant psychosis, smoking, and caffeine: Managing the neglected effects of substances that our patients consume every day. *American Journal of Therapeutics*, 14, 314-318. <https://doi.org/10.1097/01.pap.0000249958.96498.ce>
- D'Souza, D. C., Gil, R. B., Madonick, S., Perry, E. B., Forselius-Bielen, K., Braley, G., et al. (2006). Enhanced sensitivity to the euphoric effects of alcohol in schizophrenia. *Neuropsychopharmacology*, 31, 2767-2775. <https://doi.org/10.1038/sj.npp.1301207>

First, M. B., Spitzer, R. L., Gibbon, M., & Williams, J. B. W. (1996). Structured clinical interview for Axis I DSM-IV disorders research version: Psychotic screen. New York: New York State Psychiatric Institute, Biometrics Research Department. <https://doi.org/10.1037/t07827-000>

Galletley, C. A., Field, C. D., & Prior, M. (1993). Urine drug screening of patients admitted to a state psychiatric hospital. *Hospital and Community Psychiatry*, 44, 587-589. <https://doi.org/10.1176/ps.44.6.587>

Goldberg, D. P. (1978). Manual of the general health questionnaire. Windsor, Ontario: NFER Publishing Co.

Gossop, M., Darke, S., Griffiths, P., & Hando, J. (1995). The Severity of Dependence Scale (SDS): Psychometrics properties of the SDS in English and Australian samples of heroin, cocaine and amphetamine users. *Addiction*, 90, 607-614. <https://doi.org/10.1046/j.1360-0443.1995.9056072.x>

Grant, B., Hasin, D. S., & Harford, T. C. (1988). Screening for current drug use disorders in alcoholics: An application of receiver operating characteristic analysis. *Drug and Alcohol Dependence*, 21, 113-125. [https://doi.org/10.1016/0376-8716\(88\)90056-7](https://doi.org/10.1016/0376-8716(88)90056-7)

Green, B., Kavanagh, D. J., & Young, R. M. (2004). Reasons for cannabis use in men with and without psychosis. *Drug and Alcohol Review*, 23, 445-453. <https://doi.org/10.1080/09595230412331324563>

Gurpegui, M., Aguilar, M. C., Martinez-Ortega, J. M., Jurado, D., Diaz, F. J., Quintana, H. M., et al. (2006). Fewer but heavier caffeine consumers in schizophrenia: A case-control study. *Schizophrenia Research*, 86, 276-283. <https://doi.org/10.1016/j.schres.2006.04.022>

Hasin, D., Samet, S., Nunes, E., Meydan, J., Matseoane, K., Waxman, R., et al. (2006). Diagnosis of comorbid psychiatric disorders in substance users assessed with the Psychiatric Research Interview for Substance and Mental Disorders for DSM-IV. *American Journal of Psychiatry*, 163, 689-696. <https://doi.org/10.1176/ajp.2006.163.4.689>

Hasin, D. S., Trautman, K. D., Miele, G. M., Samet, S., Smith, M., Endicott, J., et al. (1996). Psychiatric Research Interview for Substance and Mental Disorders (PRISM): Reliability for substance abusers. *American Journal of Psychiatry*, 153, 1195-1201. <https://doi.org/10.1176/ajp.153.9.1195>

Hides, L., Dawe, S., Kavanagh, D. J., & Young, R. M. (2006). A prospective study of psychotic symptom and cannabis relapse in recent onset psychosis. *British Journal of Psychiatry*, 189, 137-143. <https://doi.org/10.1192/bjp.bp.105.014308>

Hides, L., Dawe, S., Young, R. M., & Kavanagh, D. J. (2007). The reliability and validity of the Severity of Dependence Scale for detecting cannabis dependence in psychosis. *Addiction*, 102, 35-40. <https://doi.org/10.1111/j.1360-0443.2006.01669.x>

Hodgkins, D. C., el-Guebaly, N., Armstrong, S., & Dufour, M. (1999). Implications of depression on outcome from alcohol dependence: A three-year prospective follow-up. *Alcoholism: Clinical and Experimental Research*, 23, 151-157. <https://doi.org/10.1111/j.1530-0277.1999.tb04037.x>

Hughes, J. R., McHugh, P., Holtzman, S., & Hughes. (1998). Caffeine and schizophrenia. *Psychiatric Services*, 49, 1415-1417. <https://doi.org/10.1176/ps.49.11.1415>

Kavanagh, D. J., McGrath, J., Saunders, J. B., Dore, G., & Clark, D. (2001). Substance abuse in patients with schizophrenia: Epidemiology and management. *Drugs*, 62, 743-755. <https://doi.org/10.2165/00003495-200262050-00003>

Kavanagh, D. J., Trembath, M., Shockley, N., Connolly, J., White, A., Isailovic, A., Young, R. McD., Saunders, J. B., & Byrne, G. (in submission). The predictive validity of the DrugCheck Problem List as a screen for co-occurring substance use disorders in people with psychosis.

Kavanagh, D. J., Waghorn, G., Jenner, L., Chant, D. C., Carr, V., Evans, M., et al. (2004). Demographic and clinical correlates of comorbid substance use disorders in psychosis: Multivariate analyses from an epidemiological sample. *Schizophrenia Research*, 66, 115-124. [https://doi.org/10.1016/S0920-9964\(03\)00130-0](https://doi.org/10.1016/S0920-9964(03)00130-0)

Kendler, K. S., Myers, J., & Gardner, C. o. (2006). Caffeine intake, toxicity and dependence and lifetime risk for psychiatric and substance use disorders: An epidemiologic and co-twin control analysis. *Psychological Medicine*, 36, 1717-1725. <https://doi.org/10.1017/S0033291706008622>

Kessler, R. C., Barker, P. R., Colpe, L. J., Epstein, J. F., Gfroerer, J. C., Hiripi, E., et al. (2003). Screening for serious mental illness in the general population. *Archives of General Psychiatry*, 60, 184-189. <https://doi.org/10.1001/archpsyc.60.2.184>

Kessler, R. C., Nelson, C. B., McGonagle, K. A., Edlund, M. J., Frank, R. G., & Leaf, P. J. (1996). The epidemiology of co-occurring addictive and mental disorders: Implications for prevention and service utilization. *American Journal of Orthopsychiatry*, 66, 17-31. <https://doi.org/10.1037/h0080151>

Khlat, M., Sermet, C., & Pape, A. L. (2004). Increased prevalence of depression, smoking, heavy drinking and use of psycho-active drugs among unemployed men in France. *European Journal of Epidemiology*, 19, 445-451. <https://doi.org/10.1023/B:EJEP.0000027356.71414.bd>

Knekt, P., Raitasalo, R., Heliovaara, M., Lehtinen, V., Pukkala, E., Teppo, L., et al. (1996). Elevated lung cancer risk among persons with depressed mood. *American Journal of Epidemiology*, 144, 1096-1103. <https://doi.org/10.1093/oxfordjournals.aje.a008887>

Lykke, J., Hesse, M., Austin, S. F., & Oestrich, I. (2008). Validity of the BPRS, the BDI and the BAI in dual diagnosis patients. *Addictive Behaviors*, 33, 292-300. <https://doi.org/10.1016/j.addbeh.2007.09.020>

MacAndrew, C. (1965). The differentiation of male alcoholic outpatients from nonalcoholic psychaitric outpatients by means of the MMPI. *Quarterly Journal of Studies on Alcohol*, 26, 238-246.

Magruder, K. M., Sonne, S. C., Brady, K. T., Quello, S., & Martin, R. H. (2005). Screening for co-occurring mental disorders in drug treatment populations. *Journal of Drug Issues*, 35, 593-605. <https://doi.org/10.1177/002204260503500310>

Maisto, S. A., Carey, M. P., Carey, K. B., Gordon, C. M., & Gleason, J. R. (2000). Use of the AUDIT and the DAST-10 to identify alcohol and drug use disorders among adults with a severe and persistent mental illness. *Psychological Assessment*, 12, 186-192. <https://doi.org/10.1037/1040-3590.12.2.186>

Mayfield, D., McLeod, G., & Hall, P. (1974). The CAGE questionnaire: Validation of a new alcoholism screening instrument. *American Journal of Psychiatry*, 131, 1121-1123.

McLellan, A. T., Luborsky, L., Woody, G. E., & O'Brien, C. P. (1980). An improved diagnostic evaluation instrument for substance abuse patients: The Addiction Severity Index. *Journal of Nervous and Mental Disease*, 168, 26-33. <https://doi.org/10.1097/00005053-198001000-00006>

McPhillips, M. A., Kelly, F. J., Barnes, T. R., Duke, P. J., Gene-Cos, N., & Clark, K. (1997). Detecting comorbid substance misuse among people with schizophrenia in the community: A study comparing

the results of questionnaires with analysis of hair and urine. *Schizophrenia Research*, 25, 141-148.
[https://doi.org/10.1016/S0920-9964\(97\)00015-7](https://doi.org/10.1016/S0920-9964(97)00015-7)

Micucci, J. A. (2002). Accuracy of MMPI-A scales ACK, MAC-R, and PRO in detecting comorbid substance abuse among psychiatric inpatients. *Assessment*, 9, 111-122.
<https://doi.org/10.1177/10791102009002001>

Miles, H., Johnson, S., Amponsah-Afuwape, S., Finch, E., Leese, M., & Thornicroft, G. (2003). Characteristics of subgroups of individuals with psychotic illness and a comorbid substance use disorder. *Psychiatric Services*, 54, 554-581. <https://doi.org/10.1176/appi.ps.54.4.554>

Minkoff, K., & Drake, R. E. (Eds.) (1991). Dual diagnosis of major mental illness and substance disorder: Vol. 50. San Francisco: Jossey-Bass. <https://doi.org/10.1002/yd.23319915003>

Mueser, K. T., Crocker, A. G., Frisman, L. B., Drake, R. E., Covell, N. H., & Essock, S. M. (2006). Conduct disorder and antisocial personality disorder in persons with severe psychiatric and substance use disorders. *Schizophrenia Bulletin*, 32, 626-636. <https://doi.org/10.1093/schbul/sbj068>

Mueser, K. T., Drake, R., & Wallach, M. (1998). Dual diagnosis: A review of etiological theories. *Addictive Behaviors*, 23, 717-734. [https://doi.org/10.1016/S0306-4603\(98\)00073-2](https://doi.org/10.1016/S0306-4603(98)00073-2)

Mueser, K. T., Kavanagh, D. J., & Brunette, M. (2007). Implications of research on comorbidity for the nature and management of substance misuse. In P. M. Miller & D. J. Kavanagh (Eds.), *Translation of addictions science into practice: Update and future directions* (pp. 277-320). Oxford: Elsevier.
<https://doi.org/10.1016/B978-008044927-2/50063-8>

Nardi, A. E., Lopes, F. L., Valenca, A. M., Freire, R. C., Veras, A. B., de-Melo-Neto, V. L., et al. (2007). Caffeine challenge test in panic disorder and depression with panic attacks. *Comprehensive Psychiatry*, 48, 257-263. <https://doi.org/10.1016/j.comppsy.2006.12.001>

Negrete, J. C., Collins, J., Turner, N. E., & Skinner, W. (2004). The Centre for Addiction and Mental Health Concurrent Disorders Screener. *Canadian Journal of Psychiatry-Revue Canadienne de Psychiatrie*, 49, 843-850. <https://doi.org/10.1177/070674370404901208>

Nunes, E. V., Sullivan, M. A., & Levin, F. R. (1994). Treatment of depression in patients with opiate dependence. *Biological Psychiatry*, 56, 793-802. <https://doi.org/10.1016/j.biopsych.2004.06.037>

Osborn, D. P. J., Levy, G., Nazareth, I., Petersen, I., Islam, A., & King, M. B. (2007). Relative risk of cardiovascular and cancer mortality in people with severe mental illness from the United Kingdom's general practice research database. *Archives of General Psychiatry*, 64, 242-249.
<https://doi.org/10.1001/archpsyc.64.2.242>

Overall, J. E., & Gorham, D. R. (1988). The Brief Psychiatric Rating Scale: Recent developments in ascertainment and scaling. *Psychopharmacological Bulletin*, 24, 97-99.

Peeling, P., & Dawson, B. (2007). Influence of caffeine ingestion on perceived mood states, concentration, and arousal levels during a 75-min university lecture. *Advances in Physiology Education*, 31, 332-335. <https://doi.org/10.1152/advan.00003.2007>

Potvin, S., Sepehry, A. A., & Stip, E. (2007). Meta-analysis of depressive symptoms in dual-diagnosis schizophrenia. *Australian and New Zealand Journal of Psychiatry*, 41, 792-799.
<https://doi.org/10.1080/00048670701579041>

Regier, D. A., Farmer, M. E., Rae, D. S., Locke, B. Z., Keith, S. J., Judd, L. L., et al. (1990). Comorbidity of mental disorders with alcohol and other drug abuse: Results from the epidemiologic catchment area (ECA) study. *Journal of the American Medical Association*, 264, 2511-2518.

<https://doi.org/10.1001/jama.1990.03450190043026>

Rissmiller, D. J., Biever, M., Mishra, D., & Steer, R. A. (2006). Screening detoxifying inpatients with substance-related disorders for a major depressive disorder. *Journal of Clinical Psychology in Medical Settings*, 13, 315-321. <https://doi.org/10.1007/s10880-006-9035-6>

Robins, L. N., Helzer, J. E., Croughan, J., & Ratcliff, K. S. (1981). National Institute of Mental Health Diagnostic Interview Schedule: History, characteristics and validity. *Archives of General Psychiatry*, 38, 381-389. <https://doi.org/10.1001/archpsyc.1981.01780290015001>

Robins, L. N., Wing, J., Wittchen, H.-U., Helzer, J. E., Babor, T. F., Burke, J. D., et al. (1988). The Composite International Diagnostic Interview: An epidemiologic instrument suitable for use in conjunction with different diagnostic systems and in different cultures. *Archives of General Psychiatry*, 45, 1069-1077. <https://doi.org/10.1001/archpsyc.1988.01800360017003>

Rosenberg, S. D., Drake, R. E., Wolford, G. L., Mueser, K. T., Oxman, T. E., Vidaver, R. M., et al. (1998). Dartmouth Assessment of Lifestyle Instrument (DALI): A substance use disorder screen for people with severe mental illness. *American Journal of Psychiatry*, 155, 232-238.

Ross, H. E., & Glaser, F. B. (1989). Psychiatric screening of alcohol and drug patients: The validity of the GHQ-60 (General Health Questionnaire). *American Journal of Drug and Alcohol Abuse*, 15, 429-437. <https://doi.org/10.3109/00952998908992802>

Ross, H. E., Glaser, F. B., & Germanson, T. (1988). The prevalence of psychiatric disorders in patients with alcohol or other drug problems. *Archives of General Psychiatry*, 45, 1023-1031. <https://doi.org/10.1001/archpsyc.1988.01800350057008>

Ross, H. E., Swinson, R., Doumani, S., & Larkin, E. J. (1995). Diagnosing comorbidity in substance abusers: A comparison of the test-retest reliability of two interviews. *American Journal of Drug and Alcohol Abuse*, 21, 167-185. <https://doi.org/10.3109/00952999509002686>

Russell, M., Martier, S. S., Sokol, R. J., Mudar, P., Bottoms, S. F., Jacobson, S., et al. (1994). Screening for pregnancy risk-Drinking. *Alcoholism: Clinical and Experimental Research*, 18, 1156-1161. <https://doi.org/10.1111/j.1530-0277.1994.tb00097.x>

Sacks, J. A., Drake, R. E., Williams, V. F., Banks, S. M., & Herrell, J. M. (2003). Utility of the Time-Line Follow-Back to assess substance use among homeless adults. *Journal of Nervous and Mental Disease*, 191, 145-153. <https://doi.org/10.1097/01.NMD.0000054930.03048.64>

Saunders, J. B., Aasland, O. G., Babor, T. F., De La Fuente, J. R., & Grant, M. (1993). Development of the Alcohol Use Disorders Identification Test (AUDIT): WHO collaborative project on early detection of persons with harmful alcohol consumption II. *Addiction*, 88, 791-804. <https://doi.org/10.1111/j.1360-0443.1993.tb02093.x>

Schuckit, M. A. (2000). *Drug and alcohol abuse: A clinical guide to diagnosis and treatment*. New York: Kluwer Academic/Plenum. <https://doi.org/10.1007/978-1-4757-3232-0>

Schuckit, M. A., Tipp, J. E., Bergman, M., Reich, W., Hesselbrock, V. M., & Smith, T. L. (1997). Comparison of induced and independent major depressive disorders in 2945 alcoholics. *American Journal of Psychiatry*, 154, 948-957. <https://doi.org/10.1176/ajp.154.7.948>

- Seignourel, P. J., Green, C., & Schmitz, J. M. (2008). Factor structure and diagnostic efficiency of the BDI-II in treatment-seeking substance users. *Drug and Alcohol Dependence*, 93, 271-278. <https://doi.org/10.1016/j.drugalcdep.2007.10.016>
- Selzer, M. (1971). The Michigan Alcoholism Screening Test: The quest for a new diagnostic instrument. *American Journal of Psychiatry*, 127, 1653-1658. <https://doi.org/10.1176/ajp.127.12.1653>
- Skinner, H. (1982). The Drug Abuse Screening Test. *Addictive Behaviors*, 7, 363-371. [https://doi.org/10.1016/0306-4603\(82\)90005-3](https://doi.org/10.1016/0306-4603(82)90005-3)
- Sobell, L., & Sobell, M. (1992). Timeline followback: A technique for assessing self-reported alcohol consumption. In R. Litten & J. P. Allen (Eds.), *Measuring alcohol consumption: Psychosocial and biochemical methods* (pp. 41-72). Clifton, NJ: Humana Press. https://doi.org/10.1007/978-1-4612-0357-5_3
- Sokol, R. J., Martier, S. S., & Ager, J. W. (1989). The T-ACE questions: Practical prenatal detection of risk drinking. *American Journal of Obstetrics and Gynecology*, 160, 863-870. [https://doi.org/10.1016/0002-9378\(89\)90302-5](https://doi.org/10.1016/0002-9378(89)90302-5)
- Spitzer, R. L., Williams, J. B. W., Gibbon, M., & First, M. B. (1990). *Structured Clinical Interview for DSM-III-R-Patient Version 1.0 (SCID-P)*. Washington, DC: American Psychiatric Press.
- Spitzer, R. L., Williams, J. B. W., Kroenke, K., Linzer, M., deGruy, F. V. I., Hahn, S. R., et al. (1995). *Prime-MD instruction manual updated for DSM-IV*. New York: Biometrics Research Department, New York State Psychiatric Institute.
- Swartz, J. A., & Lurigio, A. J. (2006). Screening for serious mental illness in populations with co-occurring substance use disorders: Performance of the K6 scale. *Journal of Substance Abuse Treatment*, 31, 287-296. <https://doi.org/10.1016/j.jsat.2006.04.009>
- Teesson, M., Hall, W., Lynskey, M., & Degenhardt, L. (2000). Alcohol- and drug-use disorders in Australia: Implications of the National Survey of Mental Health and Well being. *Australian and New Zealand Journal of Psychiatry*, 34, 206-213. <https://doi.org/10.1080/j.1440-1614.2000.00715.x>
- Teitelbaum, L. M., & Carey, K. B. (2000). Temporal stability of alcohol screening measures in a psychiatric setting. *Psychology of Addictive Behaviors*, 14, 401-404. <https://doi.org/10.1037/0893-164X.14.4.401>
- Weed, N. C., Butcher, H. N., & Williams, V. L. (1994). Development of MMPI-A alcohol/drug problem scales. *Journal of Studies on Alcohol*, 55, 296-302. <https://doi.org/10.15288/jsa.1994.55.296>
- Weiss, R. D., Najavits, L. M., Greenfield, S. F., Soto, J. A., Shaw, S. R., & Wyner, D. (1998). Validity of substance use self-reports in dually diagnosed outpatients. *American Journal of Psychiatry*, 155, 127-128. <https://doi.org/10.1176/ajp.155.1.127>
- Whalen, D. J., Silk, J. S., Semel, M., Forbes, E. E., Ryan, N. D., Axelson, D. A., et al. (2008). Caffeine consumption, sleep, and affect in the natural environments of depressed youth and healthy controls. *Journal of Pediatric Psychology*, 33, 358-367. <https://doi.org/10.1093/jpepsy/jsm086>
- Wilhelm, K., Mitchell, P., Slade, T., Brownhill, S., & Andrews, G. (2003). Prevalence and correlates of DSM-IV major depression in an Australian national survey. *Journal of Affective Disorders*, 75, 155-162. [https://doi.org/10.1016/S0165-0327\(02\)00040-X](https://doi.org/10.1016/S0165-0327(02)00040-X)

- Wolford, G. L., Rosenberg, S. D., Drake, R. E., Mueser, K. T., Oxman, T. E., Hoffman, D., et al. (1999). Evaluation of methods for detecting substance use disorder in persons with severe mental illness. *Psychology of Addictive Behaviors*, 13, 313-326. <https://doi.org/10.1037/0893-164X.13.4.313>
- Ziedonis, D. M., Kosten, T. R., Glazer, W. M., Frances, R. J., Ziedonis, D. M., Kosten, T. R., et al. (1994). Nicotine dependence and schizophrenia. *Hospital and Community Psychiatry*, 45, 204-206. <https://doi.org/10.1176/ps.45.3.204>
- Zimmerman, M., & Mattia, J. L. (2001). The Psychiatric Diagnostic Screening Questionnaire: Development, reliability and validity. *Comprehensive Psychiatry*, 42, 175-189. <https://doi.org/10.1053/comp.2001.23126>
- Zimmerman, M., Sheeran, T., Chelminski, I., & Young, D. (2004). Screening for psychiatric disorders in outpatients with DSM-IV substance use disorders. *Journal of Substance Abuse Treatment*, 26, 181-188. [https://doi.org/10.1016/S0740-5472\(03\)00207-1](https://doi.org/10.1016/S0740-5472(03)00207-1)

Laura J. Holt, Linda S. Kranitz i Ned L. Cooney **Zindywidualizowana ocena problemu I. Ocena czynników poznawczych i behawioralnych**

- Aarons, G. A., Brown, S. A., Stice, E., & Coe, M. T. (2001). Psychometric evaluation of the marijuana and stimulant effect expectancy questionnaires for adolescents. *Addictive Behaviors*, 26, 219-236. [https://doi.org/10.1016/S0306-4603\(00\)00103-9](https://doi.org/10.1016/S0306-4603(00)00103-9)
- Allen, J. P., & Wilson, V. B. (2003). Assessing alcohol problems: A guide for clinicians and researchers [NIH Publication No. 03-3745: Electronic version] (2nd ed.). Rockville, MD: U.S. Department of Health and Human Services, National Institute on Alcohol Abuse and Alcoholism.
- Annis, H. M., & Graham, J. M. (1988). Situational Confidence Questionnaire (SCQ-39) User's guide. Toronto: Alcoholism and Drug Addiction Research Foundation.
- Annis, H. M., Graham, J. M., & Davis, C. S. (1987). Inventory of Drinking Situations (IDS): User's guide. Toronto: Addiction Research Foundation.
- Annis, H. M., Sklar, S. M., & Turner, N. E. (1997). The Drug-Taking Confidence Questionnaire (DTCQ): User's guide. Toronto: Addiction Research Foundation, Centre for Addiction and Mental Health.
- Annis, H. M., Turner, N. E., & Sklar, S. M. (1997). Inventory of Drug-Taking Situations: User's guide. Toronto: Addiction Research Foundation.
- Anton, R. F., Moak, D. H., & Latham, P. K. (1995). The Obsessive Compulsive Drinking Scale: A self-rated instrument for the quantification of thoughts about alcohol and drinking behavior. *Alcoholism: Clinical and Experimental Research*, 19, 92-99. <https://doi.org/10.1111/j.1530-0277.1995.tb01475.x>
- Bandura, A. (1977). Self-efficacy: Toward a unifying theory of behavioral change. *Psychological Review*, 84, 191-215. <https://doi.org/10.1037/0033-295X.84.2.191>
- Barber, J. G., Cooper, B. K., & Heather, N. (1991). The Situational Confidence Questionnaire (Heroin). *The International Journal of the Addictions*, 26, 565-575. <https://doi.org/10.3109/10826089109058905>

- Bohn, M. J., Krahn, D. D., & Staehler, R. A. (1995). Development and initial validation of a measure of drinking urges in abstinent alcoholics. *Alcoholism: Clinical and Experimental Research*, 19, 600-606. <https://doi.org/10.1111/j.1530-0277.1995.tb01554.x>
- Brown, S. A., Christiansen, B. A., & Goldman, M. S. (1987). The Alcohol Expectancy Questionnaire: An instrument for the assessment of adolescent and adult alcohol expectancies. *Journal of Studies on Alcohol*, 48, 483-491. <https://doi.org/10.15288/jsa.1987.48.483>
- Carey, K. B. (1993). Situational determinants of heavy drinking among college students. *Journal of Counseling Psychology*, 40, 217-220. <https://doi.org/10.1037/0022-0167.40.2.217>
- Carter, B. L., & Tiffany, S. T. (1999). Meta-analytical review of cue reactivity measures. *Addiction*, 94, 327-340. <https://doi.org/10.1046/j.1360-0443.1999.9433273.x>
- Christiansen, B. A., Goldman, M. S., & Inn, A. (1982). The development of alcohol-related expectancies in adolescents: Separating pharmacological from social learning influences. *Journal of Consulting and Clinical Psychology*, 50, 336-344. <https://doi.org/10.1037/0022-006X.50.3.336>
- Cooper, M. L. (1994). Motivations for alcohol use among adolescents: Development and validation of a four-factor model. *Psychological Assessment*, 6, 117-128. <https://doi.org/10.1037/1040-3590.6.2.117>
- Cooper, M. L., Russell, M., Skinner, J. B., & Windle, M. (1992). Development and validation of a three-dimensional measure of drinking motives. *Psychological Assessment*, 4, 123-132. <https://doi.org/10.1037/1040-3590.4.2.123>
- Curry, S., Wagner, E. H., & Grothaus, L. C. (1990). Intrinsic and extrinsic motivation for smoking cessation. *Journal of Consulting and Clinical Psychology*, 58, 310-316. <https://doi.org/10.1037/0022-006X.58.3.310>
- Deci, E. L., & Ryan, R. M. (1980). Self-determination theory: When mind mediates behavior. *Journal of Mind and Behavior*, 1, 33-43.
- Deci, E. L., & Ryan, R. M. (1985). *Intrinsic motivation and self-determination in human behavior*. New York: Plenum Press. <https://doi.org/10.1007/978-1-4899-2271-7>
- DiClemente, C. C., Carbonari, J. P., Montgomery, R. P. G., & Hughes, S. O. (1994). The Alcohol Abstinence Self-Efficacy Scale. *Journal of Studies on Alcohol*, 55, 141-148. <https://doi.org/10.15288/jsa.1994.55.141>
- DiClemente, C. C., & Prochaska, J. O. (1998). Toward a comprehensive, transtheoretical model of change: Stages of change and addictive behavior. In W. R. Miller & N. Heather (Eds.), *Treating addictive behaviors* (2nd ed., pp. 3-24). New York: Plenum. https://doi.org/10.1007/978-1-4899-1934-2_1
- DiClemente, C. C., Schlundt, D., & Gemmell, L. (2004). Readiness and stages of change in addiction treatment. *American Journal on Addictions*, 13, 103-119. <https://doi.org/10.1080/10550490490435777>
- Donovan, D. M. (2003). Assessment to aid in the treatment planning process [NIH Publication No. 03-3745: Electronic version]. In J. P. Allen & V. B. Wilson (Eds.), *Assessing alcohol problems: A guide for clinicians and researchers* (2nd ed., pp. 125-188). Rockville, MD: U.S. Department of Health and Human Services, National Institute on Alcohol Abuse and Alcoholism.

Donovan, D. M., & Marlatt, G. A. (2005). *Assessment of addictive behaviors* (2nd ed.). New York: Guilford Press.

Downey, L., Rosengren, D. B., & Donovan, D. M. (2001). Sources of motivation for abstinence: A replication analysis of the Reasons for Quitting Questionnaire. *Addictive Behaviors*, 26, 79-89.
[https://doi.org/10.1016/S0306-4603\(00\)00090-3](https://doi.org/10.1016/S0306-4603(00)00090-3)

Drummond, D. C. (2001). Theories of drug craving, ancient and modern. *Addiction*, 96, 33-46.
<https://doi.org/10.1046/j.1360-0443.2001.961333.x>

Flannery, B. A., Roberts, A. J., Cooney, N., Swift, R. M., Anton, R. F., & Rohsenow, D. J. (2001). The role of craving in alcohol use, dependence, and treatment. *Alcoholism: Clinical and Experimental Research*, 25, 299-308. <https://doi.org/10.1111/j.1530-0277.2001.tb02213.x>

Flannery, B. A., Volpicelli, J. R., & Pettinati, H. M. (1999). Psychometric properties of the Penn Alcohol Craving Scale. *Alcoholism: Clinical and Experimental Research*, 25, 1289-1295.
<https://doi.org/10.1111/j.1530-0277.1999.tb04349.x>

Grant, V. V., Stewart, S. H., O'Connor, R. M., Blackwell, E., & Conrod, P. J. (2007). Psychometric evaluation of the five-factor Modified Drinking Motives Questionnaire: Revised in undergraduates. *Addictive Behaviors*, 32, 2611-2632. <https://doi.org/10.1016/j.addbeh.2007.07.004>

Heather, N., Luce, A., Peck, D., Dunbar, B., & James, I. (1999). The development of a treatment version of the Readiness to Change Questionnaire. *Addiction Research*, 7, 63-68.
<https://doi.org/10.3109/16066359909004375>

Heinz, A. J., Epstein, D. H., Schroeder, J. R., Singleton, E. G., Heishman, S. J., & Preston, K. L. (2006). Heroin and cocaine craving and use during treatment: Measurement validation and potential relationships. *Journal of Substance Abuse Treatment*, 31, 355-364.
<https://doi.org/10.1016/j.jsat.2006.05.009>

Heishman, S. J., Singleton, E. G., & Liguori, A. (2001). Marijuana Craving Questionnaire: Development and initial validation of a self-report instrument. *Addiction*, 96, 1023-1034.
<https://doi.org/10.1046/j.1360-0443.2001.967102312.x>

Isenhardt, C. E. (1993). Psychometric evaluation of a short form of the Inventory of Drinking Situations. *Journal of Studies on Alcohol*, 54, 345-349. <https://doi.org/10.15288/jsa.1993.54.345>

Jones, B. T., Corbin, W., & Fromme, K. (2001). A review of expectancy theory and alcohol consumption. *Addiction*, 96, 57-72. <https://doi.org/10.1046/j.1360-0443.2001.961575.x>

Jones, B. T., & McMahon, J. (1994a). Negative alcohol expectancy predicts post-treatment abstinence survivorship: The whether, when and why of relapse to a first drink. *Addiction*, 89, 1653-1665.
<https://doi.org/10.1111/j.1360-0443.1994.tb03766.x>

Jones, B. T., & McMahon, J. (1994b). Negative and positive alcohol expectancies as predictors of abstinence after discharge from a residential treatment program: A one-month and three-month follow-up study in men. *Journal of Studies on Alcohol*, 55, 543-548.
<https://doi.org/10.15288/jsa.1994.55.543>

Kinnaman, J. E. S., Bellack, A. S., Brown, C. H., & Yang, Y. (2007). Assessment of motivation to change substance use in dually-diagnosed schizophrenia patients. *Addictive Behaviors*, 32, 1798-1813.
<https://doi.org/10.1016/j.addbeh.2006.12.010>

- Klag, S., Creed, P., & O'Callaghan, F. (2006). Development and initial validation of an instrument to measure perceived coercion to enter treatment for substance abuse. *Psychology of Addictive Behaviors*, 20, 463-470. <https://doi.org/10.1037/0893-164X.20.4.463>
- Kranitz, L. S. (2007). Reasons for not drinking among veterans seeking treatment for alcohol dependence in a partial day hospital. Unpublished doctoral dissertation, Rutgers University, New Brunswick, NJ.
- LaBrie, J. W., Quinlan, T., Schiffman, J. E., & Earleywine, M. E. (2005). Performance of alcohol and safer sex change rulers compared with readiness to change questionnaires. *Psychology of Addictive Behaviors*, 19, 112-115. <https://doi.org/10.1037/0893-164X.19.1.112>
- Marlatt, G. A. (1996). Taxonomy of high-risk situations for alcohol relapse: Evolution and development of a cognitive-behavioral model. *Addiction*, 91 (Suppl.), S37-S49. <https://doi.org/10.1111/j.1360-0443.1996.tb02326.x>
- Marlatt, G. A., & Gordon, J. R. (Eds.). (2005). *Relapse prevention: Maintenance strategies in the treatment of addictive behaviors*. New York: Guilford Press.
- McConaughy, E. A., Prochaska, J. O., & Velicer, W. F. (1983). Stages of change in psychotherapy: Measurement and sample profiles. *Psychotherapy: Theory, Research & Practice*, 20, 368-375. <https://doi.org/10.1037/h0090198>
- Miller, N. S., & Flaherty, J. A. (2000). Effectiveness of coerced addiction treatment (alternative consequences): A review of the clinical research. *Journal of Substance Abuse Treatment*, 18, 9-16. [https://doi.org/10.1016/S0740-5472\(99\)00073-2](https://doi.org/10.1016/S0740-5472(99)00073-2)
- Miller, W. R. (1985). Motivation for treatment: A review with special emphasis on alcoholism. *Psychological Bulletin*, 98, 84-107. <https://doi.org/10.1037/0033-2909.98.1.84>
- Miller, W. R., & Tonigan, J. S. (1996). Assessing drinkers' motivation for change: The Stages of Change Readiness and Treatment Eagerness Scale (SOCRATES). *Psychology of Addictive Behaviors*, 10, 81-89. <https://doi.org/10.1037/0893-164X.10.2.81>
- Monti, P. M., Rohsenow, D. J., & Hutchison, K. E. (2000). Toward bridging the gap between biological, psychobiological and psychosocial models of alcohol craving. *Addiction*, 95(Suppl. 2), S229-S236. <https://doi.org/10.1046/j.1360-0443.95.8s2.11.x>
- Oei, T. P. S., Hasking, P. A., & Young, R. M. (2005). Drinking refusal self-efficacy questionnaire-revised (DRSEQ-R): A new factor structure with confirmatory factor analysis. *Drug and Alcohol Dependence*, 78, 297-307. <https://doi.org/10.1016/j.drugalcdep.2004.11.010>
- Ogai, Y., Haraguichi, A., Kondo, A., Ishibashi, Y., Umeno, M., Kikumoto, H., et al. (2007). Development and validation of the Stimulant Relapse Risk Scale for drug users in Japan. *Drug and Alcohol Dependence*, 88, 174-181. <https://doi.org/10.1016/j.drugalcdep.2006.10.005>
- Parra, G. R., Martin, C. S., & Clark, D. B. (2005). The drinking situations of adolescents treated for alcohol use disorders: A psychometric and alcohol-related outcomes investigation. *Addictive Behaviors*, 30, 1725-1736. <https://doi.org/10.1016/j.addbeh.2005.07.022>
- Pomerleau, O. F., Fertig, J., Baker, L., & Cooney, N. L. (1983). Reactivity to alcohol cues in alcoholics and non-alcoholics: Implications for a stimulus control analysis of drinking. *Addictive Behaviors*, 8, 1-10. [https://doi.org/10.1016/0306-4603\(83\)90048-5](https://doi.org/10.1016/0306-4603(83)90048-5)

Ryan, R. M., Plant, R. W., & O'Malley, S. (1995). Initial motivations for alcohol treatment: Relations with patient characteristics, treatment involvement, and dropout. *Addictive Behaviors*, 20, 279-297. [https://doi.org/10.1016/0306-4603\(94\)00072-7](https://doi.org/10.1016/0306-4603(94)00072-7)

Sayette, M. A., Monti, P. M., Rohsenow, D. J., Gulliver, S. B., Colby, S. M., Sirota, A. D., Niaura, R., & Abrams, D. B. (1994). The effects of cue exposure on reaction time in male alcoholics. *Journal of Studies on Alcohol*, 55, 629-633. <https://doi.org/10.15288/jsa.1994.55.629>

Schafer, J., & Brown, S. A. (1991). Marijuana and cocaine effect expectancies and drug use patterns. *Journal of Consulting and Clinical Psychology*, 59, 558-565. <https://doi.org/10.1037/0022-006X.59.4.558>

Simons, J., Correia, C. J., Carey, K. B., & Borsari, B. E. (1998). Validating a five-factor marijuana motives measure: Relations with use, problems, and alcohol motives. *Journal of Counseling Psychology*, 45, 265-273. <https://doi.org/10.1037/0022-0167.45.3.265>

Sklar, S. M., Annis, H. M., & Turner, N. E. (1997). Development and validation of the Drug-Taking Confidence Questionnaire: A measure of coping self-efficacy. *Addictive Behaviors*, 22, 655-670. [https://doi.org/10.1016/S0306-4603\(97\)00006-3](https://doi.org/10.1016/S0306-4603(97)00006-3)

Sklar, S. M., & Turner, N. E. (1999). A brief measure for the assessment of coping self-efficacy among alcohol and other drug users. *Addiction*, 94, 723-729. <https://doi.org/10.1046/j.1360-0443.1999.94572310.x>

Sobell, M. B., and Sobell, L. C. (2003). The Brief Situational Confidence Questionnaire (BSCQ). Retrieved March 14, 2008 from Healthy Lifestyles Guided Self-Change Program, Center for Psychological Studies, Nova Southeastern University Web site: <http://www.nova.edu/gsc/forms/BSCQalcoholdrugform.pdf>.

Stein, L. A. R., Katz, B., Colby, S. M., Barnett, N. P., Golembeske, C., Lebeau-Craven, R., & Monti, P. M. (2006). Validity and reliability of the Alcohol Expectancy Questionnaire-Adolescent, Brief. *Journal of Child and Adolescent Substance Abuse*, 16, 115-127. https://doi.org/10.1300/J029v16n02_06

Stone, A. A., & Shiffman, S. (1994). Ecological momentary assessment (EMA) in behavioral medicine. *Annals of Behavioral Medicine*, 16, 199-202. <https://doi.org/10.1093/abm/16.3.199>

Sussner, B. D., Smelson, D. A., Rodrigues, S., Kline, A., Losonczy, M., & Ziedonis, D. (2006). The validity and reliability of a brief measure of cocaine craving. *Drug and Alcohol Dependence*, 83, 233-237. <https://doi.org/10.1016/j.drugalcdep.2005.11.022>

Tiffany, S. T. (1990). A cognitive model of drug urges and drug-use behavior: Role of automatic and nonautomatic processes. *Psychological Review*, 97, 147-168. <https://doi.org/10.1037/0033-295X.97.2.147>

Tiffany, S. T., Carter, B. L., & Singleton, E. G. (2000). Challenges in the manipulation, assessment and interpretation of craving relevant variables. *Addiction*, 95(Suppl. 2), S177-S187.

Tiffany, S. T., Singleton, E., Haertzen, C. A., & Henningfield, J. E. (1993). The development and initial validation of a cocaine craving questionnaire. *Drug and Alcohol Dependence*, 34, 19-28. [https://doi.org/10.1016/0376-8716\(93\)90042-O](https://doi.org/10.1016/0376-8716(93)90042-O)

Yahne, C. E., & Miller, W. R. (1999). Enhancing motivation for treatment and change. In B. S. McCrady & E. E. Epstein (Eds.), *Addictions: A comprehensive guidebook* (pp. 235-249). New York: Oxford University Press.

Young, R. M., Hasking, P. A., Oei, T. P., & Loveday, W. (2007). Validation of the Drinking Refusal Self-Efficacy Questionnaire-Revised in an adolescent sample (DRSEQ-RA). *Addictive Behaviors*, 32, 862-868. <https://doi.org/10.1016/j.addbeh.2006.07.001>

Young, R. M., Oei, T. P. S., & Crook, C. M. (1991). Development of a drinking self-efficacy questionnaire. *Journal of Psychopathology and Behavioral Assessment*, 13, 1-15. <https://doi.org/10.1007/BF00960735>

Zywiak, W. H., Connors, G. J., Maisto, S. A., & Westerberg, V. S. (1996). Relapse research and the Reasons for Drinking Questionnaire: A factor analysis of Marlatt's relapse taxonomy. *Addiction*, 91, S121-S130. <https://doi.org/10.1111/j.1360-0443.1996.tb02332.x>

Linda S. Kranitz, Laura J. Holt i Ned L. Cooney **Zindywidualizowana ocena problemu II. Ocena klienta w szerszej perspektywie**

Adamson, S. J., & Sellman, J. (2003). A prototype screening instrument for cannabis use disorder: The cannabis use disorders identification test (CUDIT) in an alcohol-dependent clinical sample. *Drug and Alcohol Review*, 22, 309-315. <https://doi.org/10.1080/0959523031000154454>

Allen, J. P., Litten, R. Z., Fertig, J. B., & Babor, T. (1997). A review of research on the alcohol use disorders identification test (AUDIT). *Alcoholism: Clinical and Experimental Research*, 21, 613-619. <https://doi.org/10.1111/j.1530-0277.1997.tb03811.x>

Beattie, M. C., Longabaugh, R., & Fava, J. (1992). Assessment of alcohol-related workplace activities: Development and testing of "Your Workplace." *Journal of Studies on Alcohol*, 53, 469-475. <https://doi.org/10.15288/jsa.1992.53.469>

Bender, R. E., Griffin, M. L., Gallop, R. J., & Weiss, R. D. (2007). Assessing negative consequences in patients with substance use and bipolar disorders: Psychometric properties of the short inventory of problems (SIP). *American Journal on Addictions*, 16, 503-509. <https://doi.org/10.1080/10550490701641058>

Berman, A. H., Bergman, H., Palmstierna, T., & Schlyter, F. (2005). Evaluation of the drug use disorders identification test (DUDIT) in criminal justice and detoxification settings and in a Swedish population sample. *European Addiction Research*, 11, 22-31. <https://doi.org/10.1159/000081413>

Cacciola, J. S., Alterman, A. I., McLellan, A. T., Lin, Y. T., & Lynch, K. G. (2007). Initial evidence for the reliability and validity of a "Lite" version of the addiction severity index. *Drug and Alcohol Dependence*, 87, 297-302. <https://doi.org/10.1016/j.drugalcdep.2006.09.002>

Connors, G. J., Tonigan, J. S., & Miller, W. R. (1996). Measure of religious background and behavior for use in behavior change research. *Psychology of Addictive Behaviors*, 10, 90-96. <https://doi.org/10.1037/0893-164X.10.2.90>

Corbin, W. R., Morean, M. E., & Benedict, D. (2008). The positive drinking consequences questionnaire (PDCQ): Validation of a new assessment tool. *Addictive Behaviors*, 33, 54-68. <https://doi.org/10.1016/j.addbeh.2007.06.003>

Crumbaugh, J. C., & Maholick, L. T. (1964). An experimental study in existentialism: The psychometric approach to Frankl's concept of noogenic neurosis. *Journal of Clinical Psychology*, 20, 589-596. [https://doi.org/10.1002/1097-4679\(196404\)20:2<200::AID-JCLP2270200203>3.0.CO;2-U](https://doi.org/10.1002/1097-4679(196404)20:2<200::AID-JCLP2270200203>3.0.CO;2-U)

Cunningham, J. A., Sobell, L. C., Gavin, D. R., Sobell, M. B., & Breslin, F. (1997). Assessing motivation for change: Preliminary development and evaluation of a scale measuring the costs and benefits of changing alcohol or drug use. *Psychology of Addictive Behaviors*, 11, 107-114.

<https://doi.org/10.1037/0893-164X.11.2.107>

Finney, J. W. (2003). Assessing treatment and treatment process. In J. P. Allen & V. Wilson (Eds.), *Assessing alcohol problems: A guide for clinicians and researchers* (2nd ed.). Bethesda, MD: U.S. Department of Health and Human Services, National Institute on Alcohol Abuse and Alcoholism (NIH Publication No. 03-3745).

Finney, J. W., Moos, R. H., & Brennan, P. L. (1991). The drinking problems index: A measure to assess alcohol-related problems among older adults. *Journal of Substance Abuse*, 3, 395-404.

[https://doi.org/10.1016/S0899-3289\(10\)80021-5](https://doi.org/10.1016/S0899-3289(10)80021-5)

Finney, J. W., Noyes, C. A., Coutts, A. I., & Moos, R. H. (1998). Evaluating substance abuse treatment process models. I. Changes on proximal outcome variables during 12-step and cognitive-behavioral treatment. *Journal of Studies on Alcohol*, 59, 371-380. <https://doi.org/10.15288/jsa.1998.59.371>

Forcehimes, A. A., Tonigan, J. S., Miller, W. R., Kenna, G. A., & Baer, J. S. (2007). Psychometrics of the drinker inventory of consequences (DrInC). *Addictive Behaviors*, 32, 1699-1704.

<https://doi.org/10.1016/j.addbeh.2006.11.009>

Harrell, T. H., Honaker, L. M., & Davis, E. (1991). Cognitive and behavioral dimensions of dysfunction in alcohol and polydrug abusers. *Journal of Substance Abuse*, 3, 415-426.

[https://doi.org/10.1016/S0899-3289\(10\)80023-9](https://doi.org/10.1016/S0899-3289(10)80023-9)

Humphreys, K., Kaskutas, L. A., & Weisner, C. (1998). The alcoholics anonymous affiliation scale: Development, reliability, and norms for diverse treated and untreated populations. *Alcoholism: Clinical and Experimental Research*, 22, 974-978. <https://doi.org/10.1111/j.1530-0277.1998.tb03691.x>

Kahler, C. W., Strong, D. R., & Read, J. P. (2005). Toward efficient and comprehensive measurement of the alcohol problems continuum in college students: The brief young adult alcohol consequences questionnaire. *Alcoholism: Clinical and Experimental Research*, 29, 1180-1189.

<https://doi.org/10.1097/01.ALC.0000171940.95813.A5>

Kaminer, Y., Bukstein, O., & Tarter, R. E. (1991). The teen-addiction severity index: Rationale and reliability. *The International Journal of Addictions*, 26, 219-226.

<https://doi.org/10.3109/10826089109053184>

Kingree, J. B., Simpson, A., Thompson, M., McCrady, B., Tonigan, J. S., & Lautenschlager, G. (2006). The development and initial evaluation of the survey of readiness for alcoholics anonymous participation. *Psychology of Addictive Behaviors*, 20, 453-462. <https://doi.org/10.1037/t04148-000>

Litman, G. K., Stapleton, J., Oppenheim, A. N., & Peleg, M. (1983). An instrument for measuring coping behaviours in hospitalized alcoholics: Implications for relapse prevention treatment. *British Journal of Addictions*, 78, 269-276. <https://doi.org/10.1111/j.1360-0443.1983.tb02511.x>

Litt, M. D., Kadden, R. M., Cooney, N. L., & Kabela, E. (2003). Coping skills and treatment outcomes in cognitive-behavioral and interactional group therapy for alcoholism. *Journal of Consulting and Clinical Psychology*, 71, 118-128. <https://doi.org/10.1037/0022-006X.71.1.118>

Longabaugh, R., Donovan, D. M., Karno, M. P., McCrady, B. S., Morganstern, J., & Tonigan, J. S. (2005). Active ingredients: How and why evidence-based alcohol behavioral treatment Interventions work. *Alcoholism: Clinical and Experimental Research*, 29, 235-247.

<https://doi.org/10.1097/01.ALC.0000153541.78005.1F>

Longabaugh, R., Wirtz, P. W., Zweben, A., & Stout, R. L. (1998). Network support for drinking, alcoholics anonymous and long-term matching effects. *Addiction*, 93, 1313-1333.

<https://doi.org/10.1046/j.1360-0443.1998.93913133.x>

Love, C. T., Longabaugh, R., Clifford, P. R., Beattie, M., & Peaslee, C. F. (1993). The significant-other behavior questionnaire (SBQ): An instrument for measuring the behavior of significant others towards a person's drinking and abstinence. *Addiction*, 88, 1267-1279.

<https://doi.org/10.1111/j.1360-0443.1993.tb02149.x>

Maddock, J. E., Laforge, R. G., Rossi, J. S., & O'Hare, T. (2001). The college alcohol problems scale. *Addictive Behaviors*, 26, 385-398. [https://doi.org/10.1016/S0306-4603\(00\)00116-7](https://doi.org/10.1016/S0306-4603(00)00116-7)

Mann, R. E., Rootman, D. B., Shuggi, R., & Adlaf, E. (2006). Assessing consequences of alcohol and drug abuse in a drinking driving population. *Drugs: Education, Prevention & Policy*, 13, 313-326.

<https://doi.org/10.1080/09687630600624634>

Marsh, A., Smith, L., Piek, J., & Saunders, B. (2003). The purpose in life scale: Psychometric properties for social drinkers and drinkers in alcohol treatment. *Educational and Psychological Measurement*, 63, 859-871. <https://doi.org/10.1177/0013164403251040>

McLellan, A. T., Kushner, H., Metzger, D., Peters, R., Smith, I., Grissom, G., et al. (1992). The fifth edition of the addiction severity index. *Journal of Substance Abuse Treatment*, 9, 199-213.

[https://doi.org/10.1016/0740-5472\(92\)90062-S](https://doi.org/10.1016/0740-5472(92)90062-S)

McLellan, A. T., Luborsky, L., O'Brien, C. P., & Woody, G. E. (1980). An improved diagnostic instrument for substance abuse patients: The addiction severity index. *Journal of Nervous and Mental Disease*, 168, 26-33. <https://doi.org/10.1097/00005053-198001000-00006>

Meyers, K., McLellan, A. T., Jaeger, J. L., & Pettinati, H. M. (1995). The development of the comprehensive addiction severity index for adolescents (CASI-A): An interview for assessing the multiple problems of adolescents. *Journal of Substance Abuse Treatment*, 12, 181-193.

[https://doi.org/10.1016/0740-5472\(95\)00009-T](https://doi.org/10.1016/0740-5472(95)00009-T)

Miller, W. R. (1998). Researching the spiritual dimensions of alcohol and other drug problems. *Addiction*, 93, 979-990. <https://doi.org/10.1046/j.1360-0443.1998.9379793.x>

Miller, W. R., & Brown, J. M. (1994). What I want from treatment questionnaire 2.0. CASAA Research Division. Retrieved February 28, 2008 from

<http://www.motivationalinterview.org/library/whatiwant.pdf>.

Miller, W. R., Tonigan, J. S., & Longabaugh, R. (1995). The drinker inventory of consequences (DrInC): An instrument for assessing adverse consequences of alcohol use. Test manual. Rockville, MD: National Institute on Alcohol Abuse and Alcoholism. <https://doi.org/10.1037/e563232012-001>

Miller, W. R., & Marlatt, G. A. (1984). Manual for the comprehensive drinker profile. Odessa, FL: Psychological Assessment Resources.

Monti, P. M., Rohsenow, D. J., Abrams, D. B., Zwick, W. R., Binkoff, J. A., Munroe, S. M., et al. (1993). Development of a behavior analytically derived alcohol-specific role-play assessment instrument. *Journal of Studies on Alcohol*, 54, 710-721. <https://doi.org/10.15288/jsa.1993.54.710>

Moos, R. H. (1993). *Coping response inventory professional manual*. Odessa, FL: Psychological Assessment Resources.

Morgenstern, J., & Longabaugh, R. (2000). Cognitive-behavioral treatment for alcohol dependence: A review of evidence for its hypothesized mechanism of action. *Addiction*, 95, 1475-1490. <https://doi.org/10.1046/j.1360-0443.2000.951014753.x>

Myers, M. G., Brown, S. A., & Mott, M. A. (1993). Coping as a predictor of adolescent substance abuse treatment outcome. *Journal of Substance Abuse*, 5, 15-29. [https://doi.org/10.1016/0899-3289\(93\)90120-Z](https://doi.org/10.1016/0899-3289(93)90120-Z)

National Institute on Drug Abuse. (1998). *A Community Reinforcement Approach: Treating Cocaine Addiction*. NIH Publication Number 98-4309. Retrieved February 27, 2008, from <http://www.nida.nih.gov/TXManuals/CRA/CRAX6.html>.

Petchers, M. K., & Singer, M. I. (1987). Perceived-benefit-of-drinking scale: Approach to screening for adolescent alcohol abuse. *Journal of Pediatrics*, 110, 977-981. [https://doi.org/10.1016/S0022-3476\(87\)80431-6](https://doi.org/10.1016/S0022-3476(87)80431-6)

Prochaska, J. O., Velicer, W. F., DiClemente, C. C., & Fava, J. (1988). Measuring processes of change: Applications to the cessation of smoking. *Journal of Consulting and Clinical Psychology*, 56, 520-528. <https://doi.org/10.1037/0022-006X.56.4.520>

Robinson, E. A. R., Cranford, J. A., Webb, J. R., & Brower, K. J. (2007). Six-month changes in spirituality, religiousness, and heavy drinking in a treatment-seeking sample. *Journal of Studies on Alcohol and Drugs*, 68, 282-290. <https://doi.org/10.15288/jsad.2007.68.282>

Saunders, J. B., Aasland, O. G., Babor, T. F., de la Fuente, J. R., & Grant, M. (1993). Development of the alcohol use disorders identification test (AUDIT): WHO collaborative project on early detection of persons with harmful alcohol consumption: II. *Addiction*, 88, 791-804. <https://doi.org/10.1111/j.1360-0443.1993.tb02093.x>

Snow, M. G., Prochaska, J. O., & Rossi, J. (1994). Processes of change in alcoholics anonymous: Maintenance factors in long-term sobriety. *Journal of Studies on Alcohol*, 55, 362-371. <https://doi.org/10.15288/jsa.1994.55.362>

Strecher, V., & Rosenstock, I. (1997). The health belief model. In K. Glanz, F. Lewis, & B. Rimer(Eds.), *Health behavior and health education* (pp. 41-50). San Francisco: Jossey-Bass.

Tonigan, J. S., Connors, G. J., & Miller, W. R. (1996). Alcoholics anonymous involvement (AAI) scale: Reliability and norms. *Psychology of Addictive Behaviors*, 10, 75-80. <https://doi.org/10.1037/0893-164X.10.2.75>

Tonigan, J., & Miller, W. R. (2002). The inventory of drug use consequences (InDUC): Test-retest stability and sensitivity to detect change. *Psychology of Addictive Behaviors*, 16, 165-168. <https://doi.org/10.1037/0893-164X.16.2.165>

White, H. R., & Labouvie, E. W. (1989). Towards the assessment of adolescent problem drinking. *Journal of Studies on Alcohol*, 50, 30-37. <https://doi.org/10.15288/jsa.1989.50.30>

Zywiak, W. H., Longabaugh, R., & Wirtz, P. W. (2002). Decomposing the relationships between pretreatment social network characteristics and alcohol treatment outcome. *Journal of Studies on Alcohol*, 63, 114-121

Danielle Barry i Nancy M. Petry uzależnień

Poznawczo-behawioralne terapie

Beck, A. T. (1963). Thinking and depression. I. Idiosyncratic content and cognitive distortions. *Archives of General Psychiatry*, 9, 324-333. <https://doi.org/10.1001/archpsyc.1963.01720160014002>

Beck, A. T. (1964). Thinking and depression. II. Theory and therapy. *Archives of General Psychiatry*, 10, 561-571. <https://doi.org/10.1001/archpsyc.1964.01720240015003>

Beck, A. T., & Weishaar, M. (1989). Cognitive therapy. In A. Freeman, K. M. Simon, L. E. Beutler, & H. Arkowitz (Eds.), *Comprehensive handbook of cognitive therapy* (pp. 21-36). New York: Plenum Press.

Carroll, K. M. (1998). *A cognitive-behavioral approach: Treating cocaine addiction*. Rockville, MD: National Institute on Drug Abuse.

Carroll, K. M., Rounsaville, B. J., & Gawin, F. H. (1991). A comparative trial of psychotherapies for ambulatory cocaine abusers: Relapse prevention and interpersonal psychotherapy. *American Journal of Drug and Alcohol Abuse*, 17, 229-247. <https://doi.org/10.3109/00952999109027549>

Carroll, K. M., Rounsaville, B. J., Gordon, L. T., Nich, C., Jatlow, P., & Bisighini, R. M. (1994a). Psychotherapy and pharmacotherapy for ambulatory cocaine abusers. *Archives of General Psychiatry*, 51, 177-187. <https://doi.org/10.1001/archpsyc.1994.03950030013002>

Carroll, K. M., Rounsaville, B. J., Nich, C., Gordon, L. T., Wirtz, P. W., & Gawin, F. (1994b). One-year follow-up of psychotherapy and pharmacotherapy for cocaine dependence. Delayed emergence of psychotherapy effects. *Archives of General Psychiatry*, 51, 989-997. <https://doi.org/10.1001/archpsyc.1994.03950120061010>

Chaney, E. F., O'Leary, M. R., & Marlatt, G. A. (1978). Skill training with alcoholics. *Journal of Consulting and Clinical Psychology*, 46, 1092-1104. <https://doi.org/10.1037/0022-006X.46.5.1092>

Ellis, A. (1957). Outcome of employing three techniques of psychotherapy. *Journal of Clinical Psychology*, 13, 344-350. [https://doi.org/10.1002/1097-4679\(195710\)13:4<344::AID-JCLP2270130407>3.0.CO;2-9](https://doi.org/10.1002/1097-4679(195710)13:4<344::AID-JCLP2270130407>3.0.CO;2-9)

Eriksen, L., Bjornstad, S., & Gotestam, K. G. (1986). Social skills training in groups for alcoholics: One-year treatment outcome for groups and individuals. *Addictive Behaviors*, 11, 309-329. [https://doi.org/10.1016/0306-4603\(86\)90058-4](https://doi.org/10.1016/0306-4603(86)90058-4)

Finney, J. W., Wilbourne, P. L., & Moos, R. H. (2007). Psychosocial treatments for substance use disorders. In P. E. Nathan & J. M. Gorman (Eds.), *A guide to treatments that work* (pp. 179-202). New York: Oxford University Press. <https://doi.org/10.1093/med:psych/9780195304145.003.0006>

Irvin, J. E., Bowers, C. A., Dunn, M. E., & Wang, M. C. (1999). Efficacy of relapse prevention: A meta-analytic review. *Journal of Consulting and Clinical Psychology*, 67, 563-570. <https://doi.org/10.1037/0022-006X.67.4.563>

Kadden, R., Carroll, K. M., Donovan, D., Cooney, N., Monti, P., Abrams, D., et al. (1994). *Cognitive-behavioral coping skills therapy manual*. Rockville, MD: National Institutes of Health.

Larimer, M. E., Palmer, R. S., & Marlatt, G. A. (1999). Relapse prevention: An overview of Marlatt's cognitive-behavioral model. *Alcohol Research & Health*, 23, 151-160.

Marlatt, G. A. (1985). Part I. Relapse prevention: General overview. In G. A. Marlatt & J. R. Gordon (Eds.), *Relapse prevention: Maintenance strategies in the treatment of addictive behaviors* (pp. 1-348). New York: The Guilford Press.

Maude-Griffin, P. M., Hohenstein, J. M., Humfleet, G. L., Reilly, P. M., Tusel, D. J., & Hall, S. M. (1998). Superior efficacy of cognitive-behavioral therapy for urban crack cocaine abusers: Main and matching effects. *Journal of Consulting and Clinical Psychology*, 66, 832-837. <https://doi.org/10.1037/0022-006X.66.5.832>

Monti, P. M., Kadden, R. M., Rohsenow, D. J., Cooney, N. L., & Abrams, D. B. (2002). *Treating alcohol dependence: A coping skills training guide*. New York: The Guilford Press.

Monti, P. M., Rohsenow, D. J., Michalec, E., Martin, R. A., & Abrams, D. B. (1997). Brief coping skills treatment for cocaine abuse: Substance use outcomes at three months. *Addiction*, 92, 1717-1728. <https://doi.org/10.1111/j.1360-0443.1997.tb02892.x>

Thompson, T., & Hollon, S. D. (2000). Behavioral and cognitive-behavioral interventions. In M. D. Ebert, P. T. Loosen, & B. Nurcombe (Eds.), *Current diagnosis and treatment in psychology* (pp. 18-28). New York: Lange Medical Books/McGraw Hill.

Wolpe, J. (1954). Reciprocal inhibition as the main basis of psychotherapeutic effects. *AMA Archives of Neurology and Psychiatry*, 72, 205-226. <https://doi.org/10.1001/archneurpsyc.1954.02330020073007>

Lisa H. Glynn i Theresa B. Moyers Dialog motywujący jako terapia uzależnień

Amrhein, P. C., Miller, W. R., Yahne, C. E., Palmer, M., & Fulcher, L. (2003). Client commitment language during motivational interviewing predicts drug use outcomes. *Journal of Consulting and Clinical Psychology*, 71, 862-878. <https://doi.org/10.1037/0022-006X.71.5.862>

Baer, J. S., Ball, S. A., Campbell, B. K., Miele, G. M., Schoener, E. P., & Tracy, K. (2007). Training and fidelity monitoring of behavioral interventions in multi-site addictions research. *Drug and Alcohol Dependence*, 87, 107-118. <https://doi.org/10.1016/j.drugalcdep.2006.08.028>

Burke, B. L., Arkowitz, H., & Menchola, M. (2003). The efficacy of motivational interviewing: A meta-analysis of controlled clinical trials. *Journal of Consulting and Clinical Psychology*, 71, 843-861. <https://doi.org/10.1037/0022-006X.71.5.843>

Carroll, K. M., Ball, S. A., Nich, C., Martino, S., Frankforter, T. L., Farentinos, C., et al. (2006). Motivational interviewing to improve treatment engagement and outcome in individuals seeking treatment for substance abuse: A multisite effectiveness study. *Drug and Alcohol Dependence*, 81(3), 301-312. <https://doi.org/10.1016/j.drugalcdep.2005.08.002>

Hettema, J., Steele, J., & Miller, W. R. (2005). Motivational interviewing. *Annual Review of Clinical Psychology*, 1, 91-111. <https://doi.org/10.1146/annurev.clinpsy.1.102803.143833>

- Martino, S., Ball, S. A., Nich, C., Frankforter, T. L., & Carroll, K. M. (2008). Community program therapist adherence and competence in motivational enhancement therapy. *Drug and Alcohol Dependence*, 96, 37-48. <https://doi.org/10.1016/j.drugalcdep.2008.01.020>
- Miller, W. R., Benefield, R., & Tonigan, J. S. (1993). Enhancing motivation for change in problem drinking: A controlled comparison of two therapist styles. *Journal of Consulting and Clinical Psychology*, 61, 455-461. <https://doi.org/10.1037/0022-006X.61.3.455>
- Miller, W. R., & Rollnick, S. (2002). *Motivational interviewing: Preparing people for change* (2nd ed.). New York: Guilford Press. <https://doi.org/10.1097/01445442-200305000-00013>
- Miller, W. R., Yahne, C. E., Moyers, T. B., Martinez, J., & Pirritano, M. (2004). A randomized trial of methods to help clinicians learn motivational interviewing. *Journal of Consulting and Clinical Psychology*, 72, 1050-1062. <https://doi.org/10.1037/0022-006X.72.6.1050>
- Moyers, T. B., Manuel, J. K., Wilson, P. G., Hendrickson, S. M., Talcott, W., & Durand, P. (2008). A randomized trial investigating training in motivational interviewing for behavioral health providers. *Behavioural and Cognitive Psychotherapy*, 36, 149-162. <https://doi.org/10.1017/S1352465807004055>
- Moyers, T. B., & Martin, T. (2006). Therapist influence on client language during motivational interviewing sessions. *Journal of Substance Abuse Treatment*, 30, 245-251. <https://doi.org/10.1016/j.jsat.2005.12.003>
- Moyers, T. B., Martin, T., Christopher, P. J., Houck, J. M., Tonigan, J. S., & Amrhein, P. C. (2007). Client language as a mediator of motivational interviewing efficacy: Where is the evidence? *Alcoholism: Clinical and Experimental Research*, 31, 40S-47S. <https://doi.org/10.1111/j.1530-0277.2007.00492.x>
- Moyers, T. B., Miller, W. R., & Hendrickson, S. M. (2005). How does motivational interviewing work? Therapist interpersonal skill predicts client involvement within motivational interviewing sessions. *Journal of Consulting and Clinical Psychology*, 73, 590-598. <https://doi.org/10.1037/0022-006X.73.4.590>
- Patterson, G. R., & Forgatch, M. S. (1985). Therapist behavior as a determinant for client noncompliance: A paradox for the behavior modifier. *Journal of Consulting and Clinical Psychology*, 53, 846-851. <https://doi.org/10.1037/0022-006X.53.6.846>
- Prochaska, J. O., DiClemente, C. C., & Norcross, J. C. (1992). In search of how people change: Applications to addictive behaviors. *American Psychologist*, 47, 1102-1114. <https://doi.org/10.1037/0003-066X.47.9.1102>
- Soria, R., Legido, A., Escolano, C., Lopez Yeste, A., & Montoya, J. (2006). A randomised controlled trial of motivational interviewing for smoking cessation. *British Journal of General Practice*, 56, 768-774.
- Vasilaki, E. I., Hosier, S. G., & Cox, W. M. (2006). The efficacy of motivational interviewing as a brief intervention for excessive drinking: A meta-analytic review. *Alcohol and Alcoholism*, 41, 328-335. <https://doi.org/10.1093/alcalc/agl016>

- Aalto, M., Pekuri, P., & Seppa, K. (2003). Obstacles to carrying out brief intervention for heavy drinkers in primary health care: a focus group study. *Drug and Alcohol Review*, 22, 169-173. <https://doi.org/10.1080/09595230100100606>
- Agosti, V. (1995). The efficacy of treatments in reducing alcohol consumption: A meta-analysis. *International Journal of the Addictions*, 30(8), 1067-1077. <https://doi.org/10.3109/10826089509055828>
- Aira, M., Kauhanen, J., Larivaara, P., & Rautio, P. (2003). Factors influencing inquiry about patients' alcohol consumption by primary health care physicians: Qualitative semi-structured interview study. *Family Practice*, 20(3), 270-275. <https://doi.org/10.1093/fampra/cm307>
- Anderson, P., Kaner, E., Wutzke, S., Funk, M., Heather, N., Wensing, M., et al. (2004a). Attitudes and managing alcohol problems in general practice: An interaction analysis based on findings from a WHO collaborative study. *Alcohol & Alcoholism*, 39, 351-359. <https://doi.org/10.1093/alcalc/agh072>
- Anderson, P., Kaner, E., Wutzke, S., Wensing, M., Grol, R., Heather, N., et al. (2003). Attitudes and management of alcohol problems in general practice: Descriptive analysis based on findings of a World Health Organisation international collaborative survey. *Alcohol & Alcoholism*, 38(6), 597-601. <https://doi.org/10.1093/alcalc/agg119>
- Anderson, P., Laurant, M., Kaner, E., Wensing, M., & Grol, R. (2004b). Engaging general practitioners in the management of alcohol problems: Results of a meta-analysis. *Journal of Studies on Alcohol*, 65(2), 191-199. <https://doi.org/10.15288/jsa.2004.65.191>
- Babor, T. E., Higgins-Biddle, J., Dauser, D., Higgins, P., & Burleson, J. A. (2005). Alcohol screening and brief intervention in primary care settings: Implementation models and predictors. *Journal of Studies on Alcohol*, 66(3), 361-368. <https://doi.org/10.15288/jsa.2005.66.361>
- Babor, T. F. (1994). Avoiding the horrid and beastly sin of drunkenness: Does dissuasion make a difference? *Journal of Consulting and Clinical Psychology*, 62(6), 1127-1140. <https://doi.org/10.1037//0022-006X.62.6.1127>
- Babor, T. F., & Higgins-Biddle, J. (2000). Alcohol screening and brief intervention: Dissemination strategies for medical practice and public health. *Addiction*, 95(5), 677-686. <https://doi.org/10.1046/j.1360-0443.2000.9556773.x>
- Babor, T. F., Higgins-Biddle, J. C., Dauser, D., Burleson, J. A., Zarkin, G. A., & Bray, J. (2006). Brief interventions for at-risk drinking: Patient outcomes and cost-effectiveness in managed care organizations. *Alcohol & Alcoholism*, 41(6), 624-631. <https://doi.org/10.1093/alcalc/agl078>
- Baer, J., Kivlahan, D. R., Blume, A., McKnight, P., & Marlatt, G. (2001). Brief Intervention for heavy-drinking college students: 4-year follow-up and natural history. *American Journal of Public Health*, 91(8), 1310-1315. <https://doi.org/10.2105/AJPH.91.8.1310>
- Baer, J. S., Marlatt, G. A., Kivlahan, D. R., Fromme, K., Larimer, M. E., & Williams, E. (1992). An experimental test of three methods of alcohol risk reduction with young adults. *Journal of Consulting and Clinical Psychology*, 60(6), 974-979. <https://doi.org/10.1037/0022-006X.60.6.974>
- Ballesteros, J. A., Duffy, J. C., Querejeta, I., Arino, J., & Gonzalez-Pinto, A. (2004). Efficacy of brief interventions for hazardous drinkers in primary care: Systematic review and meta-analysis. *Alcoholism, Clinical & Experimental Research*, 28(4), 608-618. <https://doi.org/10.1097/01.ALC.0000122106.84718.67>

- Bandura, A. (1986). Social foundations of thought and action: A social cognitive theory. Englewood Cliffs, NJ: Prentice Hall.
- Barrison, I. G., Viola, L., Mumford, J., Murray, R. M., Gordon, M., & Murray-Lyon, I. M. (1982). Detecting excessive drinking among admissions to a general hospital. *Health Trends*, 14, 80-83.
- Bertholet, N., Daeppen, J.-B., Wietlisbach, V., Fleming, M., & Burnand, B. (2005). Brief alcohol intervention in primary care: Systematic review and meta-analysis. *Archives of Internal Medicine*, 165, 986-995. <https://doi.org/10.1001/archinte.165.9.986>
- Bien, T. H., Miller, W. R., & Tonigan, J. S. (1993). Brief interventions for alcohol problems: A review. *Addiction*, 88(3), 315-335. <https://doi.org/10.1111/j.1360-0443.1993.tb00820.x>
- Borsari, B., & Carey, K. B. (2000). Effects of a brief motivational intervention with college student drinkers. *Journal of Consulting and Clinical Psychology*, 68(4), 728-733. <https://doi.org/10.1037/0022-006X.68.4.728>
- Bush, K., Kivlahan, D. R., McDonell, M. B., Fihn, S. D., & Bradley, K. A. (1998). The AUDIT alcohol consumption questions (AUDIT-C): An effective brief screening test for problem drinking. *Archives of Internal Medicine*, 158, 1789-1795. <https://doi.org/10.1001/archinte.158.16.1789>
- Canagasaby, A., & Vinson, D. C. (2005). Screening for hazardous or harmful drinking using one or two quantity-frequency questions. *Alcohol & Alcoholism*, 40(3), 208-213. <https://doi.org/10.1093/alcalc/agh156>
- Chick, J., Lloyd, G., & Crombie, E. (1985). Counselling problem drinkers in medical wards: A controlled study. *BMJ*, 290, 965-967. <https://doi.org/10.1136/bmj.290.6473.965>
- Drummond, C., Oyefeso, A., Phillips, T., Cheeta, S., Deluca, P., Perryman, K., et al. (2004). Alcohol needs assessment research project (ANARP): The 2004 national needs assessment for England. Department of Health, London. <https://doi.org/10.1037/e624392007-001>
- Edwards, G., Orford, J., Egert, S., Guthrie, S., Hawker, A., Hensman, C., et al. (1977). Alcoholism: A controlled trial of treatment and advice. *Journal of Studies on Alcohol*, 38(5), 1004-1031. <https://doi.org/10.15288/jsa.1977.38.1004>
- Emmen, M. J., Schippers, G. M., Bleijenberg, G., & Wollersheim, H. (2004). Effectiveness of opportunistic brief interventions for problem drinking in a general hospital setting: Systematic review. *BMJ*, 328, 318-320. <https://doi.org/10.1136/bmj.37956.562130.EE>
- Farrell, M., & David, A. (1988). Do psychiatric registrars take a proper drinking history? *British Journal of Addiction*, 296, 395-396. <https://doi.org/10.1136/bmj.296.6619.395>
- Flay, B. R. (1986). Efficacy and effectiveness trials (and other phases of research) in the development of health promotion programs. *Preventive Medicine*, 15, 451-474. [https://doi.org/10.1016/0091-7435\(86\)90024-1](https://doi.org/10.1016/0091-7435(86)90024-1)
- Freemantle, N., Gill, P., Godfrey, C., Long, A., Richards, C., Sheldon, T., et al. (1993). Brief Interventions and alcohol use. *Effective Health Care Bulletin*, 7, 1-13. <https://doi.org/10.1136/qshc.2.4.267>
- Fry, F. (1980). Primary care. London: Heineman Medical Books Limited.
- Funk, M., Wutzke, S., Kaner, E., Anderson, P., Pas, L., McCormick, R., et al. (2005). A multicountry controlled trial of strategies to promote dissemination and implementation of brief alcohol

intervention in primary health care: Findings of a World Health Organization collaborative study. *Journal of Studies on Alcohol*, 66(3), 379-388. <https://doi.org/10.15288/jsa.2005.66.379>

Heather, N. (1996). The public health and brief interventions for excessive alcohol consumption: The British experience. *Addictive Behaviors*, 21(6), 857-868. [https://doi.org/10.1016/0306-4603\(96\)00040-8](https://doi.org/10.1016/0306-4603(96)00040-8)

Heather, N. (2007). A long-standing WHO collaborative Project on early identification and brief alcohol intervention in primary care comes to an end (editorial). *Addiction*, 38, 1004-1031.

Heather, N., & Robertson, I. (1983). *Controlled drinking*. London: Methuen.

Heather, N., Whitton, B., & Robertson, I. (1986). Evaluation of a self-help manual for media recruited problem drinkers: Six month follow-up results. *British Journal of Clinical Psychology*, 25, 19-34. <https://doi.org/10.1111/j.2044-8260.1986.tb00667.x>

Hester, R. (1995). Behavioural self-control training. In R. Hester & W. Miller (Eds.), *Handbook of alcoholism treatment approaches: Effective alternatives* (2nd ed., pp. 148-159) Massachusetts: Needham Heights.

Higgins-Biddle, J. C., & Babor, T. F. (1996). *Reducing risky drinking*. Connecticut: University of Connecticut.

Hodgson, R., Alwyn, T., John, B., Thom, B., & Smith, A. (2002). The FAST alcohol screening test. *Alcohol & Alcoholism*, 37(1), 61-66. <https://doi.org/10.1093/alcalc/37.1.61>

Holloway, A. S., Watson, H. E., Arthur, A. J., Starr, G., McFadyen, A. K., & McIntosh, J. (2007). The effect of brief interventions of alcohol consumption among heavy drinkers in a general hospital setting. *Addiction*, 102, 1762-1770. <https://doi.org/10.1111/j.1360-0443.2007.01968.x>

Huntley, D., Blain, C., Hood, S., & Touquet, R. (2001). Improving detection of alcohol misuse in patients presenting to accident and emergency departments. *Emergency Medicine Journal*, 18, 99-104. <https://doi.org/10.1136/emj.18.2.99>

Hutchings, D., Cassidy, P., Dallolio, E., Pearson, P., Heather, N., & Kaner, E. (2006). Implementing screening and brief alcohol interventions in primary care: Views from both sides of the consultation. *Primary Care Research and Development*, 7, 221-229.

Kaariainen, J., Sillanaukee, P., Poutanen, P., & Seppa, K. (2001). Opinions on alcohol-related issues among professionals in primary, occupational and specialized health care. *Alcohol & Alcoholism*, 36(2), 141-146. <https://doi.org/10.1093/alcalc/36.2.141>

Kaner, E., Beyer, F., Dickinson, H., Pienaar, E., Campbell, F., Schlesinger, C., et al. (2007). Effectiveness of brief alcohol interventions in primary care populations *Drug Alcohol Rev.* 2009 May;28(3):301-23 <https://doi.org/10.1111/j.1465-3362.2009.00071.x>

Kaner, E., Heather, N., Brodie, J., Lock, C., & McAvoy, B. (2001). Patient and practitioner characteristics predict brief alcohol intervention in primary care. *British Journal of General Practice*, 51, 822-827.

Kaner, E. F. S., Heather, N., McAvoy, B. R., Lock, C. A., & Gilvarry, E. (1999a). Intervention for excessive alcohol consumption in primary health care: Attitudes and practices of English general practitioners. *Alcohol and Alcoholism*, 34(4), 559-566. <https://doi.org/10.1093/alcalc/34.4.559>

- Kaner, E. F. S., Lock, C. A., McAvoy, B. R., Heather, N., & Gilvarry, E. (1999b). A RCT of three training and support strategies to encourage implementation of screening and brief alcohol intervention by general practitioners. *British Journal of General Practice*, 49, 699-703.
- Kreitman, N. (1986). Alcohol consumption and the preventive paradox. *British Journal of Addictions*, 81, 353-363. <https://doi.org/10.1111/j.1360-0443.1986.tb00342.x>
- Kristenson, H., Ohlin, H., Hulten-Nosslin, M., Trell, E., & Hood, B. (1983). Identification and intervention of heavy drinking in middle-aged men: Results and follow-up of 24-60 months of long-term study with randomized controls. *Alcohol Clinical and Experimental Research*, 7, 203-210. <https://doi.org/10.1111/j.1530-0277.1983.tb05441.x>
- Lloyd, G., Chick, J., Crombie, E., & Anderson, S. (1986). Problem drinkers in medical wards: Consumption patterns and disabilities in newly identified male cases. *British Journal of Addiction*, 81, 789-795. <https://doi.org/10.1111/j.1360-0443.1986.tb00406.x>
- Lock, C., Kaner, E., Lamont, S., & Bond, S. (2002). A qualitative study of nurses' attitudes and practices regarding brief alcohol intervention in primary health care. *Journal of Advanced Nursing*, 39(4), 333-342. <https://doi.org/10.1046/j.1365-2648.2002.02294.x>
- Lock, C. A., & Kaner, E. F. S. (2004). Implementation of brief alcohol interventions by nurses in primary care: Do non-clinical factors influence practice? *Family Practice*, 21(3), 270-275. <https://doi.org/10.1093/fampra/cmh310>
- Lock, C. A., Kaner, E. F. S., Heather, N., McAvoy, B. R., & Gilvarry, E. (1999). A randomised trial of three marketing strategies to disseminate a screening and brief alcohol intervention programme to general practitioners. *British Journal of General Practice*, 49, 695-698.
- Longabaugh, R., Woolard, R. F., Nirenberg, T. D., Minugh, A. P., Becker, B., Clifford, P. R., et al. (2001). Evaluating the effects of a brief motivational intervention for injured drinkers in the emergency department. *Journal of Studies on Alcohol*, 62, 806-816. <https://doi.org/10.15288/jsa.2001.62.806>
- Maheswaran, R., Beevers, M., & Beevers, D. G. (1992). Effectiveness of advice to reduce alcohol consumption in hypertensive patients. *Hypertension*, 19(1), 79-84. <https://doi.org/10.1161/01.HYP.19.1.79>
- Malbon, G., Bridgwood, A., Lader, D., & Matheson, J. (1996). *Health in England 1995: What people know, what people think, what people do*. London, UK: Office for Population and Census Surveys.
- Marlatt, G. A., Baer, J. S., Kivlahan, D. R., Dimeff, L. A., Larimer, M. E., Quigley, L. A., et al. (1998). Screening and brief intervention for high-risk college student drinkers: Results from a 2-year follow-up assessment. *Journal of Consulting and Clinical Psychology*, 66(4), 604-615. <https://doi.org/10.1037/0022-006X.66.4.604>
- McAvoy, B., Kaner, E., Haighton, K., Heather, N., & Gilvarry, E. (1997). "Drink-less"-Marketing a brief intervention package in UK general practice. *Family Practice*, 14(5), 427-428.
- McCambridge, J., & Strang, J. (2005). Deterioration over time in effect of motivational interviewing in reducing drug consumption and related risk among young people. *Addiction*, 100(4), 470-478. <https://doi.org/10.1111/j.1360-0443.2005.01013.x>
- Miller, W., & Rollnick, S. (1991). *Motivational interviewing; preparing people to change addictive behavior*. New York: Guilford Press.

Miller, W., & Rollnick, S. (2002). *Motivational interviewing: Preparing people for change*. New York: Guilford.

Miller, W., & Sanchez, V. (1993). *Motivating young adults for treatment and lifestyle change*. Notre Dame, IN: University of Notre Dame Press.

Miller, W., Taylor, C. A., & West, J. (1980). Focused versus broad spectrum behaviour therapy for problem drinkers. *Journal of Consulting and Clinical Psychology*, 48, 590-601.
<https://doi.org/10.1037/0022-006X.48.5.590>

Miller, W. R., & Taylor, C. A. (1980). Relative effectiveness of bibliotherapy, individual and group self-control training in the treatment of problem drinkers. *Addictive Behaviours*, 5, 13-24.
[https://doi.org/10.1016/0306-4603\(80\)90017-9](https://doi.org/10.1016/0306-4603(80)90017-9)

Monti, P. M., Spirito, A., Myers, M., Colby, S. M., Barnett, N. P., Rohsenow, D. J., et al. (1999). Brief intervention for harm reduction with alcohol-positive older adolescents in a hospital emergency department. *Journal of Consulting and Clinical Psychology*, 67(6), 989-994.
<https://doi.org/10.1037/0022-006X.67.6.989>

Moyer, A., Finney, J. W., Swearingen, C. E., & Vergun, P. (2002). Brief interventions for alcohol problems: A meta-analytic review of controlled investigations in treatment-seeking and non-treatment-seeking populations. *Addiction*, 97(3), 279-292. <https://doi.org/10.1046/j.1360-0443.2002.00018.x>

Nilssen, O. (1991). The Tromso Study: Identification of and a controlled intervention on a population of early-stage risk drinkers. *Preventive Medicine*, 20, 518-528. [https://doi.org/10.1016/0091-7435\(91\)90049-A](https://doi.org/10.1016/0091-7435(91)90049-A)

Persson, J., & Magnusson, P. H. (1989). Early intervention in patients with excessive consumption of alcohol: A controlled study. *Alcohol*, 6(5), 403-408. [https://doi.org/10.1016/0741-8329\(89\)90011-6](https://doi.org/10.1016/0741-8329(89)90011-6)

Piccinelli, M., Tessari, E., Bortolomasi, M., Piasere, O., Semenzin, M., Garzotto, N., et al. (1997). Efficacy of the alcohol use disorders identification test as a screening tool for hazardous alcohol intake and related disorders in primary care: A validity study. *British Medical Journal*, 314, 420-424.
<https://doi.org/10.1136/bmj.314.7078.420>

Poikolainen, K. (1999). Effectiveness of brief interventions to reduce alcohol intake in primary health care populations: A meta-analysis. *Preventive Medicine*, 28, 503-509.
<https://doi.org/10.1006/pmed.1999.0467>

Poikolainen, K., Paljarvi, T., & Makela, P. (2007). Alcohol and the preventive paradox: Serious harms and drinking patterns. *Addiction*, 102(4), 571-578. <https://doi.org/10.1111/j.1360-0443.2006.01740.x>

Raistrick, D., Heather, N., & Godfrey, C. (2006). *Review of the effectiveness of treatment for alcohol problems*. National Treatment Agency for Substance Misuse, NHS, UK.

Reinert, D., & Allen, J. (2007). The alcohol use disorders identification test: An update of research findings. *Alcoholism: Clinical and Experimental Research*, 31(2), 185-199.
<https://doi.org/10.1111/j.1530-0277.2006.00295.x>

Richmond, R., Heather, N., Holt, P., & Hu, W. (1990). *Workplace policies and programmes for tobacco, alcohol and other drugs in Australia*. Canberra: Australian Government Printing Service.

Richmond, R., Kehoe, L., Heather, N., Wodak, A., & Webster, I. (1996). General practitioners' promotion of healthy life styles: What patients think. *Australian and New Zealand Journal of Public Health*, 20(2), 195-200. <https://doi.org/10.1111/j.1753-6405.1996.tb01818.x>

Roche, A., Hotham, E., & Richmond, R. (2002). The general practitioner's role in AOD issues: Overcoming individual, professional and systemic barriers. *Drug and Alcohol Review*, 21, 223-230. <https://doi.org/10.1080/0959523021000002679>

Roche, A. M., & Freeman, T. (2004). Brief interventions: Good in theory but weak in practice. *Drug and Alcohol Review*, 23, 11-18. <https://doi.org/10.1080/09595230410001645510>

Rollnick, S., Mason, P., & Butler, C. (1999). *Health behaviour change: A guide for practitioners*. Edinburgh: Churchill Livingstone.

Rossow, I., & Romelsjo, A. (2006). The extent of the "prevention paradox" in alcohol problems as a function of population drinking patterns. *Addiction*, 101(1), 84-90. <https://doi.org/10.1111/j.1360-0443.2005.01294.x>

Royal College of Physicians. (1987). *A great and growing evil: The medical consequences of alcohol abuse*. London/New York: Tavistock.

Rush, B. R., Urbanoski, K. A., & Allen, B. A. (2003). Physicians' enquiries into their patients' alcohol use: Public views and recalled experiences. *Addiction*, 98, 895-900. <https://doi.org/10.1046/j.1360-0443.2003.00410.x>

Russell, M. A. H., Wilson, C., Taylor, C., & Baker, C. (1979). Effect of general practitioners' advice against smoking. *British Medical Journal*, 283, 231-234. <https://doi.org/10.1136/bmj.2.6184.231>

Saunders, J. B., Aasland, O. G., Babor, T. F., De La Fuente, J. R., & Grant, M. (1993). Development of the Alcohol Use Disorders Identification Test (AUDIT): WHO collaborative project on early detection of persons with harmful alcohol consumption. II. *Addiction*, 88(6), 791-804. <https://doi.org/10.1111/j.1360-0443.1993.tb02093.x>

Shaw, S., Sprately, T., Cartwright, A., & Harwin, J. (1978). *Responding to drinking problems*. London: Croom Helm.

Sobell, M. B., & Sobell, L. L. (1995). Controlled drinking after 25 years: How important was the great debate? *Addiction*, 90, 1149-1153. <https://doi.org/10.1111/j.1360-0443.1995.tb01077.x>

Wallace, P. (2001). Patients with alcohol problems: Simple questioning is the key to effective identification and management. *British Journal of General Practice*, 51, 172-173.

Wallace, P. G., & Haines, A. P. (1984). General practitioner and health promotion: What patients think. *British Medical Journal*, 289, 534-536. <https://doi.org/10.1136/bmj.289.6444.534>

Watt, K., Shepherd, J., & Newcombe, R. (2008). Drunk and dangerous: A randomised controlled trial of alcohol brief intervention for violent offenders. *Journal of Experimental Criminology*, 4, 1-19. <https://doi.org/10.1007/s11292-007-9048-7>

Whitlock, E. P., Polen, M. R., Green, C. A., Orleans, T., & Klein, J. (2004). Behavioral counseling interventions in primary care to reduce risky/harmful alcohol use by adults: A summary of the evidence for the US Preventive Services Task Force. *Annals of Internal Medicine*, 140, 557-568. <https://doi.org/10.7326/0003-4819-140-7-200404060-00017>

Wilk, A. I., Jensen, N. M., & Havinghurst, T. C. (1997). Meta-analysis of randomized control trials addressing brief interventions in heavy alcohol drinkers. *Journal of General Internal Medicine*, 12, 274-283. <https://doi.org/10.1007/s11606-006-5063-z>

Winett, R. A. (1995). A framework for health promotion and disease prevention programs. *American Psychologist*, 50(5), 341-350. <https://doi.org/10.1037/0003-066X.50.5.341>

G. Alan Marlatt, Sarah W. Bowen i Katie Witkiewitz **Zapobieganie **nawrotom picia: dane empiryczne i kierunki rozwoju****

American Psychological Association. (2007). Relapse prevention over time with G. Alan Marlatt, Ph.D. APA Psychotherapy Video Series. Washington, DC: American Psychological Association.

Bandura, A. (1977). Self-efficacy: Toward a unifying theory of behavioral change. *Psychological Review*, 84, 191-215. <https://doi.org/10.1037/0033-295X.84.2.191>

Bowen, S., Witkiewitz, K., Dillworth, T., Chawla, N., Simpson, T., Ostafin, B., et al. (2006). Mindfulness meditation and substance use in an incarcerated population. *Psychology of Addictive Behaviors*, 20, 343-347. <https://doi.org/10.1037/0893-164X.20.3.343>

Carroll, K. M. (1996). Relapse prevention as a psychosocial treatment: A review of controlled clinical trials. *Experimental and Clinical Psychopharmacology*, 4, 46-54. <https://doi.org/10.1037/1064-1297.4.1.46>

Carroll, K. M., Rounsaville, B. J., Nich, C., & Gordon, L. T. (1994). One-year follow-up of psychotherapy and pharmacotherapy for cocaine dependence: Delayed emergence of psychotherapy effects. *Archives of General Psychiatry*, 51, 989-997. <https://doi.org/10.1001/archpsyc.1994.03950120061010>

Catalano, R. F., & Hawkins, J. D. (1996). The social development model: A theory of antisocial behavior. In J. D. Hawkins (Ed.), *Delinquency and crime: Current theories*. New York: Cambridge University Press.

Curry, S., Marlatt, G. A., & Gordon, J. R. (1987). Abstinence violation effect: Validation of an attributional construct with smoking cessation. *Journal of Consulting and Clinical Psychology*, 55, 145-149. <https://doi.org/10.1037/0022-006X.55.2.145>

DiClemente, C. C., & Hughes, S. O. (1990). Stages of change profiles in outpatient alcoholism treatment. *Journal of Substance Abuse*, 2, 217-235. [https://doi.org/10.1016/S0899-3289\(05\)80057-4](https://doi.org/10.1016/S0899-3289(05)80057-4)

Dutra, L., Stathopoulou, G., Basden, S. L., Leyro, T. M., Powers, M. B., & Otto, M. W. (2008). A meta-analytic review of psychosocial interventions for substance use disorders. *American Journal of Psychiatry*, 165, 179-187. <https://doi.org/10.1176/appi.ajp.2007.06111851>

Glasser, W. (1976). *Positive addiction*. New York: Harper and Row.

Irvin, J. E., Bowers, C. A., Dunn, M. E., & Wang, M. C. (1999). Efficacy of relapse prevention: A meta-analytic review. *Journal of Consulting and Clinical Psychology*, 67, 563-570. <https://doi.org/10.1037/0022-006X.67.4.563>

Jones, B. T., Corbin, W., & Fromme, K. (2001). A review of expectancy theory and alcohol consumption. *Addiction*, 96, 57-72. <https://doi.org/10.1046/j.1360-0443.2001.961575.x>

Lowman, C., Allen, J., Stout, R. L., & Relapse Research Group. (1996). Replication and extension of Marlatt's taxonomy of relapse precipitants: Overview of procedures and results. *Addiction*, 91(Suppl.), S51-S71. <https://doi.org/10.1111/j.1360-0443.1996.tb02327.x>

Marlatt, G. (1980). A cognitive behavioral model of the relapse process. In N. A. Krasnegor (Ed.), *Behavioral analysis and treatment of substance abuse*. Rockville, MD: National Institute on Drug Abuse.

Marlatt, G. A. (1996). Section I. Theoretical perspectives on relapse: Taxonomy of high-risk situations for alcohol relapse: Evolution and development of a cognitive behavioral model. *Addiction*, 91(Suppl.), S37-S49. <https://doi.org/10.1111/j.1360-0443.1996.tb02326.x>

Marlatt, G. A., Bowen, S., Chawla, N., & Witkiewitz, K. (2008). Mindfulness-based relapse prevention for substance abusers: Therapist training and therapeutic relationships. In S. Hick & T. Bien (Eds.), *Mindfulness and the therapeutic relationship*. New York: Guilford Press.

Marlatt, G. A., & Gordon, J. R. (Eds.) (1985). *Relapse prevention: Maintenance strategies in the treatment of addictive behaviors*. New York: The Guilford Press.

Marlatt, G. A., Witkiewitz, K., Dillworth, T. M., Bowen, S., Parks, G. A., MacPherson, L. M., et al. (2004). Vipassana meditation as a treatment for alcohol and drug use disorders. In S. C. Hayes, M. M. Linehan, & V. M. Follette (Eds.), *Mindfulness and acceptance: In the new cognitive behavior therapies*. New York: Guildford Press.

McAuliffe, W. E. (1990). A randomized controlled trial of recovery training and self-help for opioid addicts in New England and Hong Kong. *Journal of Psychoactive Drugs*, 22, 197-209.

<https://doi.org/10.1080/02791072.1990.10472544>

Piasecki, T. M., Niaura, R., Shadel, W. G., Abrams, D., Goldstein, M., Fiore, M. C., & Baker, T. B. (2000). Smoking withdrawal dynamics in unaided quitters. *Journal of Abnormal Psychology*, 109, 74-86.

<https://doi.org/10.1037/0021-843X.109.1.74>

Prochaska, J. O., & DiClemente, C. C. (1983). Stages and processes of self-change of smoking: Toward an integrative model of change. *Journal of Consulting and Clinical Psychology*, 51, 390-395.

<https://doi.org/10.1037/0022-006X.51.3.390>

Rawson, R. A., Marinelli-Casey, P., Anglin, M. D., Dickow, A., Frazier, Y., Gallagher, C., et al. (2004). A multi-site comparison of psychosocial approaches for the treatment of methamphetamine dependence. *Addiction*, 99, 708-717. <https://doi.org/10.1111/j.1360-0443.2004.00707.x>

Roffman, R. A., & George, W. H. (1988). Assessment of cannabis abuse. In D. M. Donovan & G. A. Marlatt (Eds.), *Assessment of addictive behaviors*. New York: Guilford.

Schmitz, J. M., Averill, P., Sayre, S., McCleary, P., Moeller, F., & Swann, A. (2002). Cognitive behavioral treatment of bipolar disorder and substance abuse: A preliminary randomized study. *Addictive Disorders Treatment*, 1, 17-24. <https://doi.org/10.1097/00132576-200205000-00004>

Spanagel, R., & Kiefer, F. (2008). Drugs for relapse prevention of alcoholism: Ten years of progress. *Trends in Pharmacological Sciences*, 29, 109-115. <https://doi.org/10.1016/j.tips.2007.12.005>

Stephens, R. S., Roffman, R. A., & Curtin, L. (2000). Comparison of extended versus brief treatments for marijuana use. *Journal of Consulting and Clinical Psychology*, 68, 898-908.

<https://doi.org/10.1037/0022-006X.68.5.898>

Witkiewitz, K. (2008). Lapses following alcohol treatment: Modeling the falls from the wagon. *Journal of Studies on Alcohol and Drugs*, 69, 594-604. <https://doi.org/10.15288/jsad.2008.69.594>

Witkiewitz, K., & Marlatt, G. A. (2004). Relapse prevention for alcohol and drug problems: That was Zen, this is Tao. *American Psychologist*, 59, 224-235. <https://doi.org/10.1037/0003-066X.59.4.224>

Witkiewitz, K., Marlatt, G. A., & Walker, D. D. (2005). Mindfulness-based relapse prevention for alcohol use disorders. *Journal of Cognitive Psychotherapy*, 19, 211-228. <https://doi.org/10.1891/jcop.2005.19.3.211>

Witkiewitz, K., van der Maas, H. J., Hufford, M. R., & Marlatt, G. A. (2007). Non-normality and divergence in post-treatment alcohol use: Re-examining the Project MATCH data "Another Way." *Journal of Abnormal Psychology*, 116, 378-394. <https://doi.org/10.1037/0021-843X.116.2.378>

Adrian B. Kelly Zastosowanie behawioralnej terapii par w leczeniu odwykowym

Barber, J. G., & Crisp, B. R. (1995). The "pressures to change" approach to working with the partners of heavy drinkers. *Addiction*, 90, 269-276. <https://doi.org/10.1111/j.1360-0443.1995.tb01044.x>

Birchler, G. R., & Fals-Stewart, W. (2003). Does reduced conflict during treatment mediate the effect of BCT on partner violence after treatment among male alcoholics? In a symposium conducted at the annual meeting of the Association for the Advancement of Behavior Therapy. Boston.

Burleson, B. R., & Denton, W. H. (1997). The relationship between communication skill and marital satisfaction: Some moderating effects. *Journal of Marriage and the Family*, 59, 884-902. <https://doi.org/10.2307/353790>

Cohan, C. L., & Bradbury, T. N. (1997). Negative life events, marital interaction, and the longitudinal course of newlywed marriage. *Journal of Personality and Social Psychology*, 73, 114-128. <https://doi.org/10.1037/0022-3514.73.1.114>

Denton, W. H., Burleson, B. R., Clark, T. E., Rodriguez, C. P., & Hobbs, B. V. (2000). A randomized trial of emotion-focused therapy for couples in a training clinic. *Journal of Marital and Family Therapy*, 26, 65-78. <https://doi.org/10.1111/j.1752-0606.2000.tb00277.x>

Fincham, F. D., Beach, S. R. H., & Davila, J. (2007). Longitudinal relations between forgiveness and conflict resolution in marriage. *Journal of Family Psychology*, 21(3), 542-545. <https://doi.org/10.1037/0893-3200.21.3.542>

Galvani, S. A. (2007). Safety in numbers? Tackling domestic abuse in couples and network therapies. *Drug and Alcohol Review*, 26, 175-181. <https://doi.org/10.1080/09595230601146694>

Greenberg, L. S., Ford, C. L., Alden, L. S., & Johnson, S. M. (1993). In-session change in emotionally focused therapy. *Journal of Consulting and Clinical Psychology*, 61(1), 78-84. <https://doi.org/10.1037/0022-006X.61.1.78>

Halford, W. K., Price, J., Kelly, A. B., Bouma, R., & Young, R. McD. (2001). Helping the wives of men who abuse alcohol: A comparison of the effects of three treatments. *Addiction*, 96, 1497-1508. <https://doi.org/10.1046/j.1360-0443.2001.9610149713.x>

Heavey, C. L., Christensen, A., & Malamuth, N. M. (1995). The longitudinal impact of demand and withdrawal during marital conflict. *Journal of Consulting and Clinical Psychology*, 63, 797-801. <https://doi.org/10.1037/0022-006X.63.5.797>

Jacobson, N. S., & Addis, A. (1993). Research on couples and couple therapy. What do we know? Where are we going? *Journal of Consulting and Clinical Psychology*, 61, 85-93. <https://doi.org/10.1037//0022-006X.61.1.85>

James, P. S. (1991). Effects of a communication training component added to an emotionally focused couples therapy. *Journal of Marital and Family Therapy*, 17, 263-275. <https://doi.org/10.1111/j.1752-0606.1991.tb00894.x>

Johnson, S., & Greenberg, L. (1985a). Emotionally focused couples therapy: An outcome study. *Journal of Marital & Family Therapy*, 11, 313-317. <https://doi.org/10.1111/j.1752-0606.1985.tb00624.x>

Johnson, S., & Greenberg, L. (1985b). The differential effectiveness of experiential and problem solving interventions in resolving marital conflict. *Journal of Consulting & Clinical Psychology*, 53, 175-184. <https://doi.org/10.1037/0022-006X.53.2.175>

Johnson, S. M., Hunsley, J., Greenberg, L., & Schindler, D. (1999). Emotionally focused couples therapy: Status and challenges. *Clinical Psychology: Science and Practice*, 6(1), 67-79. <https://doi.org/10.1093/clipsy.6.1.67>

Johnson, S. M. V., & Talitman, E. (1997). Predictors of success in emotionally focused marital therapy. *Journal of Marital and Family Therapy*, 23, 135-152. <https://doi.org/10.1111/j.1752-0606.1997.tb00239.x>

Kelly, A. B., Fincham, F. D., & Beach, S. R. H. (2003). Communication skills in couples: A review and discussion of emerging perspectives. In J. O. Greene & B. R. Burleson (Eds.), *The handbook of communication and social interaction skills* (pp. 723-752). Mahwah, NJ: Lawrence Erlbaum.

Kelly, A. B., Halford, W. K., & Young, R. McD. (2002). Couple communication and problem drinking: A behavioral observation study. *Psychology of Addictive Behaviors*, 16, 269-271. <https://doi.org/10.1037/0893-164X.16.3.269>

Lin, W., Mack, D., Enright, R. D., Krahn, D., & Baskin, T. W. (2004). Effects of forgiveness therapy on anger, mood, and vulnerability to substance use among inpatient substance-dependent clients. *Journal of Consulting and Clinical Psychology*, 72(6), 1114-1121. <https://doi.org/10.1037/0022-006X.72.6.1114>

Makinen, J. A., & Johnson, S. M. (2006). Resolving attachment injuries in couples using emotionally focused therapy: Steps toward forgiveness and reconciliation. *Journal of Consulting and Clinical Psychology*, 74(6), 1055-1064. <https://doi.org/10.1037/0022-006X.74.6.1055>

Marlatt, G. A., & Gordon, J. R. (1985). *Relapse prevention: Maintenance strategies in the treatment of addictive behaviors*. New York: Guilford Press.

Miller, W. R., & Rollnick, S. (1996). *Motivational interviewing: Preparing people to change addictive behavior*. New York: Guilford Press.

O'Farrell, T. J., & Fals-Stewart, W. (2003). Alcohol abuse. *Journal of Marital and Family Therapy*, 29, 121-126. <https://doi.org/10.1111/j.1752-0606.2003.tb00387.x>

O'Farrell, T. J., & Fals-Stewart, W. (2006). Behavioral couples therapy for alcoholism and drug abuse. New York: Guilford Press.

O'Farrell, T., Murphy, C. M., Stephan, S. H., Fals-Stewart, W., & Murphy, M. (2004). Partner violence before and after couples-based alcoholism treatment for male alcoholic patients: The role of treatment involvement and abstinence. *Journal of Consulting and Clinical Psychology*, 72, 202-217. <https://doi.org/10.1037/0022-006X.72.2.202>

Powers, M. B., Vedel, E., & Emmelkamp, P. M. G. (2008). Behavioral couples therapy (BCT) for alcohol and drug use disorders: A meta-analysis. *Clinical Psychology Review*, 28, 952-962. <https://doi.org/10.1016/j.cpr.2008.02.002>

Reilly, P. M., Clark, H. W., Shopshire, M. S., Lewis, E. W., & Sorenson, D. J. (1994). Anger management and temper control: Critical components of post-traumatic stress disorder and substance abuse. *Journal of Psychoactive Drugs*, 26, 401-407. <https://doi.org/10.1080/02791072.1994.10472460>

Walitzer, K. S., & Derman, K. H. (2004). Alcohol-focused spouse involvement and behavioral couples therapy: Evaluation of enhancements to drinking reduction treatment for male problem drinkers. *Journal of Consulting and Clinical Psychology*, 72, 944-955. <https://doi.org/10.1037/0022-006X.72.6.944>

Stephen T. Higgins i Randall E. Rogers społeczne

Systemy zachęty i wsparcie

Abbott, P. J., Moore, B. A., Weller, S. B., & Delaney, H. D. (1998). AIDS risk behavior in opioid dependent patients treated with community reinforcement approach and relationships with psychiatric disorders. *Journal of Addictive Diseases*, 17, 33-48. https://doi.org/10.1300/J069v17n04_04

Azrin, N. H. (1976). Improvements in the community-reinforcement approach to alcoholism. *Behaviour Research and Therapy*, 14, 339-348. [https://doi.org/10.1016/0005-7967\(76\)90021-8](https://doi.org/10.1016/0005-7967(76)90021-8)

Azrin, N. H., Acierno, R., Kogan, E. S., Donohue, B., Besalel, V. A., & McMahon, P. T. (1996). Follow-up results of supportive versus behavioral therapy for illicit drug use. *Behaviour Research and Therapy*, 34, 41-46. [https://doi.org/10.1016/0005-7967\(95\)00049-4](https://doi.org/10.1016/0005-7967(95)00049-4)

Azrin, N. H., & Besalel, V. A. (1980). Job club counselor's manual. Baltimore, MD: University Park Press.

Azrin, N. H., Sisson, R. W., Meyers, R., & Godley, M. (1982). Alcoholism treatment by disulfiram and community reinforcement therapy. *Journal of Behavior Therapy and Experimental Psychiatry*, 13, 105-112. [https://doi.org/10.1016/0005-7916\(82\)90050-7](https://doi.org/10.1016/0005-7916(82)90050-7)

Bickel, W. K., Amass, L., Higgins, S. T., Badger, G. J., & Esch, R. A. (1997). Effects of adding behavioral treatment to opioid detoxification with buprenorphine. *Journal of Consulting and Clinical Psychology*, 65, 803-810. <https://doi.org/10.1037/0022-006X.65.5.803>

Bickel, W. K., Rizzuto, P., Zielony, R. D., Klobas, J., Pangiosonlis, P., Mernit, R., et al. (1989). Combined behavioral and pharmacological treatment of alcoholic methadone patients. *Journal of Substance Abuse*, 1, 161-171. [https://doi.org/10.1016/S0899-3289\(88\)80019-1](https://doi.org/10.1016/S0899-3289(88)80019-1)

Bigelow, G. E., Griffiths, R., & Liebson, I. (1975). Experimental models for the modification of human drug self-administration: Methodological developments in the study of ethanol self-administration by alcoholics. *Federation Proceedings*, 34, 1785-1792. https://doi.org/10.1007/978-1-4684-2634-2_6

Budney, A. J., Moore, B. A., Higgins, S., & Rocha, H. L. (2006). Clinical trial of abstinence-based vouchers and cognitive behavioral therapy for cannabis dependence. *Journal of Consulting and Clinical Psychology*, 74, 307-316. <https://doi.org/10.1037/0022-006X.74.2.307>

Budney, A. J., & Higgins, S. T. (1998). The community reinforcement plus vouchers approach: Manual 2. National Institute on Drug Abuse therapy manuals for drug addiction. NIH publication # 98-4308. Rockville, MD: National Institute on Drug Abuse.

Budney, A. J., Higgins, S. T., Radonovich, K. J., & Novy, P. L. (2000). Adding voucher-based incentives to coping skills and motivational enhancement improves outcomes during treatment for marijuana dependence. *Journal of Consulting and Clinical Psychology*, 68, 1051-1061. <https://doi.org/10.1037/0022-006X.68.6.1051>

Carroll, K. M., Nich, C., Ball, S. A., McCance, E., & Rounsaville, B. J. (1998). Treatment of cocaine and alcohol dependence with psychotherapy and disulfiram. *Addiction*, 93, 713-728. <https://doi.org/10.1046/j.1360-0443.1998.9357137.x>

Dennis, M., Godley, S. H., Diamond, G., Tims, F. M., Babor, T., Donaldson, J., et al. (2004). The cannabis youth treatment (CYT) study: Main findings from two randomized trials. *Journal of Substance Abuse Treatment*, 27, 197-213. <https://doi.org/10.1016/j.jsat.2003.09.005>

Donatelle, R. J., Prows, S. L., Champeau, D., & Hudson, D. (2000). Randomised controlled trial using social support and financial incentives for high risk pregnant smokers: Significant other supporter (SOS) program. *Tobacco Control*, 9(Suppl. 3), III67-III69. https://doi.org/10.1136/tc.9.suppl_3.iii67

Dunn, K. E., Sigmon, S. C., Thomas, C. S., Heil, S. H., & Higgins, S. T. (2008). Voucher-based contingent reinforcement of smoking abstinence among methadone-maintained patients: A pilot study. *Journal of Applied Behavior Analysis*, 41, 527-538. <https://doi.org/10.1901/jaba.2008.41-527>

Heil, S. H., Higgins, S. T., Bernstein, I. M., Solomon, L. J., Rogers, R. E., Thomas, C. S., et al. (2008). Effects of voucher-based incentives on abstinence from cigarette smoking and fetal growth among pregnant women. *Addiction*, 103, 1009-1018. <https://doi.org/10.1111/j.1360-0443.2008.02237.x>

Heil, S. H., Sigmon, S., Mongeon, J. A., & Higgins, S. T. (2005). Characterizing and improving HIV/AIDS knowledge among cocaine-dependent outpatients. *Experimental and Clinical Psychopharmacology*, 13, 238-243. <https://doi.org/10.1037/1064-1297.13.3.238>

Higgins, S. T. (1996). Some potential contributions of reinforcement and consumer-demand theory to reducing cocaine use. *Addictive Behaviors*, 21, 803-816. [https://doi.org/10.1016/0306-4603\(96\)00037-8](https://doi.org/10.1016/0306-4603(96)00037-8)

Higgins, S. T., Budney, A. J., Bickel, W. K., Foerg, F. E., Donham, R., & Badger, G. J. (1994). Incentives improve treatment retention and cocaine abstinence in ambulatory cocaine-dependent patients. *Archives of General Psychiatry*, 51, 568-576. <https://doi.org/10.1001/archpsyc.1994.03950070060011>

Higgins, S. T., Budney, A. J., Bickel, W. K., Hughes, J. R., Foerg, F., & Badger, G. (1993). Achieving cocaine abstinence with a behavioral approach. *American Journal of Psychiatry*, 150, 763-769. <https://doi.org/10.1176/ajp.150.5.763>

- Higgins, S. T., Delaney, D. D., Budney, A. J., Hughes, J. R., Foerg, F., & Fenwick, J. W. (1991). A behavioral approach to achieving initial cocaine abstinence. *American Journal of Psychiatry*, 148, 1218-1224. <https://doi.org/10.1176/ajp.148.9.1218>
- Higgins, S. T., Heil, S. H., Dantona, R. L., Donham, R., Matthews, M., & Badger, G. J. (2007). Effects of varying the monetary value of voucher-based incentives on abstinence achieved during and following treatment among cocaine-dependent outpatients. *Addiction*, 102, 271-281. <https://doi.org/10.1111/j.1360-0443.2006.01664.x>
- Higgins, S. T., Heil, S. H., & Lussier, J. P. (2004a). Clinical implications of reinforcement as a determinant of substance use disorders. *Annual Review of Psychology*, 55, 431-461. <https://doi.org/10.1146/annurev.psych.55.090902.142033>
- Higgins, S. T., Heil, S. H., Solomon, L. J., Bernstein, I. M., Lussier, J. P., Abel, R. L., et al. (2004b). A pilot study on voucher-based incentives to promote abstinence from cigarette smoking during pregnancy and postpartum. *Nicotine & Tobacco Research*, 6, 1015-1020. <https://doi.org/10.1080/14622200412331324910>
- Higgins, S. T., Sigmon, S. C., Wong, C. J., Heil, S. H., Badger, G. J., Donham, R., et al. (2003). Community reinforcement therapy for cocaine-dependent outpatients. *Archives of General Psychiatry*, 60, 1043-1052. <https://doi.org/10.1001/archpsyc.60.9.1043>
- Higgins, S. T., Silverman, K., & Heil, S. H. (Eds.). (2008). *Contingency management in substance abuse treatment*. New York: Guilford Press.
- Higgins, S. T., Wong, C. J., Badger, G. J., Haug Ogden, D. E., & Dantona, R. L. (2000). Contingent reinforcement increases cocaine abstinence during outpatient treatment and 1-year of follow-up. *Journal of Consulting and Clinical Psychology*, 68, 64-72. <https://doi.org/10.1037/0022-006X.68.1.64>
- Hunt, G. M., & Azrin, N. H. (1973). A community-reinforcement approach to alcoholism. *Behaviour Research and Therapy*, 11, 91-104. [https://doi.org/10.1016/0005-7967\(73\)90072-7](https://doi.org/10.1016/0005-7967(73)90072-7)
- Kirby, K. C., Marlowe, D. B., Festinger, D. S., Garvey, K. A., & La Monaca, V. (1999). Community reinforcement training for family and significant others of drug abusers: A unilateral intervention to increase treatment entry of drug users. *Drug and Alcohol Dependence*, 56, 85-96. [https://doi.org/10.1016/S0376-8716\(99\)00022-8](https://doi.org/10.1016/S0376-8716(99)00022-8)
- Kirby, K. C., Marlowe, D. B., Festinger, D. S., Lamb, R. J., & Platt, J. J. (1998). Schedule of voucher delivery influences initiation of cocaine abstinence. *Journal of Consulting and Clinical Psychology*, 66, 761-767. <https://doi.org/10.1037/0022-006X.66.5.761>
- Krishnan-Sarin, S., Duhig, A. M., McKee, S. A., McMahon, T. J., Liss, T., McFetridge, A., et al. (2006). Contingency management for smoking cessation in adolescent smokers. *Experimental and Clinical Psychopharmacology*, 14, 306-310. <https://doi.org/10.1037/1064-1297.14.3.306>
- Liebson, I. A., Tommasello, A., & Bigelow, G. E. (1978). A behavioral treatment of alcoholic methadone patients. *Annals of Internal Medicine*, 89, 342-344. <https://doi.org/10.7326/0003-4819-89-3-342>
- Lussier, J. P., Heil, S. H., Mongeon, J. A., Badger, G. J., & Higgins, S. T. (2006). A meta-analysis of voucher-based reinforcement therapy for substance use disorders. *Addiction*, 101, 192-203. <https://doi.org/10.1111/j.1360-0443.2006.01311.x>
- Mazur, J. E. (2002). *Learning and behavior* (5th ed). Englewood Cliffs, NJ: Prentice-Hall.

Meyers, R. J., Miller, W. R., Smith, J. E., & Tonigan, J. S. (2002). A randomized trial of two methods for engaging treatment-refusing drug users through concerned significant others. *Journal of Consulting and Clinical Psychology*, 70, 1182-1185. <https://doi.org/10.1037/0022-006X.70.5.1182>

Meyers, R. J., & Smith, J. E. (1995). *Clinical guide to alcohol treatment: The community reinforcement approach*. New York: Guilford Press.

Milby, J. B., Garrett, C., English, C., Fritsch, O., & Clarke, C. (1978). Take-home methadone: Contingency effects on drug-seeking and productivity of narcotic addicts. *Addictive Behaviors*, 3, 215-220. [https://doi.org/10.1016/0306-4603\(78\)90022-9](https://doi.org/10.1016/0306-4603(78)90022-9)

Milby, J. B., Schumacher, J. E., Raczynski, J. M., Caldwell, E., Engle, M., Michael, M., et al. (1996). Sufficient conditions for effective treatment of substance abusing homeless persons. *Drug and Alcohol Dependence*, 43, 39-47. [https://doi.org/10.1016/S0376-8716\(96\)01286-0](https://doi.org/10.1016/S0376-8716(96)01286-0)

Milby, J. B., Schumacher, J. E., Wallace, D., Freedman, M. J., & Vuchinich, R. E. (2005). To house or not to house: The effects of providing housing to homeless substance abusers in treatment. *American Journal of Public Health*, 95, 1259-1265. <https://doi.org/10.2105/AJPH.2004.039743>

Miller, P. M. (1975). A behavioral intervention program for chronic public drunkenness offenders. *Archives of General Psychiatry*, 32, 915-918. <https://doi.org/10.1001/archpsyc.1975.01760250107012>

Miller, P. M., Hersen, M., & Eisler, R. M. (1974). Relative effectiveness of instructions, agreements, and reinforcement in behavioral contracts with alcoholics. *Journal of Abnormal Psychology*, 83, 548-553. <https://doi.org/10.1037/h0037098>

O'Farrel, T. J., & Fals-Stewart, W. (2002). Alcohol abuse. In D. H. Sprenkle (Ed.), *Effectiveness research in marriage and family therapy* (pp. 123-161). Alexandria, VA: American Association for Marriage and Family Therapy.

Roll, J. M., Higgins, S. T., Steingard, S., & McGinley, M. (1998). Investigating the use of monetary reinforcement to reduce the cigarette smoking of schizophrenics: A feasibility study. *Experimental and Clinical Psychopharmacology*, 6, 157-161. <https://doi.org/10.1037/1064-1297.6.2.157>

Schuster, C. R., & Thompson, T. (1969). Self-administration of and behavioral dependence on drugs. *Annual Review of Pharmacology*, 9, 483-502. <https://doi.org/10.1146/annurev.pa.09.040169.002411>

Shoptaw, S., Rotheram-Fuller, E., Yang, X., Frosch, D., Nahom, D., Jarvik, M. E., et al. (2002). Smoking cessation in methadone maintenance. *Addiction*, 97(10), 1317-1328.

<https://doi.org/10.1046/j.1360-0443.2002.00221.x>

Sigmon, S. C., & Higgins, S. T. (2006). Voucher-based contingent reinforcement of marijuana abstinence among individuals with serious mental illness. *Substance Abuse Treatment*, 30, 291-295. <https://doi.org/10.1016/j.jsat.2006.02.001>

Sigmon, S. C., Steingard, S., Badger, G. J., Anthony, S. L., & Higgins, S. T. (2000). Contingent reinforcement of marijuana abstinence among individuals with serious mental illness: A feasibility study. *Experimental and Clinical Psychopharmacology*, 8, 509-517. <https://doi.org/10.1037/1064-1297.8.4.509>

- Silverman, K., Chutuape, M. A., Bigelow, G. E., & Stitzer, M. L. (1999). Voucher-based reinforcement of cocaine abstinence in treatment-resistant methadone patients: Effects of reinforcer magnitude. *Psychopharmacology*, 146, 128-138. <https://doi.org/10.1007/s002130051098>
- Silverman, K., Higgins, S. T., Brooner, R. K., Montoya, I. D., Cone, E. J., Schuster, C. R., et al. (1996). Sustained cocaine abstinence in methadone maintenance patients through voucher-based reinforcement therapy. *Archives of General Psychiatry*, 53, 409-415. <https://doi.org/10.1001/archpsyc.1996.01830050045007>
- Silverman, K., Svikis, D., Wong, C. J., Hampton, J., Stitzer, M. L., & Bigelow, G. E. (2002). A reinforcement-based therapeutic workplace for the treatment of drug abuse: Three-year abstinence outcomes. *Experimental and Clinical Psychopharmacology*, 10, 228-240. <https://doi.org/10.1037/1064-1297.10.3.228>
- Silverman, K., Wong, C. J., Umbricht-Schneiter, A., Montoya, I. D., Schuster, C. R., & Preston, K. L. (1998). Broad beneficial effects of reinforcement for cocaine abstinence in methadone patients. *Journal of Consulting and Clinical Psychology*, 66, 811-824. <https://doi.org/10.1037/0022-006X.66.5.811>
- Sisson, R. W., & Azrin, A. H. (1986). Family-member involvement to initiate and promote treatment of problem drinkers. *Journal of Behaviour Research and Therapy*, 7, 15-21. [https://doi.org/10.1016/0005-7916\(86\)90005-4](https://doi.org/10.1016/0005-7916(86)90005-4)
- Slesnick, N., Prestopnik, J. L., Meyers, R. J., & Glassman, M. (2007). Treatment outcome for street-living, homeless youth. *Addictive Behaviors*, 32, 1237-1251. <https://doi.org/10.1016/j.addbeh.2006.08.010>
- Smith, J. E., & Meyers, R. J. (1995). The community reinforcement approach. In R. Hester & W. Miller's (Eds.), *Handbook of alcoholism treatment approaches: Effective alternatives* (2nd ed). New York: Allyn & Bacon.
- Smith, J. E., Meyers, R. J., & Delaney, H. D. (1998). The community reinforcement approach with homeless alcohol-dependent individuals. *Journal of Consulting and Clinical Psychology*, 66, 541-548. <https://doi.org/10.1037/0022-006X.66.3.541>
- Stitzer, M. L., Iguchi, M. Y., & Felch, L. J. (1992). Contingent take-home incentive: Effects on drug use of methadone maintenance patients. *Journal of Consulting and Clinical Psychology*, 60, 927-934. <https://doi.org/10.1037/0022-006X.60.6.927>
- Tevyaw, T., Gwaltney, C., Tidey, J. W., Colby, S. M., Kahler, C. W., Miranda, R., et al. (2007). Contingency management for adolescent smokers: An exploratory study. *Journal of Child & Adolescent Substance Abuse*, 16, 23-44. https://doi.org/10.1300/J029v16n04_02
- Tidey, J. W., O'Neill, S. C., & Higgins, S. T. (2002). Contingent monetary reinforcement of smoking reductions, with and without transdermal nicotine, in outpatients with schizophrenia. *Experimental and Clinical Psychopharmacology*, 10, 241-247. <https://doi.org/10.1037/1064-1297.10.3.241>

Beck, U. (1999). *World risk society*. Cambridge: Polity Press.

Bendek, M., Cory, C., Spicer, P., & Team, A.-S. (2004). Documenting natural recovery in American-Indian drinking behavior: A coding scheme. *Journal of Studies on Alcohol*, 65, 428-433.
<https://doi.org/10.15288/jsa.2004.65.428>

Bergmark, A., & Oscarsson, L. (1987). The concept of control and alcoholism. *British Journal of Addiction*, 82, 1203-1212. <https://doi.org/10.1111/j.1360-0443.1987.tb00418.x>

Biernacki, P. (1986). *Pathways from heroin addiction: Recovery without treatment*. Philadelphia: Temple University Press.

Bischof, G., Rumpf, H.-J., Meyer, C., Hapke, U., & John, U. (2007). Stability of subtypes of natural recovery from alcohol dependence after two years. *Addiction (Abingdon, England)*, 102, 904-908.
<https://doi.org/10.1111/j.1360-0443.2007.01834.x>

Bischof, G., Rumpf, H. J., Hapke, U., Meyer, C., & John, U. (2003). Types of natural recovery from alcohol dependence: A cluster analytic approach. *Addiction (Abingdon, England)*, 98, 1737-1746.
<https://doi.org/10.1111/j.1360-0443.2003.00571.x>

Bischof, G., Rumpf, H. J., Meyer, C., Hapke, U., & John, U. (2005a). Gender differences in temptation to drink, self-efficacy to abstain and coping behavior in treated alcohol-dependent individuals: Controlling for severity of dependence. *Addiction Research & Theory*, 13, 129-136.
<https://doi.org/10.1080/16066350412331335305>

Bischof, G., Rumpf, H. J., Meyer, C., Hapke, U., & John, U. (2005b). Influence of psychiatric comorbidity in alcohol-dependent subjects in a representative population survey on treatment utilization and natural recovery. *Addiction*, 100, 405-413. <https://doi.org/10.1111/j.1360-0443.2005.01008.x>

Blendon, R. J., & Benson, J. M. (2001). Americans' view on health policy: A fifty-year historical perspective. *Health Affairs*, 20, 33-46. <https://doi.org/10.1377/hlthaff.20.2.33>

Blomqvist, J. (1998). *Beyond treatment? Widening the approach to alcohol problems and solutions*. Stockholm: Department of Social Work, Stockholm University. <https://doi.org/10.1111/j.1468-2397.1998.tb00292.x>

Blomqvist, J. (2004). Sweden's "War on Drugs" in the light of addicts' experiences. In P. Rosenqvist, J. Blomqvist, A. Koski-Jännes, & L. Öjesjö (Eds.), *Addiction and life course* (Vol. 44, pp. 139-172). Helsinki: NAD.

Brooks, C., & Cheng, S. (2001). Declining government confidence and policy preferences in the US: Devolution, regime effects, or symbolic change? *Social Forces*, 79, 1343-1375.
<https://doi.org/10.1353/sof.2001.0032>

Burman, S. (1994). The disease concept of alcoholism: Its impact on women's treatment. *Journal of Substance Abuse Treatment*, 11, 121-126. [https://doi.org/10.1016/0740-5472\(94\)90028-0](https://doi.org/10.1016/0740-5472(94)90028-0)

Burman, S. (1997). The challenge of sobriety: Natural recovery without treatment and self-help groups. *Journal of Substance Abuse*, 9, 41-61. [https://doi.org/10.1016/S0899-3289\(97\)90005-5](https://doi.org/10.1016/S0899-3289(97)90005-5)

Carballo, J. L., Fernández-Hermida, J. R., Sobell, L. C., Dum, M., Secades-Villa, R., García-Rodríguez, O., et al. (2008). Differences among substance abusers in Spain who recovered with treatment or on their own. *Addictive Behaviors*, 33, 94-105. <https://doi.org/10.1016/j.addbeh.2007.07.013>

Carballo, J. L., Fernández-Hermida, J. R., Secades-Villa, R., Sobell, L. C., Dum, M., & García-Rodríguez, O. (2007). Natural recovery from alcohol and drug problems: A methodological review of the literature from 1999 through 2005. In H. Klingemann & L. C. Sobell (Eds.), *Promoting self-change from addictive behaviours: Practical implications for policy, prevention, and treatment*. New York: Kluwer, pp. 87-101. https://doi.org/10.1007/978-0-387-71287-1_5

Carballo Crespo, J. L., Secades Villa, R., Sobell, L. C., Fernández Hermida, J. R., & García-Rodríguez, O. (2004). Reupercacion de los problemas de juego patologico con y sin tratamiento. *Salud y Drogas*, 4, 61-78. <https://doi.org/10.21134/haaj.v4i2.130>

Cloud, W., & Granfield, R. (2004). A life course perspective on exiting addiction: The relevance of recovery capital in treatment. In P. Rosenqvist, J. Blomqvist, A. Koski-Jännes, & L. Öjesjö (Eds.), *Addiction and life course: (Vol. 44, pp. 185-202)*. Helsinki: NAD.

Cohen, E., Feinn, R., Arias, A., & Kranzler, H. R. (2007). Alcohol treatment utilization: Findings from the National Epidemiologic Survey on Alcohol and Related Conditions. *Drug & Alcohol Dependence*, 86, 214-221. <https://doi.org/10.1016/j.drugalcdep.2006.06.008>

Collins, M. A. (2006). Religiousness and spirituality as possible recovery variables in treated and natural recoveries: A qualitative study. *Alcoholism Treatment Quarterly*, 24, 119-135. https://doi.org/10.1300/J020v24n04_08

Copeland, J. (1997). A qualitative study of barriers to formal treatment among women who self-managed change. *Journal of Substance Abuse Treatment*, 14, 183-190. [https://doi.org/10.1016/S0740-5472\(96\)00108-0](https://doi.org/10.1016/S0740-5472(96)00108-0)

Copeland, J. (1998). A qualitative study of self-managed change in substance dependence among women. *Contemporary Drug Problems*, 25, 327-347. <https://doi.org/10.1177/009145099802500204>

Cottorell, R. (1999). Transparency, mass media, ideology and community. *Cultural Values*, 3, 414-426. <https://doi.org/10.1080/14797589909367176>

Cunningham, J. A., Blomqvist, J., & Cordingley, J. (2007). Beliefs about drinking problems: Results from a general population telephone survey. *Addictive Behaviors*, 32, 166-169. <https://doi.org/10.1016/j.addbeh.2006.03.011>

Cunningham, J. A., Blomqvist, J., Koski-Jännes, A., & Cordingley, J. (2005). Maturing out of drinking problems: Perceptions of natural history as a function of severity. *Addiction Research & Theory*, 13, 79-84. <https://doi.org/10.1080/16066350512331328131>

Cunningham, J. A., Sobell, L. C., & Sobell, M. B. (1998). Awareness of self-change as a pathway to recovery for alcohol abusers: Results from five different groups. *Addictive Behaviors*, 23, 399-404. [https://doi.org/10.1016/S0306-4603\(97\)00035-X](https://doi.org/10.1016/S0306-4603(97)00035-X)

Dawson, D. A., Goldstein, R. B., & Grant, B. F. (2007). Rates and correlates of relapse among individuals in remission from DSM-IV alcohol dependence: A 3-year follow-up. *Alcoholism, Clinical and Experimental Research*, 31, 2036-2045. <https://doi.org/10.1111/j.1530-0277.2007.00536.x>

Dawson, D. A., Grant, B. F., Stinson, F. S., & Chou, P. S. (2006). Estimating the effect of help-seeking on achieving recovery from alcohol dependence. *Addiction*, 101, 824-834. <https://doi.org/10.1111/j.1360-0443.2006.01433.x>

Dawson, D. A., Grant, B. F., Stinson, F. S., Chou, P. S., Huang, B., & Ruan, W. J. (2005). Recovery from DSM-IV alcohol dependence: United States, 2001-2002. *Addiction*, 100, 281-292.

<https://doi.org/10.1111/j.1360-0443.2004.00964.x>

DiClemente, C. C. (2007). Mechanisms, determinants and processes of change in the modification of drinking behavior. *Alcoholism: Clinical & Experimental Research*, 31, 13s-20s.

<https://doi.org/10.1111/j.1530-0277.2007.00489.x>

Doran, C. M., Valenti, L., Robinson, M., Britt, H., & Mattick, R. P. (2006). Smoking status of Australian general practice patients and their attempts to quit. *Addictive Behaviors*, 31, 758-766.

<https://doi.org/10.1016/j.addbeh.2005.05.054>

Easthope, G., Tranter, B., & Gill, G. (2000). General practitioners' attitudes toward complementary therapies. *Social Science and Medicine*, 51, 1555-1561. [https://doi.org/10.1016/S0277-9536\(00\)00048-4](https://doi.org/10.1016/S0277-9536(00)00048-4)

Eisenberg, D. M., Kessler, R. C., Foster, C., Norlock, F. E., Calkins, D., & Delbanco, T. L. (1993). Unconventional medicine in the United States: Prevalence, costs, and patterns of use. *New England Journal of Medicine*, 328, 246-252. <https://doi.org/10.1056/NEJM199301283280406>

Ellingstad, T. P., Sobell, L. C., Sobell, M. B., Eickelberry, L., & Golden, C. J. (2006). Self-change: A pathway to cannabis abuse resolution. *Addictive Behaviors*, 31, 519-530.

<https://doi.org/10.1016/j.addbeh.2005.05.033>

Fingeld, D. L., & Lewis, L. M. (2002). Self-resolution of alcohol problems in young adulthood: A process of securing solid ground. *Qualitative Health Research*, 12, 581.

<https://doi.org/10.1177/104973202129120115>

Freidson, E. (1960). Client control and medical practice. *American Journal of Sociology*, 65, 374-382.

<https://doi.org/10.1086/222726>

Freidson, E. (1961). *Patients' view on medical practice*. New York: Russell Sage.

Furnam, A., & Lovett, J. (2001). The perceived efficacy and risks of complementary and alternative medicine and conventional medicine: A vignette study. *Journal of Applied Biobehavioral Research*, 6, 39-63. <https://doi.org/10.1111/j.1751-9861.2001.tb00106.x>

Furnham, A., & Lowick, V. (1984). Lay theories of the causes of alcoholism. *The British Journal of Medical Psychology*, 57(pt 4), 319-332. <https://doi.org/10.1111/j.2044-8341.1984.tb02597.x>

Hänninen, V., & Koski-Jännes, A. (1999). Narratives of recovery from addictive behaviours. *Addiction*, 94, 1837-1848. <https://doi.org/10.1046/j.1360-0443.1999.941218379.x>

Hänninen, V., & Koski-Jännes, A. (2004). Stories of attempts to recover from addiction. In P. Rosenqvist, J. Blomqvist, A. Koski-Jännes, & L. Öjesjö (Eds.), *Addiction and life course* (Vol. 44, pp. 231-246). Helsinki: NAD.

Heather, N., & Stockwell, T. (Eds.). (2004). *The essential handbook of treatment and prevention of alcohol problems*. England: Wiley.

Humphreys, K., Moos, R. H., & Finney, J. W. (1995). Two pathways out of drinking problems without professional treatment. *Addictive Behaviors*, 20, 427-441. [https://doi.org/10.1016/0306-4603\(95\)00005-W](https://doi.org/10.1016/0306-4603(95)00005-W)

John, U. (1982). Zur verbreitung des alkoholismus: Das problem unbehandelter alkoholiker. *Öffentliches Gesundheitswesen*, 44, 774-780.

Klingemann, H. (2000). "To every thing there is a season"-social time and clock time in addiction treatment. *Social Science & Medicine*, 51, 1231-1240. [https://doi.org/10.1016/S0277-9536\(00\)00041-1](https://doi.org/10.1016/S0277-9536(00)00041-1)

Klingemann, H. (2006). Internationaler vergleich: Staatliche interventionen im suchtbereich-hindernisse auf dem weg zu einem integrationsmodell. *Abhängigkeiten*, 06, 55-63.

Klingemann, H., & Aeberhard, M. (2004). Biographie und suchtkarrieren 1988-2002: Longitudinale fallanalysen von alkohol- und Heroinselbst-heilerinnen und- heilern. *Abhängigkeiten. Sonderdruck forel klinik*, 52-63.

Klingemann, H., & Bergmark, A. (2006). The legitimacy of addiction treatment in a world of smart people. *Addiction*, 101, 1230-1237. <https://doi.org/10.1111/j.1360-0443.2006.01531.x>

Klingemann, H., & Klingemann, J. (2007). Hostile and favorable societal climates for self-change: Some lessons for policymakers. In H. Klingemann & L. C. Sobell (Eds.), *Promoting self-change from addictive behaviours: Practical implications for policy, prevention and treatment* (pp. 187-212). New York: Kluwer. https://doi.org/10.1007/978-0-387-71287-1_9

Klingemann & Rosenberg (2009). Acceptance and therapeutic practice of controlled drinking as an outcome goal by swiss alcohol treatment programmes. <https://doi.org/10.1159/000210041>

Klingemann, H., & Sobell, L. C. (Eds.). (2007). *Promoting self-change from addictive behaviours: Practical implications for policy, prevention and treatment*. New York: Kluwer. <https://doi.org/10.1007/978-0-387-71287-1>

Klingemann, H. K. (1992). Coping and maintenance strategies of spontaneous remitters from problem use of alcohol and heroin in Switzerland. *International Journal of the Addictions*, 27, 1359-1388. <https://doi.org/10.3109/10826089209047356>

Klingemann, H. K. H. (1991). The motivation for change from problem alcohol and heroin use. *British Journal of Addiction*, 86, 727-744. <https://doi.org/10.1111/j.1360-0443.1991.tb03099.x>

Klingemann, J.I. (2010a) Horyzonty zmiany zachowania nałogowego w Polsce. Uniwersytet Warszawski, Instytut Profilaktyki Społecznej i Resocjalizacji, Prace Katedry Socjologii Norm, Dewiacji i Kontroli Społecznej, tom XI, Warszawa.

Klingemann, J.I. (2010b) "Ja muszę Pani powiedzieć szczerze, że o tych problemach to NIKT nie wiedział..." Metody badania populacji ukrytych - przykład zjawiska samowyleczenia z uzależnienia. *Profilaktyka Społeczna i Resocjalizacja*, Uniwersytet Warszawski, Instytut Profilaktyki Społecznej i Resocjalizacji, tom 16, Warszawa, 227-249.

Koerke, J. (2006). Behavioural self-management with problem drinkers: One year follow-up of a controlled drinking group treatment approach. *Addiction Research and Theory*, 4, 35-49. <https://doi.org/10.1080/16066350500489253>

Luoma, J. B., Kohlenberg, B. S., Hayes, S. C., Bunting, K., & Rye, A. K. (2008). Reducing self-stigma in substance abuse through acceptance and commitment therapy: Model, manual development, and pilot outcomes. *Addiction Research & Theory*, 16, 149-165. <https://doi.org/10.1080/16066350701850295>

- Luoma, J. B., Twohig, M. P., Waltz, T., Hayes, S. C., Roget, N., Padilla, M., et al. (2007). An investigation of stigma in individuals receiving treatment for substance abuse. *Addictive Behaviors*, 32, 1331-1346. <https://doi.org/10.1016/j.addbeh.2006.09.008>
- Misch, D. A. (2007). "Natural recovery" from alcohol abuse among college students. *Journal of American College Health*, 55, 215-218. <https://doi.org/10.3200/JACH.55.4.215-218>
- Mohatt, G. V., Rasmus, S. M., Thomas, L., Allen, J., Hazel, K., & Marlatt, G. A. (2008). Risk, resilience, and natural recovery: A model of recovery from alcohol abuse for Alaska Natives. *Addiction*, 103, 205-215. <https://doi.org/10.1111/j.1360-0443.2007.02057.x>
- Moos, R. H., & Moos, B. S. (2006). Rates and predictors of relapse after natural and treated remission from alcohol use disorders. *Addiction*, 101, 212-222. <https://doi.org/10.1111/j.1360-0443.2006.01310.x>
- O'Malley, P. M. (2004). Maturing out of problematic alcohol use. *Alcohol Research & Health*, 28, 202-204.
- Ogborne, A. C., & Smart, R. G. (2001). Public opinion on the health benefits of moderate drinking: Results from a Canadian National Population Health Survey. *Addiction*, 96, 641-649. <https://doi.org/10.1046/j.1360-0443.2001.96464113.x>
- Orford, J. (2008). Asking the right questions the right way: The need for a shift in research on psychological treatments for addiction. *Addiction*, 103, 875-885. <https://doi.org/10.1111/j.1360-0443.2007.02092.x>
- Peele, S. (1989). *Diseasing of America: Addiction treatment out of control*. Lexington, MA: Lexington Books.
- Polivy, J. (2001). The false hope syndrome: Unrealistic expectations of self-change. *International Journal of Obesity & Related Metabolic Disorders*, 25, S80. <https://doi.org/10.1038/sj.ijo.0801705>
- Roizen, R., Cahalan, D., & Shanks, P. (1978). Spontaneous remission among untreated problem drinkers. In D. B. Kandel (Ed.), *Longitudinal research on drug use: Empirical findings and methodological issues* (pp. 197-221). Washington, DC.
- Rosenberg, H., & Melville, J. (2005). Controlled drinking and controlled drug use as outcome goals in British treatment services. *Addiction Research & Theory*, 13, 85-92. <https://doi.org/10.1080/16066350412331314894>
- Rumpf, H. J., Bischof, G., Hapke, U., Meyer, C., & John, U. (2000). Studies on natural recovery from alcohol dependence: Sample selection bias by media solicitation? *Addiction*, 95, 765-775. <https://doi.org/10.1046/j.1360-0443.2000.95576512.x>
- Scarscelli, D. (2006). Drug addiction between deviance and normality: A study of spontaneous and assisted remission. *Contemporary Drug Problems*, 33, 237-274. <https://doi.org/10.1177/009145090603300204>
- Sobell, L., Klingemann, H., Toneatto, T., Sobell, M., Agrawal, S., & Leo, G. (2001). Alcohol and drug abusers' perceived reasons for self-change in Canada and Switzerland: Computer-assisted content analysis. *Substance Use & Misuse*, 36, 1467. <https://doi.org/10.1081/JA-100106960>

- Sobell, L. C., Agrawal, S., Sobell, M. B., Leo, G. I., Johnson Young, L., Cunningham, J. A., et al. (2003). Comparison of a quick drinking screen with the timeline followback for individuals with alcohol problems. *Journal of Studies on Alcohol*, 64, 858-861. <https://doi.org/10.15288/jsa.2003.64.858>
- Sobell, L. C., Ellingstad, T. P., & Sobell, M. B. (2000). Natural recovery from alcohol and drug problems: Methodological review of the research with suggestions for future directions. *Addiction*, 95, 749-764. <https://doi.org/10.1046/j.1360-0443.2000.95574911.x>
- Sobell, L. C., & Sobell, M. B. (1992). Time-line follow-back: A technique for assessing self-reported alcohol consumption. In R. Z. Litten & A. J. Towota (Eds.), *Measuring alcohol consumption: Psychosocial and biological methods* (pp. 41-72). Totowa, NJ: Humana Press. https://doi.org/10.1007/978-1-4612-0357-5_3
- Sobell, L. C., Sobell, M. B., & Agrawal, S. (2002). Self-change and dual recoveries among individuals with alcohol and tobacco problems: Current knowledge and future directions. *Alcoholism, Clinical and Experimental Research*, 26, 1936-1938. <https://doi.org/10.1111/j.1530-0277.2002.tb02510.x>
- Stall, R. (1983). An examination of spontaneous remission from problem drinking in the bluegrass region of Kentucky. *Journal of Drug Issues*, 13, 191-206. <https://doi.org/10.1177/002204268301300202>
- Takala, J.-P. (2007). Spontaneous desistance from crime. In H. Klingemann & L. C. Sobell (Eds.), *Promoting self-change from addictive behaviours: Practical implications for policy, prevention and treatment* (pp. 127-138). New York: Kluwer.
- Toneatto, T., Cunningham, J., Hodgins, D., Adams, M., Turner, N., & Koski-Jännes, A. (2008). Recovery from problem gambling without formal treatment. *Addiction Research & Theory*, 16, 111-120. <https://doi.org/10.1080/16066350801923638>
- Trinder, L., & Reynolds, S. (2003). *Evidence-based practice: A critical appraisal*. Oxford.
- Tubman, J., Wagner, E. F., Gil, A. G., & Pate, K. N. (2002). Brief motivational intervention for substance-abusing delinquent adolescents: Guided self-change as a social work practice innovation. *Health/Social Work*, 27, 208-212. <https://doi.org/10.1093/hsw/27.3.208>
- Tucker, J. A. (2008). Different pathways to knowledge about different pathways to recovery: A comment on the people awakening study. *Addiction* (Abingdon, England), 103, 216-217. <https://doi.org/10.1111/j.1360-0443.2007.02106.x>
- Tucker, J. A., & Vuchinich, R. E. (1994). Environmental events surrounding natural recovery from alcohol-related problems. *Journal of Studies on Alcohol*, 55, 401. <https://doi.org/10.15288/jsa.1994.55.401>
- Vik, P. W., Cellucci, T., & Ivers, H. (2003). Natural reduction of binge drinking among college students. *Addictive Behaviors*, 28, 643. [https://doi.org/10.1016/S0306-4603\(01\)00281-7](https://doi.org/10.1016/S0306-4603(01)00281-7)
- Wilde, G. J. S. (1993). Effects of mass media communications on health and safety habits: An overview of issues and evidence. *Addiction*, 88, 983-996. <https://doi.org/10.1111/j.1360-0443.1993.tb02116.x>

Robert Swift i Lorenzo Leggio Farmakoterapia wspomagająca w leczeniu uzależnienia od alkoholu i narkotyków

Addolorato, G., Caputo, F., Capristo, E., Domenicali, M., Bernardi, M., Janiri, L., et al. (2002). Baclofen efficacy in reducing alcohol craving and intake: A preliminary double-blind randomized controlled study. *Alcohol and Alcoholism*, 37, 504-508. <https://doi.org/10.1093/alcalc/37.5.504>

Addolorato, G., Leggio, L., Abenavoli, L., Gasbarrini, G., & Alcoholism Treatment Study Group. (2005). Neurobiochemical and clinical aspects of craving in alcohol addiction: A review. *Addictive Behaviors*, 30, 1209-1224. <https://doi.org/10.1016/j.addbeh.2004.12.011>

Addolorato, G., Leggio, L., Ferrulli, A., Cardone, S., Vonghia, L., Mirijello, A., et al. (2007). Effectiveness and safety of baclofen for maintenance of alcohol abstinence in alcohol-dependent patients with liver cirrhosis: Randomised, double-blind controlled study. *Lancet*, 370, 1915-1922. [https://doi.org/10.1016/S0140-6736\(07\)61814-5](https://doi.org/10.1016/S0140-6736(07)61814-5)

Anton, R. F., O'Malley, S. S., Ciraulo, D. A., Cisler, R. A., Couper, D., Donovan, D. M., et al. (2006). Combined pharmacotherapies and behavioral interventions for alcohol dependence: The COMBINE study: A randomized controlled trial. *JAMA*, 295, 2003-2017. <https://doi.org/10.1001/jama.295.17.2003>

Anton, R. F., Oroszi, G., O'Malley, S., Couper, D., Swift, R., Pettinati, H., et al. (2008). An evaluation of mu-opioid receptor (OPRM1) as a predictor of naltrexone response in the treatment of alcohol dependence: Results from the Combined Pharmacotherapies and Behavioral Interventions for Alcohol Dependence (COMBINE) study. *Archives of General Psychiatry*, 65, 135-144. <https://doi.org/10.1001/archpsyc.65.2.135>

Bouza, C., Angeles, M., Muñoz, A., & Amate, J. M. (2004). Efficacy and safety of naltrexone and acamprosate in the treatment of alcohol dependence: A systematic review. *Addiction*, 99, 811-828. <https://doi.org/10.1111/j.1360-0443.2004.00763.x>

Brewer, C. (1993). Recent developments in disulfiram treatment. *Alcohol and Alcoholism*, 28, 383-395.

Cahill, K., & Ussher, M. (2007). Cannabinoid type 1 receptor antagonists (rimonabant) for smoking cessation. *Cochrane Database of Systematic Reviews*, Issue 4. Art. No.: CD005353. <https://doi.org/10.1002/14651858.CD005353.pub3>

Capone, T., Brahen, L., Condren, R., Kordal, N., Melchionda, R., & Peterson, M. (1986). Retention and outcome in a narcotic antagonist treatment program. *Journal of Clinical Psychology*, 42, 825-833. [https://doi.org/10.1002/1097-4679\(198609\)42:5<825::AID-JCLP2270420526>3.0.CO;2-B](https://doi.org/10.1002/1097-4679(198609)42:5<825::AID-JCLP2270420526>3.0.CO;2-B)

Carroll, K. M., Nich, C., Ball, S. A., McCance, E., Frankforter, T. L., & Rounsaville, B. J. (2000). One-year follow-up of disulfiram and psychotherapy for cocaine-alcohol users: Sustained effects of treatment. *Addiction*, 95, 1335-1349. <https://doi.org/10.1046/j.1360-0443.2000.95913355.x>

Chick, J., Anton, R., Checinski, K., Croop, R., Drummond, D. C., Farmer, R., et al. (2000). A multicentre, randomized, double-blind, placebo-controlled trial of naltrexone in the treatment of alcohol dependence or abuse. *Alcohol and Alcoholism*, 35, 587-593. <https://doi.org/10.1093/alcalc/35.6.587>

Chick, J., Gough, K., Falkowski, W., Kershaw, P., Hore, B., Mehta, B., et al. (1992). Disulfiram treatment of alcoholism. *British Journal of Psychiatry*, 161, 84-89. <https://doi.org/10.1192/bjp.161.1.84>

Code of Federal Regulations (42 CFR, Part 8). Certification of Opioid Treatment Programs.

- Comer, S. D., Sullivan, M. A., Yu, E., Rothenberg, J. L., Kleber, H. D., Kampman, K., et al. (2006). Injectable, sustained-release naltrexone for the treatment of opioid dependence: A randomized, placebo-controlled trial. *Archives of General Psychiatry*, 63, 210-218. <https://doi.org/10.1001/archpsyc.63.2.210>
- Dackis, C. A., Lynch, K. G., Yu, E., Samaha, F. F., Kampman, K. M., Cornish, J. W., et al. (2003). Modafinil and cocaine: A double-blind, placebo-controlled drug interaction study. *Drug and Alcohol Dependence*, 70, 29-37. [https://doi.org/10.1016/S0376-8716\(02\)00335-6](https://doi.org/10.1016/S0376-8716(02)00335-6)
- D'Aunno, T., & Pollack, H. A. (2002). Changes in methadone treatment practices: Results from a national panel study, 1988-2000. *JAMA*, 288, 850-856. <https://doi.org/10.1001/jama.288.7.850>
- Davidson, D., Swift, R. M., & Fitz, E. (1996). Naltrexone increases the latency to drink alcohol in social drinkers. *Alcoholism: Clinical and Experimental Research*, 20, 732-739. <https://doi.org/10.1111/j.1530-0277.1996.tb01679.x>
- de Wildt, W. A., Schippers, G. M., Van Den Brink, W., Potgieter, A. S., Deckers, F., & Bets, D. (2002). Does psychosocial treatment enhance the efficacy of acamprosate in patients with alcohol problems? *Alcohol and Alcoholism*, 37, 375-382. <https://doi.org/10.1093/alcalc/37.4.375>
- Dole, V. P., & Nyswander, M. (1965). A medical treatment for diacetylmorphine (heroin) addiction: Clinical trial with methadone hydrochloride. *JAMA*, 193, 646-650. <https://doi.org/10.1001/jama.1965.03090080008002>
- Donovan, D. M., Anton, R. F., Miller, W. R., Longabaugh, R., Hosking, J. D., Youngblood, M., et al. (2008). Combined pharmacotherapies and behavioral interventions for alcohol dependence (The COMBINE study): Examination of posttreatment drinking outcomes. *Journal of Studies on Alcohol and Drugs*, 69, 5-13. <https://doi.org/10.15288/jsad.2008.69.5>
- Eisenberg, M. J., Fillion, K. B., Yavin, D., Bélisle, P., Mottillo, S., Joseph, L., et al. (2008). Pharmacotherapies for smoking cessation: A meta-analysis of randomized controlled trials. *Canadian Medical Association Journal*, 179, 135-144. <https://doi.org/10.1503/cmaj.070256>
- Feeney, G. F., Connor, J. P., Young, R. M., Tucker, J., & McPherson, A. (2006). Combined acamprosate and naltrexone, with cognitive behavioural therapy is superior to either medication alone for alcohol abstinence: A single centres' experience with pharmacotherapy. *Alcohol and Alcoholism*, 41, 321-327. <https://doi.org/10.1093/alcalc/agl007>
- Fiore, M. C., Jaén, C. R., Baker, T. B., et al. (May 2008). Treating tobacco use and dependence: 2008 update. Clinical practice guideline. Rockville, MD: U.S. Department of Health and Human Services. Public Health Service.
- Fuller, R. K., Branchley, L., Brightwell, D. R., Derman, R. M., Emrick, C. D., Iber, F. L., et al. (1986). Disulfiram treatment of alcoholism: A Veterans Administration cooperative study. *JAMA*, 256, 1449-1455. <https://doi.org/10.1001/jama.1986.03380110055026>
- Garbutt, J. C., Kranzler, H. R., O'Malley, S. S., Gastfriend, D. R., Pettinati, H. M., Silverman, B. L., et al. (2005). Efficacy and tolerability of long-acting injectable naltrexone for alcohol dependence: a randomized controlled trial. *JAMA*, 293, 1617-1625. <https://doi.org/10.1001/jama.293.13.1617>
- Hays, J. T., Hurt, R. D., Rigotti, N. A., Niaura, R., Gonzales, D., Durcan, M. J., et al. (2001). Sustained-release bupropion for pharmacologic relapse prevention after smoking cessation: A randomized,

controlled trial. *Annals of Internal Medicine*, 135, 423-433. <https://doi.org/10.7326/0003-4819-135-6-200109180-00011>

Heidbreder, C. A., & Hagan, J. J. (2005). Novel pharmacotherapeutic approaches for the treatment of drug addiction and craving. *Current Opinion in Pharmacology*, 5, 107-118. <https://doi.org/10.1016/j.coph.2004.08.013>

Higgins, S. T. (1996). Some potential contributions of reinforcement and consumer-demand theory to reducing cocaine use. *Addictive Behavior*, 21, 803-816. [https://doi.org/10.1016/0306-4603\(96\)00037-8](https://doi.org/10.1016/0306-4603(96)00037-8)

Hughes, J. R., Goldstein, M. G., Hurt, R. D., & Shiffman, S. (1999). Recent advances in the pharmacotherapy of smoking. *JAMA*, 281, 72-76. <https://doi.org/10.1001/jama.281.1.72>

Hurt, R. D., Sachs, D. P., Glover, E. D., Offord, K. P., Johnston, J. A., Dale, L. C., et al. (1997). A comparison of sustained-release bupropion and placebo for smoking cessation. *New England Journal of Medicine*, 337, 1195-1202. <https://doi.org/10.1056/NEJM199710233371703>

Hutchison, K. E., Ray, L., Sandman, E., Rutter, M. C., Peters, A., Davidson, D., et al. (2006).

The effect of olanzapine on craving and alcohol consumption. *Neuropsychopharmacology*, 31, 1310-1317. <https://doi.org/10.1038/sj.npp.1300917>

Johnson, B. A., Ait-Daoud, N., Bowden, C. L., DiClemente, C. C., Roache, J. D., Lawson, K., et al. (2003). Oral topiramate for treatment of alcohol dependence: A randomised controlled trial. *Lancet*, 361, 1677-1685. [https://doi.org/10.1016/S0140-6736\(03\)13370-3](https://doi.org/10.1016/S0140-6736(03)13370-3)

Johnson, B. A., Roache, J. D., Javors, M. A., DiClemente, C. C., Cloninger, C. R., Prihoda, T. J., et al. (2000). Ondansetron for reduction of drinking among biologically predisposed alcoholic patients: A randomized controlled trial. *JAMA*, 284, 963-971. <https://doi.org/10.1001/jama.284.8.963>

Johnson, B. A., Rosenthal, N., Capece, J. A., Wiegand, F., Mao, L., Beyers, K., et al. (2007). Topiramate for treating alcohol dependence: A randomized controlled trial. *JAMA*, 298, 1641-1651. <https://doi.org/10.1001/jama.298.14.1641>

Jorenby, D. E., Leischow, S. J., Nides, M. A., Rennard, S. I., Johnston, J. A., Hughes, A. R., et al. (1999). A controlled trial of sustained-release bupropion, a nicotine patch, or both for smoking cessation. *New England Journal of Medicine*, 340, 685-691. <https://doi.org/10.1056/NEJM199903043400903>

Kakko, J., Grönbladh, L., Svanborg, K. D., von Wachenfeldt, J., Rück, C., Rawlings, B., Nilsson, L. H., & Heilig, M. (2007). A stepped care strategy using buprenorphine and methadone versus conventional methadone maintenance in heroin dependence: A randomized controlled trial. *American Journal of Psychiatry*, 164(5): 797-803. <https://doi.org/10.1176/ajp.2007.164.5.797>

Kampman, K. M., Pettinati, H., Lynch, K. G., Dackis, C., Sparkman, T., Weigley, C., & O'Brien, C. P. (2004). A pilot trial of topiramate for the treatment of cocaine dependence. *Drug and Alcohol Dependence*, 75, 233-240. <https://doi.org/10.1016/j.drugalcdep.2004.03.008>

Kampman, K. M., Pettinati, H. M., Lynch, K. G., Whittingham, T., Macfadden, W., Dackis, C., et al. (2007). A double-blind, placebo-controlled pilot trial of quetiapine for the treatment of type A and type B alcoholism. *Journal of Clinical Psychopharmacology*, 27, 344-351. <https://doi.org/10.1097/JCP.0b013e3180ca86e5>

- Kiefer, F., Jahn, H., Tarnaske, T., Helwig, H., Briken, P., Holzbach, R., et al. (2003). Comparing and combining naltrexone and acamprosate in relapse prevention of alcoholism: A double-blind, placebo-controlled study. *Archives of General Psychiatry*, 60, 92-99. <https://doi.org/10.1001/archpsyc.60.1.92>
- Koob, G. F. (2006a). The neurobiology of addiction: A neuroadaptational view relevant for diagnosis. *Addiction*, 101(Suppl 1), 23-30. <https://doi.org/10.1111/j.1360-0443.2006.01586.x>
- Koob, G. F. (2006b). Alcoholism: Allostasis and beyond. *Alcoholism: Clinical and Experimental Research*, 27, 232-243. <https://doi.org/10.1097/01.ALC.0000057122.36127.C2>
- Kosten, T. R., & Kleber, H. D. (1984). Strategies to improve compliance with narcotic antagonists. *American Journal of Drug and Alcohol Abuse*, 10, 249-266. <https://doi.org/10.3109/00952998409002784>
- Kranzler, H. R., Wesson, D. R., & Billot, L. (2004). Naltrexone depot for treatment of alcohol dependence: A multicenter, randomized, placebo-controlled clinical trial. *Alcoholism: Clinical and Experimental Research*, 28, 1051-1059. <https://doi.org/10.1097/01.ALC.0000130804.08397.29>
- Krystal, J. H., Cramer, J. A., Krol, W. F., Kirk, G. F., Rosenheck, R. A., & Veterans Affairs Naltrexone Cooperative Study 425 Group. (2001). Naltrexone in the treatment of alcohol dependence. *New England Journal of Medicine*, 345, 1734-1739. <https://doi.org/10.1056/NEJMoa011127>
- Lappalainen, J., Kranzler, H. R., Malison, R., Price, L. H., Van Dyck, C., Rosenheck, R. A., et al. (2002). A functional neuropeptide Y Leu7Pro polymorphism associated with alcohol dependence in a large population sample from the United States. *Archives of General Psychiatry*, 59, 825-831. <https://doi.org/10.1001/archpsyc.59.9.825>
- Le Foll, B., & George, T. P. (2007). Treatment of tobacco dependence: Integrating recent progress into practice. *Canadian Medical Association Journal*, 177, 1373-1380. <https://doi.org/10.1503/cmaj.070627>
- Leggio, L., Kenna, G. A., & Swift, R. M. (2008). New developments for the pharmacological treatment of alcohol withdrawal syndrome: A focus on non-benzodiazepine GABAergic medications. *Progress in Neuropsychopharmacology and Biological Psychiatry*, 32, 1106-1117. <https://doi.org/10.1016/j.pnpbp.2007.09.021>
- Ling, W., Rawson, R. A., & Compton, P. A. (1994). Substitution pharmacotherapies for opioid addiction: From methadone to LAAM and buprenorphine. *Journal of Psychoactive Drugs*, 26, 119-128. <https://doi.org/10.1080/02791072.1994.10472259>
- Mann, K., Leher, P., & Morgan, M. Y. (2004). The efficacy of acamprosate in the maintenance of abstinence in alcohol-dependent individuals: Results of a meta-analysis. *Alcoholism: Clinical and Experimental Research*, 28, 51-63. <https://doi.org/10.1097/01.ALC.0000108656.81563.05>
- Mason, B. J., Goodman, A. M., Chabac, S., & Leher, P. (2006). Effect of oral acamprosate on abstinence in patients with alcohol dependence in a double-blind, placebo-controlled trial: The role of patient motivation. *Journal of Psychiatric Research*, 40, 383-393. <https://doi.org/10.1016/j.jpsychires.2006.02.002>
- Mattick, R. P., Breen, C., Kimber, J., & Davoli, M. (2003). Methadone maintenance therapy versus no opiate replacement therapy for opiate dependence. *Cochrane Database of Systematic Reviews* 2003, CD002209. <https://doi.org/10.1002/14651858.CD002209>

- McLellan, A. T., Lewis, D. C., O'Brien, C. P., & Kleber, H. D. (2000). Drug dependence, a chronic medical illness, implications for treatment, insurance, and outcomes evaluation. *JAMA*, 284, 1689-1695. <https://doi.org/10.1001/jama.284.13.1689>
- Monti, P., Rohsenow, D., Hutchison, K., Swift, R. M., Mueller, T. I., Colby, S. M., et al. (1999). Naltrexone's effect on cue-elicited craving among alcoholics in treatment. *Alcoholism: Clinical and Experimental Research*, 23, 1386-1394. <https://doi.org/10.1111/j.1530-0277.1999.tb04361.x>
- Monti, P. M., Rohsenow, D. J., Swift, R., Gulliver, S. B., Colby, S. M., Mueller, T. I., et al. (2001). Naltrexone and cue-exposure with coping and communications skills training for alcoholics: Treatment process and one-year outcomes. *Alcoholism: Clinical and Experimental Research*, 25, 1634-1647. <https://doi.org/10.1097/00000374-200111000-00011>
- Nestler, E. J. (2001). Molecular basis of long-term plasticity underlying addiction. *Nat Rev Neurosci*, 2, 119-128. <https://doi.org/10.1038/35053570>
- NIAAA (2007). Helping patients who drink too much: A clinician's guide. NIAAA NIH Government Publications 2007 Edition. Available at <http://www.niaaa.nih.gov/publications/Practitioner/guide.pdf>.
- Nides, M., Oncken, C., Gonzales, D., Rennard, S., Watsky, E. J., Anziano, R., et al. (2006). Smoking cessation with varenicline, a selective alpha4beta2 nicotinic receptor partial agonist: Results from a 7-week, randomized, placebo- and bupropion-controlled trial with 1-year follow-up. *Archives of Internal Medicine*, 166, 1561-1568. <https://doi.org/10.1001/archinte.166.15.1561>
- O'Brien, C. P. (2005). Anticraving medications for relapse prevention: A possible new class of psychoactive medications. *American Journal of Psychiatry*, 162, 1423-1431. <https://doi.org/10.1176/appi.ajp.162.8.1423>
- O'Farrell, T. J., Allen, J. P., & Litten, R. Z. (1995). Disulfiram (antabuse) contracts in treatment of alcoholism. *NIDA Research Monograph*, 150, 65-91. <https://doi.org/10.1037/e495792006-007>
- O'Malley, S. S., & Carroll, K. M. (1996). Psychotherapeutic considerations in pharmacological trials. *Alcoholism: Clinical and Experimental Research*, 20(7 Suppl), 17A-22A. <https://doi.org/10.1111/j.1530-0277.1996.tb01185.x>
- O'Malley, S. S., Jaffe, A. J., Chang, G., Schottenfeld, R. S., Meyer, R. E., & Rounsaville, B. (1992). Naltrexone and coping skills therapy for alcohol dependence: A controlled study. *Archives of General Psychiatry*, 49, 881-887. <https://doi.org/10.1001/archpsyc.1992.01820110045007>
- O'Malley, S. S., Rounsaville, B. J., Farren, C., Namkoong, K., Wu, R., Robinson, J., et al. (2003). Initial and maintenance naltrexone treatment for alcohol dependence using primary care vs specialty care: A nested sequence of 3 randomized trials. *Archives of Internal Medicine*, 163, 1695-1704. <https://doi.org/10.1001/archinte.163.14.1695>
- Oncken, C., Gonzales, D., Nides, M., Rennard, S., Watsky, E., Billing, C. B., et al. (2006). Efficacy and safety of the novel selective nicotinic acetylcholine receptor partial agonist, varenicline, for smoking cessation. *Archives of Internal Medicine*, 166, 1571-1577. <https://doi.org/10.1001/archinte.166.15.1571>
- Oslin, D. W., Berrettini, W., Kranzler, H. R., Pettinati, H., Gelernter, J., Volpicelli, J. R., et al. (2003). A functional polymorphism of the mu-opioid receptor gene is associated with naltrexone response in

alcohol-dependent patients. *Neuropsychopharmacology*, 28(8), 1546-1552.

<https://doi.org/10.1038/sj.npp.1300219>

Paille, F. M., Guelfi, J. D., Perkins, A. C., Royer, R. J., Steru, L., & Parot, P. (1995). Double-blind randomized multicentre trial of acamprosate in maintaining abstinence from alcohol. *Alcohol and Alcoholism*, 30, 239-247.

Pelc, I., Ansoms, C., Leheret, P., Fischer, F., Fuchs, W. J., Landron, F., et al. (2002). The European NEAT program: An integrated approach using acamprosate and psychosocial support for the prevention of relapse in alcohol-dependent patients with a statistical modeling of therapy success prediction. *Alcoholism, Clinical and Experimental Research*, 26, 1529-1538. <https://doi.org/10.1111/j.1530-0277.2002.tb02452.x>

Pelc, I., Verbanck, P., LeBon, O., Gavrilovic, M., Lion, K., & Leheret, P. (1997). Efficacy and safety of acamprosate in the treatment of detoxified alcohol-dependent patients: A 90-day placebo-controlled dose finding study. *British Journal of Psychiatry*, 171, 73-77. <https://doi.org/10.1192/bjp.171.1.73>

Pettinati, H. M., Volpicelli, J. R., Pierce, J. D., & O'Brien, C. P. (2000). Improving naltrexone response: An intervention for medical practitioners to enhance medication compliance in alcohol dependent patients. *Journal of Addictive Diseases*, 19(1), 71-83. https://doi.org/10.1300/J069v19n01_06

Resnick, R. B., Schuyten-Resnick, E., & Washton, A. M. (1980). Assessment of narcotic antagonists in the treatment of opioid dependence. *Annual Review of Pharmacology and Toxicology*, 20, 463-474. <https://doi.org/10.1146/annurev.pa.20.040180.002335>

Robinson, T. E., & Berridge, K. C. (1993). The neural basis of drug craving: An incentive-sensitization theory of addiction. *Brain Research Reviews*, 18, 247-291. [https://doi.org/10.1016/0165-0173\(93\)90013-P](https://doi.org/10.1016/0165-0173(93)90013-P)

Rounsaville, B. J., Gawin, F. H., & Kleber, H. D. (1985). Interpersonal psychotherapy adapted for ambulatory cocaine users. *American Journal of Drug and Alcohol Abuse*, 11, 171. <https://doi.org/10.3109/00952998509016860>

Sass, H., Soyka, M., Mann, K., & Zieglgansberger, W. (1996). Relapse prevention by acamprosate: Results from a placebo controlled study on alcohol dependence. *Archives of General Psychiatry*, 53, 673-680. <https://doi.org/10.1001/archpsyc.1996.01830080023006>

Schroeder, J. P., Overstreet, D. H., & Hodge, C. W. (2005). The neuropeptide-Y Y5 receptor antagonist L-152,804 decreases alcohol self-administration in inbred alcohol-preferring (iP) rats. *Alcohol*, 36, 179-186. <https://doi.org/10.1016/j.alcohol.2005.10.001>

Senay, E. C. (1985). Methadone maintenance treatment. *International Journal of the Addictions*, 20, 803-821. <https://doi.org/10.3109/10826088509047754>

Shoptaw, S., Yang, X., Rotheram-Fuller, E. J., Hsieh, Y.-C., Kintaudie, P. C., Charuvastra, V. C., et al. (2003). Randomized placebo-controlled trial of baclofen for cocaine dependence: Preliminary effects for individuals with chronic patterns of cocaine use. *Journal of Clinical Psychiatry*, 64, 1440-1448. <https://doi.org/10.4088/JCP.v64n1207>

Silagy, C., Lancaster, T., Stead, L., Mant, D., & Fowler, G. (2004). Nicotine replacement therapy for smoking cessation. *Cochrane Database of Systematic Reviews* 2004, CD000146(3). <https://doi.org/10.1002/14651858.CD000146.pub2>

Soyka, M., Preuss, U., & Schuetz, C. (2002). Use of acamprosate and different kinds of psychosocial support in relapse prevention of alcoholism: Results from a non-blind, multicentre study. *Drugs R&D*, 3, 1-12. <https://doi.org/10.2165/00126839-200203010-00001>

Srisurapanont, M., & Jarusuraisin, N. (2005). Naltrexone for the treatment of alcoholism: A meta-analysis of randomized controlled trials. *International Journal of Neuropsychopharmacology*, 8, 267-280. <https://doi.org/10.1017/S1461145704004997>

Strain, E. C., Stitzer, M. L., Liebson, I. A., & Bigelow, G. E. (1994). Comparison of buprenorphine and methadone in the treatment of opioid dependence. *American Journal of Psychiatry*, 151, 1025-1030. <https://doi.org/10.1176/ajp.151.7.1025>

Suh, J. J., Pettinati, H. M., Kampman, K. M., & O'Brien, C. P. (2006). The status of disulfiram: A half of a century later. *Journal of Clinical Psychopharmacology*, 26, 290-302. <https://doi.org/10.1097/01.jcp.0000222512.25649.08>

Swift, R. (2007). Emerging approaches to managing alcohol dependence. *American Journal of Health-System Pharmacy*, 64(5 Suppl 3), S12-S22. <https://doi.org/10.2146/ajhp060644>

Swift, R. M. (1999). Drug therapy for alcohol dependence. *New England Journal of Medicine*, 340, 1482-1490. <https://doi.org/10.1056/NEJM199905133401907>

Swift, R. M., Whelihan, W., Kuznetsov, O., Buongiorno, G., & Hsuing, H. (1994). Naltrexone-induced alterations in human ethanol intoxication. *American Journal of Psychiatry*, 151, 1463-1467. <https://doi.org/10.1176/ajp.151.10.1463>

Thomas, C. P., Wallack, S. S., Lee, S., McCarty, D., & Swift, R. (2003). Research to practice: Adoption of naltrexone in alcoholism treatment. *Journal of Substance Abuse Treatment*, 24, 1-11. [https://doi.org/10.1016/S0740-5472\(02\)00319-7](https://doi.org/10.1016/S0740-5472(02)00319-7)

Thomas, S. E., & Miller, P. M. (2007). Knowledge and attitudes about pharmacotherapy for alcoholism: A survey of counselors and administrators in community-based addiction treatment centres. *Alcohol and Alcoholism*, 42, 113-118. <https://doi.org/10.1093/alcalc/agl100>

Vocci, F. J., Acri, J., & Elkashef, A. (2005). Medication development for addictive disorders: The state of the science. *American Journal of Psychiatry*, 162, 1432-1440. <https://doi.org/10.1176/appi.ajp.162.8.1432>

Volpicelli, J. R., Alterman, A. I., Hayashida, M., & O'Brien, C. P. (1992). Naltrexone in the treatment of alcohol dependence. *Archives of General Psychiatry*, 49, 876-880. <https://doi.org/10.1001/archpsyc.1992.01820110040006>

Volpicelli, J. R., Rhines, K. C., Rhines, J. S., Volpicelli, L. A., Alterman, A. I., & O'Brien, C. P. (1997). Naltrexone and alcohol dependence: Role of subject compliance. *Archives of General Psychiatry*, 54, 737-742. <https://doi.org/10.1001/archpsyc.1997.01830200071010>

Volpicelli, J. R., Watson, N. T., King, A. C., Sherman, C., & O'Brien, C. P. (1995). Effect of naltrexone on alcohol "high" in alcoholics. *American Journal of Psychiatry*, 152, 613-615. <https://doi.org/10.1176/ajp.152.4.613>

Weiss, R. D., & Kueppenbender, K. D. (2006). Combining psychosocial treatment with pharmacotherapy for alcohol dependence. *Journal of Clinical Psychopharmacology*, 26(Suppl 1), S37-S42. <https://doi.org/10.1097/01.jcp.0000248604.58305.b3>

Wise, R. A., & Bozarth, M. A. (1987). A psychomotor stimulant theory of addiction. *Psychological Reviews*, 94(4), 469-492. <https://doi.org/10.1037/0033-295X.94.4.469>

Arthur W. Blume, Michelle R. Resor i Anthony V. Kantin Nierówności w dostępie do leczenia uzależnień. Mniejszości etniczne i seksualne

Arroyo, J. A., Miller, W. R., & Tonigan, J. S. (2003). The influence of Hispanic ethnicity on long-term outcome in three alcohol-treatment modalities. *Journal of Studies on Alcohol*, 64, 98-104.

<https://doi.org/10.15288/jsa.2003.64.98>

Barbara, A. M. (2002). Substance abuse treatment with lesbian, gay and bisexual people: A qualitative study of service providers. *Journal of Gay and Lesbian Social Services*, 14, 1-17.

https://doi.org/10.1300/J041v14n04_01

Blume, A. W., Morera, O. F., & García de la Cruz, B. (2005). Assessment of addictive behaviors in ethnic-minority populations. In D. M. Donovan & G. A. Marlatt (Eds.), *Assessment of addictive behaviors* (2nd ed., pp. 49-70). New York: Guilford Press.

Brewer, D. D., Catalano, R. F., Haggerty, K., Gainey, R. R., & Fleming, C. B. (1998). A meta-analysis of predictors of continued drug use during and after treatment for opiate addiction. *Addiction*, 93, 73-92. <https://doi.org/10.1046/j.1360-0443.1998.931738.x>

Bureau of Prisons. (2008). Quick facts about the Bureau of Prisons. Retrieved April 25, 2008, from <http://www.bop.gov/news/quick.jsp>.

Carter, J. H. (1994). Racism's impact on mental health. *JAMA*, 86, 543-547.

Centers for Disease Control and Prevention. (2004). Health disparities experienced by racial/ethnic minority populations. *Morbidity and Mortality Weekly Report*, 53, 755.

Choca, J. P., Shanley, L. A., Peterson, C. A., & Van Denburg, E. (1990). Racial bias and the MCMI. *Journal of Personality Assessment*, 54, 479-490. https://doi.org/10.1207/s15327752jpa5403&4_5

Cochran, B. N., & Cauce, A. M. (2006). Characteristics of lesbian, gay, bisexual, and transgender individuals entering substance abuse treatment. *Journal of Substance Abuse Treatment*, 30, 135-146. <https://doi.org/10.1016/j.jsat.2005.11.009>

Cochran, B. N., Peavy, K. M., & Cauce, A. M. (2007). Substance abuse treatment providers' explicit and implicit attitudes regarding sexual minorities. *Journal of Homosexuality*, 53, 181-207. https://doi.org/10.1300/J082v53n03_10

Cochran, S. D., Sullivan, J. G., & Mays, V. M. (2003). Prevalence of mental disorders, psychological distress, and mental health services use among lesbian, gay, and bisexual adults in the United States. *Journal of Consulting & Clinical Psychology*, 71, 53-61. <https://doi.org/10.1037/0022-006X.71.1.53>

Cochran, S. D., Mays, V. M., Ortega, A. N., Alegria, M., & Takeuchi, D. (2007). Mental health and substance use disorders among Latino and Asian American lesbian, gay, and bisexual adults. *Journal of Consulting & Clinical Psychology*, 75, 785-794. <https://doi.org/10.1037/0022-006X.75.5.785>

Eliason, M. J. (2000). Substance abuse counselors' attitudes regarding lesbian, gay, bisexual, and transgendered clients. *Journal of Substance Abuse*, 12, 311-328. [https://doi.org/10.1016/S0899-3289\(01\)00055-4](https://doi.org/10.1016/S0899-3289(01)00055-4)

- Ellis, D., & McClure, J. (1992). In-patient treatment of alcohol problems: Predicting and preventing relapse. *Alcohol and Alcoholism*, 27, 449-456.
- Eubanks-Carter, C., Burckell, L. A., & Goldfried, M. R. (2005). Enhancing therapeutic effectiveness with lesbian, gay, and bisexual clients. *Clinical Psychology: Science and Practice*, 12, 1-18.
<https://doi.org/10.1093/clipsy.bpi001>
- Evans, E., Spear, S. E., Huang, Y.-C., & Hser, Y.-I. (2006). Outcomes of drug and alcohol treatment programs among American Indians in California. *American Journal of Public Health*, 96, 889-896.
<https://doi.org/10.2105/AJPH.2004.055871>
- Fong, T., & Tsuang, J. (2007). Asian-Americans, addictions, and barriers to treatment. *Psychiatry*, 4, 51-58.
- Gaines, S. O., Jr., Marelich, W. D., Bledsoe, K. L., Steers, W. N., Henderson, M. C., Granrose, C. S., Barajas, L., et al. (1997). Links between race/ethnicity and cultural values as mediated by racial/ethnic identity and moderated by gender. *Journal of Personality and Social Psychology*, 72, 1460-1476. <https://doi.org/10.1037//0022-3514.72.6.1460>
- Galvan, F. H., & Caetano, R. (2003). Alcohol use and related problems among ethnic minorities in the United States. *Alcohol Research & Health*, 27, 87-94.
- Galvin, D., Miller, T., Spicer, R., & Waehrer, G. (2007). Substance abuse and the uninsured worker in the United States. *Journal of Public Health Policy*, 28, 102-117.
<https://doi.org/10.1057/palgrave.jphp.3200105>
- Gee, G., Spencer, M., Chen, J., Yip, T., & Takeuchi, D. (2007). The association between self-reported racial discrimination and 12-month DSM-IV mental disorders among Asian Americans nationwide. *Social Science & Medicine*, 64, 1984-1996. <https://doi.org/10.1016/j.socscimed.2007.02.013>
- Grandbois, D. (2005). Stigma of mental illness among American Indian and Alaska Native nations: Historical and contemporary perspectives. *Issues in Mental Health Nursing*, 26, 1001-1024.
<https://doi.org/10.1080/01612840500280661>
- Grant, B. F. (1997). Barriers to alcoholism treatment: Reasons for not seeking treatment in a general population sample. *Journal of Studies on Alcohol*, 58, 365-371.
<https://doi.org/10.15288/jsa.1997.58.365>
- Grant, B., Dawson, D., Stinson, F., Chou, S., Dufour, M., & Pickering, R. (2004). The 12-month prevalence and trends in DSM-IV alcohol abuse and dependence: United States, 1991-1992 and 2001-2002. *Drug and Alcohol Dependence*, 74, 223-234.
<https://doi.org/10.1016/j.drugalcdep.2004.02.004>
- Gushue, G. V., & Sciarra, D. T. (1995). Culture and families: A multidimensional approach. In J. G. Ponterotto, J. M. Casas, L. A. Suzuki, & C. M. Alexander (Eds.), *Handbook of multicultural counseling* (pp. 586-606). Thousand Oaks, CA: Sage.
- Harrell, J., Hall, S., & Taliaferro, J. (2003). Physiological responses to racism and discrimination: An assessment of the evidence. *American Journal of Public Health*, 93, 242-248.
<https://doi.org/10.2105/AJPH.93.2.243>
- Healthy People 2010. (2000). Access to quality health services. Retrieved April 25, 2008, from <http://www.healthypeople.gov/Document/HTML/Volume1/01Access.htm>. Hellman, R. E., Stanton, M., Lee, J., Tytun, A., & Vachon, R. (1989). Treatment of homosexual alcoholics in government-

funded agencies: Provider training and attitudes. *Hospital and Community Psychiatry*, 40, 1163-1168.
<https://doi.org/10.1176/ps.40.11.1163>

Hernandez, D. V., Skewes, M. C., Resor, M. R., Villanueva, M. R., Hanson, B. S., & Blume, A. W. (2006). A pilot test of an alcohol skills training programme for Mexican-American college students. *International Journal of Drug Policy*, 17, 320-328. <https://doi.org/10.1016/j.drugpo.2006.03.002>

Hughes, T. L., & Eliason, M. (2002). Substance use and abuse in lesbian, gay, bisexual and transgender populations. *Journal of Primary Prevention*, 22, 263-298. <https://doi.org/10.1023/A:1013669705086>

Hughes, T. L., & Wilsnack, S. C. (2002). Use of alcohol among lesbians: Research and clinical implications. *American Journal of Orthopsychiatry*, 72, 20-36. <https://doi.org/10.1037/h0080208>

Institute of Medicine. (2003). *Unequal treatment: Confronting racial and ethnic disparities in health care*. Washington, DC: Author.

Ja, D., & Aoki, B. (1993). Substance abuse treatment: Cultural barriers in the Asian-American community. *Journal of Psychoactive Drugs*, 25, 61-71.
<https://doi.org/10.1080/02791072.1993.10472592>

Kline, A. (1996). Pathways into drug user treatment: The influence of gender and racial/ethnic identity. *Substance Use and Misuse*, 31, 323-342. <https://doi.org/10.3109/10826089609045815>

Krieger, N., Chen, J., Waterman, P., Rehkopf, D., & Subramanian, S. (2005). Painting a truer picture of US socioeconomic and racial/ethnic health inequalities: The public health disparities geocoding project. *American Journal of Public Health*, 95, 312-323. <https://doi.org/10.2105/AJPH.2003.032482>

Labouvie, E. (1996). Maturing out of substance use: Selection and self correction. *Journal of Drug Issues*, 26, 457-477. <https://doi.org/10.1177/002204269602600208>

Leung, S. F., & Arthur, D. (2000). The alcohol use disorders identification test (AUDIT): Validation of an instrument for enhancing nursing practice in Hong Kong. *International Journal of Nursing Studies*, 37, 57-64. [https://doi.org/10.1016/S0020-7489\(99\)00052-8](https://doi.org/10.1016/S0020-7489(99)00052-8)

Marin, B. V. (1990). Hispanic drug abuse: Culturally appropriate prevention and treatment. In R. R. Watson (Ed.), *Drug and alcohol abuse prevention* (pp. 151-165). Clifton, NJ: Humana Press.
https://doi.org/10.1007/978-1-4612-0465-7_7

Marlatt, G. A., Larimer, M. E., Mail, P. D., Hawkins, E. H., Cummins, L. H., Blume, A. W., et al. (2003). Journeys of the circle: A culturally congruent life skills intervention for adolescent Indian drinking. *Alcoholism: Clinical and Experimental Research*, 27, 1327-1329.
<https://doi.org/10.1097/01.ALC.0000080345.04590.52>

Mason, M. J. (1995). A preliminary language validity analysis of the Problem Oriented Screening Instrument for Teenagers (POSIT). *Journal of Child and Adolescent Substance Abuse*, 4, 61-68.
https://doi.org/10.1300/J029v04n03_04

McCrary, B. S. (2000). Alcohol use disorders and the Division 12 task force of the American Psychological Association. *Psychology of Addictive Behaviors*, 14, 267-276.
<https://doi.org/10.1037/0893-164X.14.3.267>

McKirnan, D. J., & Peterson, P. L. (1989). Alcohol and drug use among homosexual men and women: Epidemiology and population characteristics. *Addictive Behaviors*, 14, 545-553.
[https://doi.org/10.1016/0306-4603\(89\)90075-0](https://doi.org/10.1016/0306-4603(89)90075-0)

National Center for Injury Prevention and Control. (2008). WISQARS leading causes of death reports, 1999-2005. Retrieved April 12, 2008, from <http://webappa.cdc.gov/sasweb/ncipc/leadcaus10.html>.

National Institute on Alcohol Abuse and Alcoholism. (1997). Ninth special report to the U.S. congress on alcohol and health. Bethesda, MD: Author.

Niv, N., Wong, U. C., & Hser, Y. I. (2007). Asian Americans in community-based substance abuse treatment: Service needs, utilization, and outcomes. *Journal of Substance Abuse Treatment*, 33, 313-319. <https://doi.org/10.1016/j.jsat.2006.12.012>

Page, E. H. (2005). Mental health services experiences of bisexual women and bisexual men: An empirical study. *Journal of Bisexuality*, 4, 137-160. https://doi.org/10.1300/J159v04n01_11

Rhodes, R., & Johnson, A. (1997). A feminist approach to treating alcohol and drug addicted African-American women. *Women and Therapy*, 20, 23-37. https://doi.org/10.1300/J015v20n03_02

Safren, S. A. (2005). Affirmative, evidence-based, and ethically sound psychotherapy with lesbian, gay, and bisexual clients. *Clinical Psychology: Science and Practice*, 12, 29-32. <https://doi.org/10.1093/clipsy.bpi003>

Sakai, J. T., Ho, P. M., Shore, J. H., Risk, N. K., & Price, R. K. (2005). Asians in the United States: Substance dependence and use of substance-dependence treatment. *Journal of Substance Abuse Treatment*, 29, 75-84. <https://doi.org/10.1016/j.jsat.2005.04.002>

Savin-Williams, R. C. (1994). Verbal and physical abuse as stressors in the lives of lesbian, gay male, and bisexual youths: Associations with school problems, running away, substance abuse, prostitution, and suicide. *Journal of Consulting & Clinical Psychology*, 62, 261-269. <https://doi.org/10.1037/0022-006X.62.2.261>

Shoptaw, S., Reback, C. J., Peck, J. A., Yang, X., Rotheram-Fuller, E., Larkins, S., et al. (2005). Behavioral treatment approaches for methamphetamine dependence and HIV-related sexual risk behaviors among urban gay and bisexual men. *Drug and Alcohol Dependence*, 78, 125-134. <https://doi.org/10.1016/j.drugalcdep.2004.10.004>

Siegel, K., & Epstein, J. A. (1996). Ethnic-racial differences in psychological stress related to gay lifestyle among HIV-positive men. *Psychological Reports*, 79, 303-312. <https://doi.org/10.2466/pr0.1996.79.1.303>

Skinner, W. F. (1994). The prevalence and demographic predictors of illicit and licit drug use among lesbians and gay men. *American Journal of Public Health*, 84, 1307-1310. <https://doi.org/10.2105/AJPH.84.8.1307>

Snowden, L., Masland, M., Ma, Y., & Ciemens, E. (2006). Strategies to improve minority access to public mental health services in California: Description and preliminary evaluation. *Journal of Community Psychology*, 34, 225-235. <https://doi.org/10.1002/jcop.20092>

Snowden, L. R. (2003). Bias in mental health assessment and intervention: Theory and evidence. *American Journal of Public Health*, 93, 239-243. <https://doi.org/10.2105/AJPH.93.2.239>

Stockdale, S., Tang, L., Zhang, L., Belin, T., & Wells, K. (2007). The effects of health sector market factors and vulnerable group membership on access to alcohol, drug, and mental health care. *Health Services Research*, 42, 1020-1041. <https://doi.org/10.1111/j.1475-6773.2006.00636.x>

- Substance Abuse and Mental Health Services Administration. (2002). The DASIS Report: Black admissions to substance abuse treatment 1999. Rockville, MD: Author.
- Substance Abuse and Mental Health Services Administration. (2003). The DASIS Report: Substance use among American Indians or Alaska Natives. Rockville, MD: Author.
- Substance Abuse and Mental Health Services Administration. (2008). Prevalence of substance use among racial & ethnic subgroups in the U.S. Rockville, MD: Author. Author. Retrieved March 24, 2008, from <http://www.oas.samhsa.gov/NHSDA/Ethnic.ethn1006.htm>.
- Sue, D. W., & Sue, D. (Eds.) (2003a). Barriers to effective multicultural counseling/therapy. Counseling the culturally diverse: Theory and practice (pp. 95-121). New York: Wiley.
- Sue, D. W., & Sue, D. (Eds.) (2003b). Counseling and therapy with racial/ethnic-minority populations. Counseling the culturally diverse: Theory and practice (pp. 291-376). New York: Wiley.
- Sue, D. W., & Sue, D. (Eds.) (2003c). Multicultural family counseling and therapy. Counseling the culturally diverse: Theory and practice (pp. 151-176). New York: Wiley.
- Tonigan, J. S. (2003). Project match treatment participation and outcome by self-reported ethnicity. *Alcoholism: Clinical and Experimental Research*, 27, 1340-1344.
<https://doi.org/10.1097/01.ALC.0000080673.83739.F3>
- Travers, R., & Schneider, M. (1996). Barriers to accessibility for lesbian and gay youth needing addictions services. *Youth and Society*, 27, 356-378. <https://doi.org/10.1177/0044118X96027003005>
- Ullrich, P. M., Lutgendorf, S. K., & Stapleton, J. T. (2003). Concealment of homosexual identity, social support and CD4 cell count among HIV-seropositive gay men. *Journal of Psychosomatic Research*, 54, 205-212. [https://doi.org/10.1016/S0022-3999\(02\)00481-6](https://doi.org/10.1016/S0022-3999(02)00481-6)
- U.S. Department of Health and Human Services. (2001). Mental health: Culture, race, and ethnicity. A supplement to Mental Health: A report of the surgeon general. Rockville, MD: Author.
- U.S. Department of Justice. (2007). Prison and jail inmates at midyear 2006. Retrieved April 25, 2008, from <http://www.ojp.usdoj.gov/bjs/pub/pdf/pjim06.pdf>.
- Villanueva, M., Tonigan, J. S., & Miller, W. R. (2007). Response of Native American clients to three treatment methods for alcohol dependence. *Journal of Ethnicity in Substance Abuse*, 6, 41-48.
https://doi.org/10.1300/J233v06n02_04
- Volk, R. J., Cantor, S. B., Steinbauer, J. R., & Cass, A. R. (1997). Item bias in the CAGE screening test for alcohol use disorders. *Journal of General Internal Medicine*, 12, 763-769.
<https://doi.org/10.1046/j.1525-1497.1997.07162.x>
- Voss Horrell, S. (2008). Effectiveness of cognitive behavioral therapy with adult ethnic minority clients: A review. *Professional Psychology: Research & Practice*, 39, 160-168.
<https://doi.org/10.1037/0735-7028.39.2.160>
- Wingo, L. K. (2001). Substance abuse in African American women. *Journal of Cultural Diversity*, 20, 23-37.
- Wong, M. M., Klinge, R. S., & Price, R. K. (2004). Alcohol, tobacco, and other drug use among Asian American and Pacific Islander adolescents in California and Hawaii. *Addictive Behaviors*, 29, 127-141.
[https://doi.org/10.1016/S0306-4603\(03\)00079-0](https://doi.org/10.1016/S0306-4603(03)00079-0)

Wu, E., Gilbert, L., Piff, J., & Sanders, G. (2004). Sociodemographic disparities in supplemental service utilization among male methadone patients. *Journal of Substance Abuse Treatment*, 26, 197-202. [https://doi.org/10.1016/S0740-5472\(03\)00246-0](https://doi.org/10.1016/S0740-5472(03)00246-0)

Zager, L. D., & Megargee, E. I. (1981). Seven MMPI alcohol and drug abuse scales: An empirical investigation of their interrelationships, convergent and discriminant validity, and degree of racial bias. *Journal of Personality and Social Psychology*, 40, 532-544. <https://doi.org/10.1037/0022-3514.40.3.532>

Morten Hesse i Mats Fridell Leczenie pacjentów z współwystępującymi zaburzeniami psychicznymi

Avants, S. K., Margolin, A., Kosten, T. R., Rounsaville, B. J., & Schottenfeld, R. S. (1998). When is less treatment better? The role of social anxiety in matching methadone patients to psychosocial treatments. *Journal of Consulting and Clinical Psychology*, 66, 924-931. <https://doi.org/10.1037/0022-006X.66.6.924>

Ball, S. A. (2007). Comparing individual therapies for personality disordered opioid dependent patients. *Journal of Personality Disorder*, 21, 305-321. <https://doi.org/10.1521/pedi.2007.21.3.305>

Ball, S. A., Cobb-Richardson, P., Connolly, A. J., Bujosa, C. T., & O'Neill T. W. (2005). Substance abuse and personality disorders in homeless drop-in center clients: Symptom severity and psychotherapy retention in a randomized clinical trial. *Comprehensive Psychiatry*, 46, 371-379. <https://doi.org/10.1016/j.comppsy.2004.11.003>

Bowen, R. C., D'Arcy, C., Keegan, D., & Senthilselvan, A. (2000). A controlled trial of cognitive behavioral treatment of panic in alcoholic inpatients with comorbid panic disorder. *Addictive Behaviors*, 25, 593-597. [https://doi.org/10.1016/S0306-4603\(99\)00017-9](https://doi.org/10.1016/S0306-4603(99)00017-9)

Bowman, V., Ward, L. C., Bowman, D., & Scogin, F. (1996). Self-examination therapy as an adjunct treatment for depressive symptoms in substance abusing patients. *Addictive Behaviors*, 21, 129-133. [https://doi.org/10.1016/0306-4603\(95\)00027-5](https://doi.org/10.1016/0306-4603(95)00027-5)

Brown, R. A., Evans, D. M., Miller, I. W., Burgess, E. S., & Mueller, T. I. (1997). Cognitive behavioral treatment for depression in alcoholism. *Journal of Consulting and Clinical Psychology*, 65, 715-726. <https://doi.org/10.1037/0022-006X.65.5.715>

Brown, S. A., Glasner-Edwards, S. V., Tate, S. R., McQuaid, J. R., Chalekian, J., & Granholm, E. (2006). Integrated cognitive behavioral therapy versus twelve-step facilitation therapy for substance-dependent adults with depressive disorders. *Journal of Psychoactive Drugs*, 38, 449-460. <https://doi.org/10.1080/02791072.2006.10400584>

Brown, S. A., Inaba, R. K., Gillin, J. C., Schuckit, M. A., Stewart, M. A., & Irwin, M. R. (1995). Alcoholism and affective disorder: Clinical course of depressive symptoms. *American Journal of Psychiatry*, 152, 45-52. <https://doi.org/10.1176/ajp.152.1.45>

Carroll, K. M., Rounsaville, B. J., Gordon, L. T., Nich, C., Jatlow, P., Bisighini, R. M., et al. (1994). Psychotherapy and pharmacotherapy for ambulatory cocaine abusers. *Archives of General Psychiatry*, 51, 177-187. <https://doi.org/10.1001/archpsyc.1994.03950030013002>

Charney, D. A., Paraherakis, A. M., Negrete, J. C., & Gill, K. J. (1998). The impact of depression on the outcome of addictions treatment. *Journal of Substance Abuse Treatment*, 15, 123-130.

[https://doi.org/10.1016/S0740-5472\(97\)00183-9](https://doi.org/10.1016/S0740-5472(97)00183-9)

Compton, W. M., 3rd, Cottler, L. B., Jacobs, J. L., Ben-Abdallah, A., & Spitznagel, E. L. (2003). The role of psychiatric disorders in predicting drug dependence treatment outcomes. *American Journal of Psychiatry*, 160, 890-895. <https://doi.org/10.1176/appi.ajp.160.5.890>

Conrod, P. J., Stewart, S. H., Pihl, R. O., Cote, S., Fontaine, V., & Dongier, M. (2000). Efficacy of brief coping skills interventions that match different personality profiles of female substance abusers. *Psychology of Addictive Behaviors*, 14, 231-242. <https://doi.org/10.1037/0893-164X.14.3.231>

Curran, G. M., Flynn, H. A., Kirchner, J., & Booth, B. M. (2000). Depression after alcohol treatment as a risk factor for relapse among male veterans. *Journal of Substance Abuse Treatment*, 19, 259-265.

[https://doi.org/10.1016/S0740-5472\(00\)00107-0](https://doi.org/10.1016/S0740-5472(00)00107-0)

Curran, G. M., Kirchner, J. E., Worley, M., Rookey, C., & Booth, B. M. (2002). Depressive symptomatology and early attrition from intensive outpatient substance use treatment. *Journal of Behavioral Health Services Research*, 29, 138-143. <https://doi.org/10.1007/BF02287700>

Daughters, S. B., Braun, A. R., Sargeant, M. N., Reynolds, E. K., Hopko, D. R., Blanco, C., et al. (2008). Effectiveness of a brief behavioral treatment for inner-city illicit drug users with elevated depressive symptoms: The Life Enhancement Treatment for Substance Use (LETS Act!). *Journal of Clinical Psychiatry*, e1-e8. <https://doi.org/10.4088/JCP.v69n0116>

Daughters, S. B., Stipelman, B. A., Sargeant, M. N., Schuster, R., Bornolova, M. A., & Lejuez, C. W. (2007). The interactive effects of antisocial personality disorder and court-mandated status on substance abuse treatment dropout. *Journal of Substance Abuse Treatment*, 34, 157-164.

<https://doi.org/10.1016/j.jsat.2007.02.007>

Dennis, M. L., Foss, M. A., & Scott, C. K. (2007). An eight-year perspective on the relationship between the duration of abstinence and other aspects of recovery. *Evaluation Review*, 31, 585-612.

<https://doi.org/10.1177/0193841X07307771>

Driessen, M., Meier, S., Hill, A., Wetterling, T., Lange, W., & Junghanns, K. (2001). The course of anxiety, depression and drinking behaviours after completed detoxification in alcoholics with and without comorbid anxiety and depressive disorders. *Alcohol and Alcoholism*, 36, 249-255.

<https://doi.org/10.1093/alcalc/36.3.249>

Elbogen, E. B., Swanson, J. W., Swartz, M. S., & Van Dorn, R. (2005). Medication nonadherence and substance abuse in psychotic disorders: Impact of depressive symptoms and social stability. *Journal of Nervous and Mental Disease*, 193, 673-679.

<https://doi.org/10.1097/01.nmd.0000180742.51075.70>

Fals-Stewart, W., & Schafer, J. (1992). The treatment of substance abusers diagnosed with obsessive-compulsive disorder: An outcome study. *Journal of Substance Abuse Treatment*, 9, 365-370.

[https://doi.org/10.1016/0740-5472\(92\)90032-J](https://doi.org/10.1016/0740-5472(92)90032-J)

Fridell, M., Hesse, M., Jaeger, M. M., & Kuhlhorn, E. (2008). Antisocial personality disorder as a predictor of criminal behaviour in a longitudinal study of a cohort of abusers of several classes of drugs: Relation to type of substance and type of crime. *Addictive Behaviors*, 33, 799-811.

<https://doi.org/10.1016/j.addbeh.2008.01.001>

Goldstein, B. I., Diamantouros, A., Schaffer, A., & Naranjo, C. A. (2006). Pharmacotherapy of alcoholism in patients with co-morbid psychiatric disorders. *Drugs*, 66, 1229-1237.

<https://doi.org/10.2165/00003495-200666090-00005>

Gonzalez, G., Feingold, A., Oliveto, A., Gonsai, K., & Kosten, T. R. (2003). Comorbid major depressive disorder as a prognostic factor in cocaine-abusing buprenorphine-maintained patients treated with desipramine and contingency management. *American Journal of Drug and Alcohol Abuse*, 29, 497-514. <https://doi.org/10.1081/ADA-120023455>

Grant, B. F., Hasin, D. S., Stinson, F. S., Dawson, D. A., June Ruan, W., Goldstein, R. B., et al. (2005a). Prevalence, correlates, co-morbidity, and comparative disability of DSM-IV generalized anxiety disorder in the USA: Results from the national epidemiologic survey on alcohol and related conditions. *Psychological Medicine*, 35, 1747-1759. <https://doi.org/10.1017/S0033291705006069>

Grant, B. F., Hasin, D. S., Stinson, F. S., Dawson, D. A., Patricia Chou, S., June Ruan, W., et al. (2005b). Co-occurrence of 12-month mood and anxiety disorders and personality disorders in the US: Results from the national epidemiologic survey on alcohol and related conditions. *Journal of Psychiatric Research*, 39, 1-9. <https://doi.org/10.1016/j.jpsychires.2004.05.004>

Grant, B. F., Hasin, D. S., Stinson, F. S., Dawson, D. A., Patricia Chou, S., June Ruan, W., et al. (2005c). Co-occurrence of 12-month mood and anxiety disorders and personality disorders in the US: Results from the national epidemiologic survey on alcohol and related conditions. *Journal of Psychiatric Research*, 39, 1-9. <https://doi.org/10.1016/j.jpsychires.2004.05.004>

Grant, B. F., Stinson, F. S., Dawson, D. A., Chou, P. S., June Ruan, W., & Pickering, R. (2004a). Co-occurrence of 12-month alcohol and drug use disorders and personality disorders in the United States: Results from the national epidemiologic survey of alcohol and related conditions. *Archives of General Psychiatry*, 61, 361-368. <https://doi.org/10.1001/archpsyc.61.4.361>

Grant, B. F., Stinson, F. S., Dawson, D. A., Chou, S. P., Dufour, M. C., Compton, W., et al. (2004b). Prevalence and co-occurrence of substance use disorders and independent mood and anxiety disorders: Results from the national epidemiologic survey on alcohol and related conditions. *Archives of General Psychiatry*, 61, 807-816. <https://doi.org/10.1001/archpsyc.61.8.807>

Gregory, R. J., Chlebowsky, S., Kang, D., Remen, A. L., Soderberg, M. G., Stepkovich, J., et al. (2008). A controlled trial of psychodynamic psychotherapy for co-occurring borderline personality disorder and alcohol use disorder. *Psychotherapy: Theory, Research, Practice, Training*, 41, 28-41. <https://doi.org/10.1037/0033-3204.45.1.28>

Hesse, M. (2004). Achieving abstinence by treating depression in the presence of substance-use disorders. *Addictive Behaviors*, 29, 1137-1141. <https://doi.org/10.1016/j.addbeh.2004.03.006>

Hesse, M. (2006). The Beck Depression Inventory in patients undergoing opiate agonist maintenance treatment. *British Journal of Clinical Psychology*, 45, 417-425. <https://doi.org/10.1348/014466505X68069>

Linehan, M. M., Dimeff, L. A., Reynolds, S. K., Comtois, K. A., Welch, S. S., Heagerty, P., et al. (2002). Dialectical behavior therapy versus comprehensive validation therapy plus 12-step for the treatment of opioid dependent women meeting criteria for borderline personality disorder. *Drug and Alcohol Dependence*, 67, 13-26. [https://doi.org/10.1016/S0376-8716\(02\)00011-X](https://doi.org/10.1016/S0376-8716(02)00011-X)

Lubman, D. I., Allen, N. B., Rogers, N., Cementon, E., & Bonomo, Y. (2007). The impact of co-occurring mood and anxiety disorders among substance-abusing youth. *Journal of Affective Disorders*, 103, 105-112. <https://doi.org/10.1016/j.jad.2007.01.011>

Mann, K., Hintz, T., & Jung, M. (2004). Does psychiatric comorbidity in alcohol-dependent patients affect treatment outcome? *European Archives of Psychiatry and Clinical Neuroscience*, 254, 172-181. <https://doi.org/10.1007/s00406-004-0465-6>

Marquenie, L. A., Schade, A., Van Balkom, A. J., Koeter, M., Frenken, S., van den Brink, W., et al. (2006). Comorbid phobic disorders do not influence outcome of alcohol dependence treatment: Results of a naturalistic follow-up study. *Alcohol and Alcoholism*, 41, 168-173. <https://doi.org/10.1093/alcalc/agh252>

Matzger, H., Kaskutas, L. A., & Weisner, C. (2005). Reasons for drinking less and their relationship to sustained remission from problem drinking. *Addiction*, 100, 1637-1646. <https://doi.org/10.1111/j.1360-0443.2005.01203.x>

McCusker, J., Goldstein, R., Bigelow, C., & Zorn, M. (1995). Psychiatric status and HIV risk reduction among residential drug abuse treatment clients. *Addiction*, 90, 1377-1387. <https://doi.org/10.1111/j.1360-0443.1995.tb03555.x>

McKay, J. R., Alterman, A. I., Cacciola, J. S., Mulvaney, F. D., & O'Brien, C. P. (2000). Prognostic significance of antisocial personality disorder cocaine-dependent patients entering continuing care. *Journal of Nervous and Mental Disease*, 188, 287-296. <https://doi.org/10.1097/00005053-200005000-00006>

Nielsen, P., Røjskjær, S., & Hesse, M. (2007). Personality-guided treatment for alcohol dependence: A quasi-randomized experiment. *American Journal on Addictions*, 16, 357-364. <https://doi.org/10.1080/10550490701525640>

Nunes, E. V., & Levin, F. R. (2004). Treatment of depression in patients with alcohol or other drug dependence: A meta-analysis. *Journal of the American Medical Association*, 291, 1887-1896. <https://doi.org/10.1001/jama.291.15.1887>

Randall, C. L., Thomas, S., & Thevos, A. K. (2001). Concurrent alcoholism and social anxiety disorder: A first step toward developing effective treatments. *Alcoholism: Clinical and Experimental Research*, 25, 210-220. <https://doi.org/10.1111/j.1530-0277.2001.tb02201.x>

Rao, S. R., Broome, K. M., & Simpson, D. D. (2004). Depression and hostility as predictors of long-term outcomes among opiate users. *Addiction*, 99, 579-589. <https://doi.org/10.1111/j.1360-0443.2004.00686.x>

Riehman, K. S., Iguchi, M. Y., & Anglin, M. D. (2002). Depressive symptoms among amphetamine and cocaine users before and after substance abuse treatment. *Psychology of Addictive Behaviors*, 16, 333-337. <https://doi.org/10.1037/0893-164X.16.4.333>

Rounsaville, B. J., Kosten, T. R., Weissman, M. M., & Kleber, H. D. (1986). Prognostic significance of psychopathology in treated opiate addicts: A 2.5-year follow-up study. *Archives of General Psychiatry*, 43, 739-745. <https://doi.org/10.1001/archpsyc.1986.01800080025004>

Saatcioglu, O., Yapici, A., & Cakmak, D. (2008). Quality of life, depression and anxiety in alcohol dependence. *Drug and Alcohol Review*, 27, 83-90. <https://doi.org/10.1080/09595230701711140>

Schadé, A., Marquenie, L. A., van Balkom, A. J., Koeter, M. W., de Beurs, E., van den Brink, W., et al. (2005). The effectiveness of anxiety treatment on alcohol-dependent patients with a comorbid phobic disorder: A randomized controlled trial. *Alcoholism: Clinical and Experimental Research*, 29, 794-800. <https://doi.org/10.1097/01.ALC.0000163511.24583.33>

Strain, E. C., Stitzer, M. L., & Bigelow, G. E. (1991). Early treatment time course of depressive symptoms in opiate addicts. *Journal of Nervous and Mental Disease*, 179, 215-221. <https://doi.org/10.1097/00005053-199104000-00007>

Subramaniam, G. A., Lewis, L. L., Stitzer, M. L., & Fishman, M. J. (2004). Depressive symptoms in adolescents during residential treatment for substance use disorders. *American Journal on Addictions*, 13, 256-267. <https://doi.org/10.1080/10550490490459924>

Thomas, S. E., Randall, P. K., Book, S. W., & Randall, C. L. (2008). A complex relationship between co-occurring social anxiety and alcohol use disorders: What effect does treating social anxiety have on drinking? *Alcoholism: Clinical and Experimental Research*, 32, 77-84. <https://doi.org/10.1111/j.1530-0277.2007.00546.x>

Thornton, C. C., Patkar, A. A., Murray, H. W., Mannelli, P., Gottheil, E., Vergare, M. J., et al. (2003). High- and low-structure treatments for substance dependence: Role of learned helplessness. *American Journal of Drug and Alcohol Abuse*, 29, 567-584. <https://doi.org/10.1081/ADA-120023459>

Verthein, U., Degkwitz, P., Haasen, C., & Krausz, M. (2005). Significance of comorbidity for the long-term course of opiate dependence. *European Addiction Research*, 11, 15-21. <https://doi.org/10.1159/000081412>

Josephine M. Hawke i Yifrah Kaminer Naukowo udokumentowane interwencje kierowane do młodzieży nadużywającej substancji psychoaktywnych

Alexander, J. F., Pugh, C., Parsons, B. V., & Sexton, T. L. (2000). Functional family therapy. In D. S. Elliott (Ed.), *Blueprints for violence prevention (Book 3)* (2nd ed.). Boulder, CO: Center for the Study and Prevention of Violence, Institute of Behavioral Science, University of Colorado.

Austin, A. M., Macgowan, M. J., & Wagner, E. F. (2005). Effective family-based interventions for adolescents with substance use problems: A systematic review. *Research on Social Work Practice*, 15(2), 67-83. <https://doi.org/10.1177/1049731504271606>

Azrin, N. H., McMahon, P. T., Donohue, B., Besalel, V. A., Lapinski, K. J., Kogan, E. S., et al. (1994). Behavior therapy for drug abuse: A controlled treatment outcome study. *Behaviour Research and Therapy*, 32, 857-866. [https://doi.org/10.1016/0005-7967\(94\)90166-X](https://doi.org/10.1016/0005-7967(94)90166-X)

Battjes, R. J., Gordon, M. S., O'Grady, K. E., Kinlock, T. W., Katz, E. C., & Sears, E. A. (2004). Evaluation of a group based substance abuse treatment program for adolescents. *Journal of Substance Abuse Treatment*, 27(2), 123-134. <https://doi.org/10.1016/j.jsat.2004.06.002>

Bender, K., Springer, D. W., & Kim, J. S. (2006). Treatment effectiveness with dually diagnosed adolescents: A systematic review. *Brief Treatment and Crisis Intervention*, 6(3), 177-205. <https://doi.org/10.1093/brief-treatment/mhl001>

Borduin, C. M., Henggeler, S. W., & Manley, C. M. (1995). Conduct and oppositional disorders. In V. B. Van Hasselt & M. Hersen (Eds.), *Handbook of adolescent psychopathology: A guide to diagnosis and treatment* (pp. 349-383). Lexington, MA: Lexington Books.

Brown, S. A., McGue, M., Maggs, J., Schulenberg, J., Hingson, R., Swartzwelder, S., et al. (2008). A developmental perspective on alcohol and youths 16 to 20 years of age. *Pediatrics*, 121(S4), 290-310. <https://doi.org/10.1542/peds.2007-2243D>

Brown, S. A., Vik, P. W., & Creamer, V. A. (1989). Characteristics of relapse following adolescent substance treatment. *Addictive Behaviors*, 14, 291-300. [https://doi.org/10.1016/0306-4603\(89\)90060-9](https://doi.org/10.1016/0306-4603(89)90060-9)

Bukstein, O. (2005). AACAP Work Group on Quality Issues: AACAP official action: Practice parameters for assessment and treatment of children and adolescents with substance use disorders. *Journal of the American Academy of Child and Adolescent Psychiatry*, 44(6), 609-621. <https://doi.org/10.1097/01.chi.0000159135.33706.37>

Chambless, D. L., & Hollon, S. D. (1998). Defining empirically supported therapies. *Journal of Consulting and Clinical Psychology*, 66(1), 7-18. <https://doi.org/10.1037/0022-006X.66.1.7>

Coatsworth, J. D., Santisteban, D. A., McBride, C. K., & Szapocznik, J. (2001). Brief strategic family therapy versus community control: Engagement, retention and an exploration of the moderating role of adolescent symptom severity. *Family Process*, 40, 313-332. <https://doi.org/10.1111/j.1545-5300.2001.4030100313.x>

Cohen, J. (1988). *Statistical power analysis for the behavioral sciences* (2nd ed.). Hillsdale, NJ: Lawrence Earlbaum Associates.

Connor, D. F., & Meltzer, B. M. (2006). *Pediatric psychopharmacology: Fast facts*. New York: W. W. Norton and Company.

Curtis, N. M., Ronan, R. R., & Borduin, C. M. (2004). Multisystemic treatment: A meta-analysis of outcome studies. *Journal of Family Psychology*, 18, 411-419. <https://doi.org/10.1037/0893-3200.18.3.411>

Dawes, M. A., & Johnson, B. A. (2004). Pharmacotherapeutic trials in adolescent alcohol use disorders: Opportunities and challenges. *Alcohol and Alcoholism*, 39(3), 166-177. <https://doi.org/10.1093/alcalc/agh045>

Deas, D. (2008). Evidence-based treatments for alcohol use disorders in adolescents. *Pediatrics*, 121(4), S348-S354. <https://doi.org/10.1542/peds.2007-2243G>

Dennis, M., Godley, S. H., Diamond, G., Tims, F. M., Babor, T., Donaldson, J., et al. (2004). The Cannabis Youth Treatment (CYT) study: Main findings from two randomized trials. *Journal of Substance Abuse Treatment*, 27(3), 197-213. <https://doi.org/10.1016/j.jsat.2003.09.005>

Dennis, M., Scott, C. K., & Funk, R. (2003). An experimental evaluation of recovery management checkups (RMC) for people with chronic substance use disorders. *Evaluation and Program Planning*, 26, 339-352. [https://doi.org/10.1016/S0149-7189\(03\)00037-5](https://doi.org/10.1016/S0149-7189(03)00037-5)

Donohue, B., & Azrin, N. H. (2001). Family behavior therapy. In E. Wagner & H. Waldron (Eds.), *Innovations in adolescent substance abuse interventions*. Tarrytown, NY: Pergamon. <https://doi.org/10.1016/B978-008043577-0/50030-4>

Donovan, S., Susser, E., Nunes, E., Stewart, J., Quitkin, F., & Klein, D. (1997). Divalproex treatment of disruptive adolescents: A report of 10 cases. *Journal of Clinical Psychiatry*, 58(1), 12-15.

<https://doi.org/10.4088/JCP.v58n0102>

Geller, B., Cooper, T., Sun, K., Zimmerman, B., Frazier, J., Williams, M., et al. (1998). Double-blind and placebo controlled study of lithium for adolescent bipolar disorders with secondary substance use dependency. *Journal of the American Academy of Child and Adolescent Psychiatry*, 37(2), 171-178.

<https://doi.org/10.1097/00004583-199802000-00009>

Godley, M. D., Godley, S. H., Dennis, M. L., Funk, R. R., & Passetti, L. L. (2007). The effectiveness of assertive continuing care on continuing care linkage, adherence, and abstinence following residential treatment. *Addiction*, 102, 81-93. <https://doi.org/10.1111/j.1360-0443.2006.01648.x>

Godley, S. H., Dennis, M. L., Godley, M. D., & Funk, R. R. (2004). Thirty-month relapse trajectory cluster groups among adolescents discharged from outpatient treatment. *Addiction*, 99(S2), 129-139.

<https://doi.org/10.1111/j.1360-0443.2004.00860.x>

Henggeler, S. W., Melton, G. B., & Smith, L. A. (1992). Family preservation using multisystemic therapy: An effective alternative to incarcerating serious juvenile offenders. *Journal of Consulting and Clinical Psychology*, 60, 953-961. <https://doi.org/10.1037/0022-006X.60.6.953>

Henggeler, S. W., Borduin, C. M., Melton, G. B., Mann, B. J., Smith, L., Hall, J. A., Cone, L., & Fucci, B. R. (1991). Effects of multisystemic therapy on drug use and abuse in serious juvenile offenders: A progress report from two outcome studies. *Family Dynamics of Addiction Quarterly*, 1, 40-51.

Huey, S. J., & Polo, A. J. (2008). Evidence-based psychosocial treatments for ethnic minority youth. *Journal of Clinical Child and Adolescent Psychology*, 37(1), 262-301.

<https://doi.org/10.1080/15374410701820174>

Jensen, J. M., Howard, M. O., & Vaughn, M. G. (2004). Assessing social work's contribution to controlled studies of adolescent substance abuse treatment. *Journal of Social Work Practice in the Addictions*, 4(4), 51-65. https://doi.org/10.1300/J160v04n04_04

Joanning, H., Quinn, W., Thomas, F., & Mullen, R. (1992). Treating adolescent drug abuse: A comparison of family systems therapy, group therapy, and family drug education. *Journal of Marital and Family Therapy*, 18, 345-356. <https://doi.org/10.1111/j.1752-0606.1992.tb00948.x>

Kaminer, Y. (1992). Case study: Desipramine facilitation of cocaine abstinence in an adolescent. *Journal of Child and Adolescent Psychopharmacology*, 31(2), 312-317.

<https://doi.org/10.1097/00004583-199203000-00020>

Kaminer, Y. (2001). Adolescent substance abuse treatment: Where do we go from here?. *Psychiatric Services*, 52(2), 147-149. <https://doi.org/10.1176/appi.ps.52.2.147>

Kaminer, Y., Burleson, J. A., & Burke, R. (2008). Efficacy of outpatient aftercare for adolescents with alcohol use disorders: A randomized controlled study. *Journal of the American Academy Child and Adolescent Psychiatry*, 47, 1405-1412. <https://doi.org/10.1097/CHI.0b013e318189147c>

Kaminer, Y., Burleson, J. A., & Goldberger, R. (2002). Psychotherapies for adolescent substance abusers: Short-and long-term outcomes. *Journal of Nervous and Mental Disease*, 190, 737-745.

<https://doi.org/10.1097/00005053-200211000-00003>

Kazdin, A. E. (2007). Mediators and mechanisms of change in psychotherapy research. *Annual Review of Clinical Psychology*, 3, 1-27. <https://doi.org/10.1146/annurev.clinpsy.3.022806.091432>

- Latimer, W. W., Winters, K. C., D'Zurilla, T., & Nichols, M. (2003). Integrated family and cognitive behavioral therapy for adolescent substance abusers: A stage I efficacy study. *Drug and Alcohol Dependence*, 71, 303-317. [https://doi.org/10.1016/S0376-8716\(03\)00171-6](https://doi.org/10.1016/S0376-8716(03)00171-6)
- Liddle, H. A. (2002). Multidimensional family therapy treatment (MDFT) for adolescent cannabis users (Volume 5 of the Cannabis Youth Treatment (CYT) manual series). Rockville, MD: Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration.
- Liddle, H. A., Rowe, C. L., & Dakof, G. A. (2007). Clinical and empirical foundations of effective family based treatment for adolescent drug abuse. In E. Gilvarry (Ed.), *Clinics in developmental medicine: Substance misuse in young people* (pp. 185-196). Boston, MA: Cambridge University Press.
- Liddle, H. A., Rowe, C. L., Dakof, G. A., Ungaro, R. A., & Henderson, C. E. (2004). Early intervention for adolescent substance abuse: Pretreatment to posttreatment outcomes of a randomized clinical trial comparing multidimensional family therapy and peer group treatment. *Journal of Psychoactive Drugs*, 36(1), 49-63. <https://doi.org/10.1080/02791072.2004.10399723>
- Lifrak, P., Alterman, A., O'Brien, C., & Volpicelli, J. (1997). Naltrexone for alcoholic adolescents: Letter to the editor. *American Journal of Psychiatry*, 154(3), 439-440. <https://doi.org/10.1176/ajp.154.3.439b>
- Maggs, J. L., Patrick, M. E., & Feinstein, L. (2008). Childhood and adolescent predictors of alcohol use and problems in adolescence and adulthood in the National Child Development Study. *Addiction*, 103(Suppl. 1), 7-22. <https://doi.org/10.1111/j.1360-0443.2008.02173.x>
- McKay, J. R. (2005). Is there a case for extended interventions for alcohol and drug use disorders? *Addiction*, 100, 1594-1610. <https://doi.org/10.1111/j.1360-0443.2005.01208.x>
- McLellan, A. T., McKay, J. R., Forman, R., Cacciola, J., & Kemp, J. (2005). Reconsidering of the evaluation of addiction treatment: From retrospective follow-up to concurrent recovery monitoring. *Addiction*, 100, 447-458. <https://doi.org/10.1111/j.1360-0443.2005.01012.x>
- McLellan, A. T., & Meyers, K. (2004). Contemporary addiction treatment: A review of systems problems for adults and adolescents. *Society of Biological Psychiatry*, 56, 764-770. <https://doi.org/10.1016/j.biopsych.2004.06.018>
- Myers, M. G., & Brown, S. A. (1990). Coping responses and relapse among adolescent substance abusers. *Journal of Substance Abuse*, 2(2), 177-189. [https://doi.org/10.1016/S0899-3289\(05\)80054-9](https://doi.org/10.1016/S0899-3289(05)80054-9)
- Nathan, P. E., & Gorman, J. M. (2002). *A guide to treatments that work* (2nd ed.). New York: Oxford University Press.
- Niederhofer, H., & Staffen, W. (2003). Comparison of disulfiram and placebo in treatment of alcohol dependence of adolescents. *Drug and Alcohol Review*, 22(3), 295-297. <https://doi.org/10.1080/0959523031000154436>
- Orford, J. (2008). Asking the right questions in the right way: The need for a shift in research on psychological treatments for addiction. *Addiction*, 103(6), 875-885. <https://doi.org/10.1111/j.1360-0443.2007.02092.x>
- Ozechowski, T. J., & Liddle, H. A. (2000). Family-based therapy for adolescent drug abuse: Knowns and unknowns. *Clinical Child and Family Psychology Review*, 3(4), 269-298. <https://doi.org/10.1023/A:1026429205294>

- Robbins, M. S., Szapocznik, J., Dillon, F. R., Turner, C. W., Mitrani, V. B., & Feaster, D. J. (2008). The efficacy of structural ecosystems therapy with drug-abusing/dependent African American and Hispanic American adolescents. *Journal of Family Psychology*, 22(1), 51-61.
<https://doi.org/10.1037/0893-3200.22.1.51>
- Santisteban, D. A., Coatsworth, J. D., Perez-Vidal, A., Kurtines, W. M., Schwartz, S. J., LaPerriere, A., et al. (2003). The efficacy of brief strategic family therapy in modifying Hispanic adolescent behavior problems and substance use. *Journal of Family Psychology*, 17(1), 121-13.
<https://doi.org/10.1037/0893-3200.17.1.121>
- Scott, C. K., Foss, M. A., & Dennis, M. L. (2005). Utilizing recovery management checkups to shorten the cycle of relapse, treatment reentry, and recovery. *Drug and Alcohol Dependence*, 78, 325-338.
<https://doi.org/10.1016/j.drugalcdep.2004.12.005>
- Sexton, T. L., & Alexander, J. F. (2000). Functional family therapy. *Juvenile Justice Bulletin*, 1-7. U.S. Department of Justice, Office of Juvenile Justice and Delinquency Prevention.
- Slesnick, N., Kaminer, Y., & Kelly, J. (2008). Most common psychosocial interventions for adolescent substance use disorders. In Y. Kaminer & O. G. Bukstein (Eds.), *Adolescent substance abuse: Psychiatric comorbidity and high-risk behaviors*. New York: Routledge, Taylor, and Francis Group.
- Szapocznik, J., & Kurtines, W. M. (1989). *Breakthroughs in family therapy with drug-abusing and problem youth*. New York: Springer.
- Szapocznik, J., Kurtines, W. M., Foote, F., Perez-Vidal, A., & Hervis, O. E. (1983). Conjoint versus one person family therapy: Some evidence for effectiveness of conducting family therapy through one person. *Journal of Consulting and Clinical Psychology*, 51, 889-899. <https://doi.org/10.1037/0022-006X.51.6.889>
- Szapocznik, J., Kurtines, W. M., Foote, F., Perez-Vidal, A., & Hervis, O. E. (1986). Conjoint versus one person family therapy: Further evidence for the effectiveness of conducting family therapy through one person. *Journal of Consulting and Clinical Psychology*, 54, 395-397.
<https://doi.org/10.1037/0022-006X.54.3.395>
- Upadhyaya, H., & Deas, D. (2008). *Pharmacological interventions. Adolescent substance abuse: Psychiatric comorbidity and high-risk behaviors*. New York: Routledge, Taylor, and Francis Group.
- U.S. Department of Health and Human Services. (2007). *Substance Abuse and Mental Health Services Administration. Results from the 2006 National Survey on Drug Use and Health*. Rockville, MD: Office of Applied Studies.
- U.S. Department of Health and Human Services. (2008). *Centers for Disease Control and Prevention. Youth Risk Behavior Surveillance-United States, 2007. Morbidity and Mortality Weekly Report*, 57, SS-54.
- Vaughn, M. G., & Howard, M. O. (2004). Adolescent substance abuse treatment: A synthesis of controlled evaluations. *Research on Social Work Practice*, 14, 325-335.
<https://doi.org/10.1177/1049731504265834>
- Wagner, E. F. (2008). Developmentally informed research on effectiveness of clinical trials: A primer for assessing how developmental issues may influence treatment response among adolescents with alcohol use problems. *Pediatrics*, 121(4), S337-S347. <https://doi.org/10.1542/peds.2007-2243F>

Waldron, H. B., Slesnick, N., Brody, J. L., Turner, C. W., & Peterson, T. R. (2001). Treatment outcomes for adolescent substance abuse at 4- and 7-month assessments. *Journal of Consulting and Clinical Psychology*, 5(2), 802-813. <https://doi.org/10.1037/0022-006X.69.5.802>

Waldron, H. B., & Turner, C. W. (2008). Evidence-based psychosocial treatments for adolescent substance abuse. *Journal of Clinical Child and Adolescent Psychology*, 37(1), 238-261. <https://doi.org/10.1080/15374410701820133>

Waldron, H. B., Turner, C. W., & Ozechowski, T. J. (2005). Profiles of drug use behavior change in adolescents in treatments. *Addictive Behaviors*, 30(9), 1775-1796. <https://doi.org/10.1016/j.addbeh.2005.07.001>

Waxmonsky, J. G., & Wilens, T. E. (2005). Pharmacotherapy of adolescent substance use disorders: A review of the literature. *Journal of Child and Adolescent Psychopharmacology*, 15(5), 810-825. <https://doi.org/10.1089/cap.2005.15.810>

Williams, R. J., & Chang, S. Y. (2000). A comprehensive and comparative review of adolescent abuse treatment outcome. *Clinical Psychology*, 7(2), 138-166. <https://doi.org/10.1093/clipsy.7.2.138>

Clayton Neighbors, Eric R. Pedersen i Mary E. Larimer Działania profilaktyczne kierowane do studentów

Agostinelli, G., Brown, J. M., & Miller, W. R. (1995). Effects of normative feedback on consumption among heavy drinking college students. *Journal of Drug Education*, 25, 31-40. <https://doi.org/10.2190/XD56-D6WR-7195-EAL3>

Bachman, J. G., Wadsworth, K. N., O'Malley, P. M., & Johnston, L. D. (1997). Smoking, drinking, and drug use in young adulthood: The impacts of new freedoms and new responsibilities. Hillsdale, NJ: Lawrence Erlbaum Associates.

Baer, J. S., Kivlahan, D. R., Blume, A. W., McKnight, P., & Marlatt, G. A. (2001). Brief intervention for heavy drinking college students: 4-year follow-up and natural history. *American Journal of Public Health*, 91, 1310-1316. <https://doi.org/10.2105/AJPH.91.8.1310>

Baer, J. S., Marlatt, G. A., Kivlahan, D. R., Fromme, K., Larimer, M., & Williams, E. (1992). An experimental test of three methods of alcohol risk reduction with young adults. *Journal of Consulting and Clinical Psychology*, 60, 974-979. <https://doi.org/10.1037/0022-006X.60.6.974>

Baer, J. S., Stacy, A., & Larimer, M. (1991). Biases in the perception of drinking norms among college students. *Journal of Studies of Alcohol*, 52, 580-586. <https://doi.org/10.15288/jsa.1991.52.580>

Benton, S. A., Robertson, J. M., Tseng, W., Newton, F. B., & Benton, S. L. (2003). Changes in counseling center client problems across 13 years. *Professional Psychology: Research and Practice*, 34, 66-72. <https://doi.org/10.1037/0735-7028.34.1.66>

Bergstrom, R. L., & Neighbors, C. (2006). Body image disturbance and the social norms approach: An integrative review of the literature. *Journal of Social and Clinical Psychology*, 25, 975-1000. <https://doi.org/10.1521/jscp.2006.25.9.975>

Berkowitz, A. D. (2004). The social norms approach: Theory, research, and annotated bibliography. Available at <http://www.edc.org/hecsocialnorms/theory.html>.

Birky, I. T. (2005). Evidence-based and empirically supported college counseling center treatment of alcohol related issues. *Journal of College Student Psychotherapy*, 20, 7-21.

https://doi.org/10.1300/J035v20n01_02

Borsari, B., & Carey, K. B. (2000). Effects of a brief motivational intervention with college student drinkers. *Journal of Consulting and Clinical Psychology*, 68, 728-733. <https://doi.org/10.1037/0022-006X.68.4.728>

Borsari, B., & Carey, K. B. (2003). Descriptive and injunctive norms in college drinking: A meta-analytic integration. *Journal of Studies on Alcohol*, 64, 331-341.

<https://doi.org/10.15288/jsa.2003.64.331>

Braun, D. L., Sunday, S. R., Huang, A., & Halmi, K. A. (1999). More males seek treatment for eating disorders. *International Journal of Eating Disorders*, 25, 415-424. [https://doi.org/10.1002/\(SICI\)1098-108X\(199905\)25:4<415::AID-EAT6>3.0.CO;2-B](https://doi.org/10.1002/(SICI)1098-108X(199905)25:4<415::AID-EAT6>3.0.CO;2-B)

Carey, K. B., Scott-Sheldon, L. A. J., Carey, M. P., & DeMartini, K. S. (2007). Individual-level Interventions to reduce college student drinking: A meta-analytic review. *Addictive Behaviors*, 3, 2469-2494. <https://doi.org/10.1016/j.addbeh.2007.05.004>

Chambless, D. L., Baker, M. J., Baucom, D. H., Beutler, L. E., Calhoun, K. S., Crits-Christoph, P., et al. (1998). Update on empirically supported therapies. II. *The Clinical Psychologist*, 51, 3-16.

<https://doi.org/10.1037/e619622010-001>

Chen, K., Kandel, D. B., & Davies, M. (1997). Relationships between frequency and quantity of marijuana use and last year proxy dependence among adolescents and adults in the United States. *Drug and Alcohol Dependence*, 46, 53-67. [https://doi.org/10.1016/S0376-8716\(97\)00047-1](https://doi.org/10.1016/S0376-8716(97)00047-1)

Chiauzzi, E., Green, T. C., Lord, S., Thum, C., & Goldstein, M. (2005). My Student Body: A high-risk drinking prevention web site for college students. *Journal of American College Health*, 53, 263-275.

<https://doi.org/10.3200/JACH.53.6.263-274>

Collins, S. E., Carey, K. B., & Sliwinski, M. J. (2002). Mailed personalized normative feedback as a brief intervention for at-risk college drinkers. *Journal of Studies on Alcohol*, 63, 559-567.

<https://doi.org/10.15288/jsa.2002.63.559>

Darkes, J., & Goldman, M. S. (1993). Expectancy challenge and drinking reduction: Experimental evidence for a mediational process. *Journal of Consulting and Clinical Psychology*, 61, 344-353.

<https://doi.org/10.1037/0022-006X.61.2.344>

DeJong, W., Schneider, S. K., Towvim, L. G., Murphy, M. J., Doerr, E. E., Simonsen, N. R., et al. (2006). A multisite randomized trial of social norms marketing campaigns to reduce college student drinking. *Journal of Studies on Alcohol*, 67, 868-879. <https://doi.org/10.15288/jsa.2006.67.868>

DeRubeis, R. J., & Crits-Christoph, P. (1998). Empirically supported individual and group psychological treatments for adult mental disorders. *Journal of Consulting and Clinical Psychology*, 66, 37-52.

<https://doi.org/10.1037/0022-006X.66.1.37>

Dimeff, L. A., Baer, J. S., Kivlahan, D. R., & Marlatt, G. A. (1999). *Brief Alcohol Screening and Intervention for College Students (BASICS): A harm reduction approach*. New York: Guilford Press.

Dumas, D. (2007). Decreasing heavy drinking and smoking in college freshman: Evaluation of e-chug administered during freshman seminar. Report prepared for health, wellness, and counseling

services and advising and academic enhancement. Boise, ID: Institute for the Study of Addiction, Boise State University.

Dunn, E. C., Neighbors, C., & Larimer, M. E. (2006). Motivational interviewing and self-help treatment for binge eaters. *Psychology of Addictive Behaviors*, 20, 44-52. <https://doi.org/10.1037/0893-164X.20.1.44>

Dunn, M. E., Lau, H. C., & Cruz, I. Y. (2000). Changes in activation of alcohol expectancies in memory in relation to changes in alcohol use after participation in an expectancy challenge program. *Experimental and Clinical Psychopharmacology*, 8, 566-575. <https://doi.org/10.1037/1064-1297.8.4.566>

Fairburn, C. G., & Beglin, S. J. (1990). Studies of the epidemiology of bulimia nervosa. *American Journal of Psychiatry*, 147, 401-408. <https://doi.org/10.1176/ajp.147.4.401>

Fromme, K., Stroot, E., & Kaplan, D. (1993). The comprehensive effects of alcohol: Development and psychometric assessment of a new expectancy questionnaire. *Psychological Assessment*, 5, 19-26. <https://doi.org/10.1037/1040-3590.5.1.19>

Gledhill-Hoyt, J., Lee, H., Strote, J., & Wechsler, H. (2000). Increased use of marijuana and other illicit drugs at US colleges in the 1990s: Results of three national surveys. *Addiction*, 95, 1655-1667. <https://doi.org/10.1046/j.1360-0443.2000.951116556.x>

Goldman, M. S., Brown, S. A., & Christiansen, B. A. (1987). Expectancy theory: Thinking about drinking. In H. T. Blane & K. E. Leonard (Eds.), *Psychological theories of drinking and alcoholism* (pp. 181-226). New York: Guilford Press.

Hingson, R., Heeren, T., Winter, M., & Wechsler, H. (2005). Magnitude of alcohol-related mortality and morbidity among U.S. college students ages 18-24: Changes from 1998 to 2001. *Annual Review of Public Health*, 26, 259-279. <https://doi.org/10.1146/annurev.publhealth.26.021304.144652>

Johnston, L. D., O'Malley, P. M., Bachman, J. G., & Schulenberg, J. E. (2007). *Monitoring the Future national survey results on drug use, 1975-2006: Volume II, College students and adults ages 19-45* (NIH Publication No. 07-6206). Bethesda, MD: National Institute on Drug Abuse.

Jones, B. T., Corbin, W., & Fromme, K. (2001). A review of expectancy theory and alcohol consumption. *Addiction*, 96, 57-72. <https://doi.org/10.1046/j.1360-0443.2001.961575.x>

Kessler, R. C., Chiu, W. T., Demler, O., & Walters, E. E. (2005). Prevalence, severity, and comorbidity of 12-month DSM-IV disorders in the National Comorbidity Survey Replication. *Archives of General Psychiatry*, 62, 617-627. <https://doi.org/10.1001/archpsyc.62.6.617>

Kivlahan, D. R., Marlatt, G. A., Fromme, K., Coppel, D. B., & Williams, E. (1990). Secondary prevention with college drinkers: Evaluation of an alcohol skills training program. *Journal of Consulting and Clinical Psychology*, 58, 805-810. <https://doi.org/10.1037/0022-006X.58.6.805>

Knight, J. R., Wechsler, H., Kuo, M., Seibring, M., Weitzman, E. R., & Schuckit, M. A. (2003). Alcohol abuse and dependence among U.S. college students. *Journal of Studies on Alcohol*, 63, 263-270. <https://doi.org/10.15288/jsa.2002.63.263>

Kyrpi, K., Saunders, J. B., Williams, S. M., McGee, R. O., Langley, J. D., Cashell-Smith, M. L., et al. (2004). Web-based screening and brief intervention for hazardous drinking: A double-blind randomized controlled trial. *Addiction*, 99, 1410-1417. <https://doi.org/10.1111/j.1360-0443.2004.00847.x>

LaBrie, J. W., Hummer, J. F., Neighbors, C., & Pedersen, E. R. (2008). Live interactive group-specific normative feedback reduces misperceptions and drinking in college students: A randomized trial. *Psychology of Addictive Behaviors*, 22, 141-148. <https://doi.org/10.1037/0893-164X.22.1.141>

Larimer, M. E., & Cronce, J. M. (2002). Identification, prevention and treatment: A review of individual-focused strategies to reduce problematic alcohol consumption by college students. *Journal of Studies on Alcohol*, 14(Suppl.), 148-163. <https://doi.org/10.15288/jsas.2002.s14.148>

Larimer, M. E., & Cronce, J. M. (2007). Identification, prevention, and treatment revisited: Individual-focused college drinking prevention strategies: 1999-2006. *Addictive Behaviors*, 32, 2439-2468. <https://doi.org/10.1016/j.addbeh.2007.05.006>

Larimer, M. E., Lee, C. M., Kilmer, J. R., Fabiano, P. M., Stark, C. B., & Geisner, I. M. (2007). Personalized mailed feedback for college drinking prevention: A randomized clinical trial. *Journal of Clinical and Consulting Psychology*, 75, 285-293. <https://doi.org/10.1037/0022-006X.75.2.285>

Lewis, M. A., & Neighbors, C. (2007). Optimizing personalized normative feedback: The use of gender-specific referents. *Journal of Studies on Alcohol and Drugs*, 68, 228-237. <https://doi.org/10.15288/jsad.2007.68.228>

Lewis, M. A., Neighbors, C., Oster-Aaland, L., Kirkeby, B., & Larimer, M. E. (2007). Indicated prevention for incoming college freshmen: Personalized feedback and high risk drinking. *Addictive Behaviors*, 3, 2495-2508. <https://doi.org/10.1016/j.addbeh.2007.06.019>

Marlatt, G. A. (Ed.). (1998). *Harm reduction: Pragmatic strategies for managing high-risk behaviors*. New York: Guilford Press.

Marlatt, G. A., Baer, J. S., Kivlahan, D. R., Dimeff, L. A., Larimer, M. E., Quigley, L. A., et al. (1998). Screening and brief intervention for high-risk college student drinkers: Results from a two-year follow-up assessment. *Journal of Consulting and Clinical Psychology*, 66, 604-615. <https://doi.org/10.1037/0022-006X.66.4.604>

Marlatt, G. A., & Rosenhow, D. J. (1980). Cognitive processes in alcohol use: Expectancy and the balanced placebo design. In N. K. Mello (Ed.), *Advances in substance use: Behavioral and biological research* (pp. 159-199). Greenwich, CT: JAI Press.

Mattern, J., & Neighbors, C. (2004). Social norms campaigns: Examining changes in perceived norms and changes in drinking levels. *Journal of Studies on Alcohol*, 65, 489-493. <https://doi.org/10.15288/jsa.2004.65.489>

McCambridge, J., & Strang, J. (2004). The efficacy of single-session motivational interviewing in reducing drug consumption and perceptions of drug-related risk and harm among young people: Results from a multi-site cluster randomized trial. *Addiction*, 99, 39-52. <https://doi.org/10.1111/j.1360-0443.2004.00564.x>

Miller, E. T., Kilmer, J. R., Kim, E. L., Weingardt, K. R., & Marlatt, G. A. (2001). Alcohol skills training for college students. In P. M. Monti, S. M. Colby, & T. A. O'Leary (Eds.), *Adolescents, alcohol and substance abuse: Reaching teens through brief intervention* (pp. 183-215). New York: Guilford Press.

Miller, W. R., & Rollnick, S. (2002). *Motivational interviewing: Preparing people for change* (2nd ed.). New York: Guilford Press. <https://doi.org/10.1097/01445442-200305000-00013>

- Moore, M. J., Soderquist, J., & Werch, C. (2005). Feasibility and efficacy of a binge drinking prevention intervention for college students delivered via internet versus postal mail. *Journal of American College Health*, 54, 38-44. <https://doi.org/10.3200/JACH.54.1.38-44>
- Mrazek, P. J., & Haggerty, R. J. (1994). *Reducing risks for mental disorders: Frontiers for preventive intervention research*. Washington, DC: National Academy Press.
- Musher-Eizenman, D. R., & Kulick, A. D. (2003). An alcohol expectancy-challenge prevention program for at risk college women. *Psychology of Addictive Behaviors*, 17, 163-166. <https://doi.org/10.1037/0893-164X.17.2.163>
- National Institute on Alcohol Abuse and Alcoholism. (2002). *A call to action: Changing the culture of drinking at U.S. colleges* (NIH Publication No. 02-5010). Rockville, MD: Author.
- Neighbors, C., Dillard, A. J., Lewis, M. A., Bergstrom, R. L., & Neil, T. A. (2006). Normative misperceptions and temporal precedence of perceived norms and drinking. *Journal of Studies on Alcohol*, 67, 290-299. <https://doi.org/10.15288/jsa.2006.67.290>
- Neighbors, C., Larimer, M. E., & Lewis, M. A. (2004). Targeting misperceptions of descriptive drinking norms: Efficacy of a computer-delivered personalized normative feedback intervention. *Journal of Consulting and Clinical Psychology*, 72, 434-447. <https://doi.org/10.1037/0022-006X.72.3.434>
- Neighbors, C., Lewis, M. A., Bergstrom, R. L., & Larimer, M. E. (2006). Being controlled by normative influences: Self-determination as a moderator of a normative feedback alcohol intervention. *Health Psychology*, 25, 571-579. <https://doi.org/10.1037/0278-6133.25.5.571>
- Olivardia, R., Pope, H. G., Borowiecki, J. J., & Cohane, G. H. (2004). Biceps and body image: The relationship between muscularity and self-esteem, depression, and eating disorder symptoms. *Psychology of Men and Masculinity*, 5, 112-120. <https://doi.org/10.1037/1524-9220.5.2.112>
- Perkins, H. W. (Ed.). (2003). *The social norms approach to preventing school and college age substance abuse: A handbook for educators, counselors, and clinicians*. San Francisco: Jossey-Bass.
- Perkins, H. W. (2007). Misperceptions of peer drinking norms in Canada: Another look at the 'reign of error' and its consequences among college students. *Addictive Behaviors*, 32, 2645-2656. <https://doi.org/10.1016/j.addbeh.2007.07.007>
- Perkins, H. W., & Berkowitz, A. D. (1986). Perceiving the community norms of alcohol use among students: Some research implications for campus alcohol education programming. *International Journal of the Addictions*, 21, 961-976. <https://doi.org/10.3109/10826088609077249>
- Perkins, H. W., & Craig, D. A. (2003). *A multi-faceted social norms approach to reduce high-risk drinking: Lessons from Hobart and William Smith Colleges*. Newton, MA: The Higher Education Center for Alcohol and Other Drug Prevention.
- Read, J. P., Wood, M. D., Lejuez, C. W., & Palfai, T. P. (2004). Gender, alcohol consumption, and differing alcohol expectancy dimensions in college drinkers. *Experimental and Clinical Psychopharmacology*, 1, 298-308. <https://doi.org/10.1037/1064-1297.12.4.298>
- Schulenberg, J., Maggs, J. L., Long, S. W., Sher, K. J., Gotham, H. J., Baer, J. S., et al. (2001). The problem of college drinking: Insights from a developmental perspective. *Alcoholism: Clinical and Experimental Research*, 25, 473-477. <https://doi.org/10.1111/j.1530-0277.2001.tb02237.x>

- Shaffer, H. J., Hall, M. N., & Vanderbilt, J. (1999). Estimating the prevalence of disordered gambling behavior in the United States and Canada: A research synthesis. *American Journal of Public Health*, 89, 1369-1376. <https://doi.org/10.2105/AJPH.89.9.1369>
- Striegel-Moore, R. H., Dohm, F. A., Kraemer, H. C., Taylor, C. B., Daniels, S., Crawford, P. B., et al. (2003). Eating disorders in white and black women. *American Journal of Psychiatry*, 160, 1326-1331. <https://doi.org/10.1176/appi.ajp.160.7.1326>
- Takushi, R., Neighbors, C., Larimer, M., Lostutter, T., Cronce, J., & Marlatt, G. A. (2004). Indicated prevention of problem gambling among college students. *Journal of Gambling Studies*, 20, 83-93. <https://doi.org/10.1023/B:JOGS.0000016705.58903.8f>
- Walters, S. T., Hester, R. K., Chiauuzzi, E., & Miller, E. (2005). Demon rum: High-tech solutions to an age-old problem. *Alcoholism: Clinical and Experimental Research*, 29, 270-277. <https://doi.org/10.1097/01.ALC.0000153543.03339.81>
- Walters, S. T., & Neighbors, C. (2005). Feedback interventions for college alcohol misuse: What, why and for whom? *Addictive Behaviors*, 30, 1168-1182. <https://doi.org/10.1016/j.addbeh.2004.12.005>
- Walters, S. T., Vader, A. M., & Harris, T. R. (2007). A controlled trial of web-based feedback for heavy drinking college students. *Prevention Science*, 8, 83-88. <https://doi.org/10.1007/s11121-006-0059-9>
- Wechsler, H., Lee, J. E., Kuo, M., Seibring, M., Nelson, T. F., & Lee, H. P. (2002). Trends in college binge drinking during a period of increased prevention efforts: Findings from four Harvard School of Public Health study surveys, 1993-2001. *Journal of American College Health*, 50, 203-217. <https://doi.org/10.1080/07448480209595713>
- Wechsler, H., Moeykens, B., Davenport, A., Castillo, S., & Hansen, J. (1995). The adverse impact of heavy episodic drinkers on other college students. *Journal of Studies on Alcohol*, 56, 628-634. <https://doi.org/10.15288/jsa.1995.56.628>
- Wechsler, H., Nelson, T. F., Lee, J. E., Seibring, M., Lewis, C., & Keeling, R. P. (2003). Perception and reality: A national evaluation of social norms marketing interventions to reduce college students' heavy alcohol use. *Journal of Studies on Alcohol*, 64, 484-494. <https://doi.org/10.15288/jsa.2003.64.484>
- White, H., Labouvie, E., & Papadaratsakis, V. (2005). Changes in substance use during the transition to adulthood: A comparison of college students and their noncollege age peers. *Journal of Drug Issues*, 35, 281-305. <https://doi.org/10.1177/002204260503500204>
- White, H. R., Morgan, T. J., Pugh, L. A., Celinska, K., Labouvie, E., & Pandina, R. J. (2006). Evaluating two brief substance-use interventions for mandated college students. *Journal of Studies on Alcohol*, 67, 309-317. <https://doi.org/10.15288/jsa.2006.67.309>
- Wood, M. D., Capone, C., Laforge, R., Erickson, D., & Brand, N. (2007). Brief motivational interview and alcohol expectancy challenge with heavy drinking college students: A randomized factorial study. *Addictive Behaviors*, 3, 2509-2528. <https://doi.org/10.1016/j.addbeh.2007.06.018>
- Wu, L., Pilowsky, D. J., Schlenger, W. E., & Hasin, D. (2007). Alcohol use disorders and the use of treatment services among college-age young adults. *Psychiatric Services*, 58, 192-200. <https://doi.org/10.1176/ps.2007.58.2.192>

Zisserson, R. N., Palfai, T. P., & Saitz, R. (2007). "No contact" interventions for unhealthy college drinking: Efficacy of alternatives to person-delivered intervention approaches. *Substance Abuse*, 28, 119-132. https://doi.org/10.1300/J465v28n04_04

John A. Cunningham **Terapie internetowe oparte na dowodach naukowych**

Bewick, B. M., Trusler, K., Barkham, M., Hill, A. J., Cahill, J., & Mulhern, B. (2008). The effectiveness of web-based interventions designed to decrease alcohol consumption: A systematic review. *Preventative Medicine*, 47, 17-26. <https://doi.org/10.1016/j.ypmed.2008.01.005>

Bock, B., Graham, A., Sciamanna, C., Krishnamoorthy, J., Whiteley, J., Carmona-Barros, R., et al. (2004). Smoking cessation treatment on the Internet: Content, quality, and usability. *Nicotine & Tobacco Research*, 6, 207-219. <https://doi.org/10.1080/14622200410001676332>

Brendryen, H., & Kraft, P. (2008). Happy ending: A randomized controlled trial of a digital multi-media smoking cessation intervention. *Addiction*, 103, 478-484. <https://doi.org/10.1111/j.1360-0443.2007.02119.x>

Brouwer, W., Oenema, A., Crutzen, R., de Nooijer, J., de Vries, N. K., & Brug, J. (2008). An exploration of factors related to dissemination of and exposure to internet-delivered behavior change Interventions aimed at adults: A Delphi study approach. *Journal of Medical Internet Research*, 10, e10. <https://doi.org/10.2196/jmir.956>

Burri, M., Baujar, V., & Etter, J. F. (2006). A qualitative analysis of an Internet discussion forum for recent ex-smokers. *Nicotine & Tobacco Research*, 8, S13-S19. <https://doi.org/10.1080/14622200601042513>

Cooper, G. (2004). Exploring and understanding online assistance for problem gamblers: The pathways disclosure model. *eCommunity: International Journal of Mental Health and Addiction*, 1, 32-38. Copeland, J., & Martin, G. (2004). Web-based interventions for substance use disorders: A qualitative review. *Journal of Substance Abuse Treatment*, 26, 109-116. [https://doi.org/10.1016/S0740-5472\(03\)00165-X](https://doi.org/10.1016/S0740-5472(03)00165-X)

Crutzen, R., de Nooijer, J., Brouwer, W., Oenema, A., Brug, J., & de Vries, N. K. (2008). Internet-delivered interventions aimed at adolescents: A Delphi study on dissemination and exposure. *Health Education Research*, 23, 427-439. <https://doi.org/10.1093/her/cym094>

Cunningham, J. (2005). Is level of interest among cannabis users in self-help materials and other services aimed at reducing problem use? *Addiction*, 100, 561-562. <https://doi.org/10.1111/j.1360-0443.2005.01061.x>

Cunningham, J. A. (2008). Access and interest: Two important issues in considering the feasibility of Web-assisted tobacco interventions. *Journal of Medical Internet Research*, 10, e37. <https://doi.org/10.2196/jmir.1000>

Cunningham, J. A., & Breslin, F. C. (2004). Only one in three people with alcohol abuse or dependence ever seek treatment. *Addictive Behaviors*, 29, 221-223. [https://doi.org/10.1016/S0306-4603\(03\)00077-7](https://doi.org/10.1016/S0306-4603(03)00077-7)

Cunningham, J. A., Hodgins, D. C., & Toneatto, T. (2008). Interest in different types of self-help services for problem gamblers. *Psychiatric Services*, 59, 695-696.

<https://doi.org/10.1176/ps.2008.59.6.695a>

Cunningham, J. A., Humphreys, K., Kypri, K., & van Mierlo, T. (2006a). Formative evaluation and three-month follow-up of an online personalized assessment feedback intervention for problem drinkers. *Journal of Medical Internet Research*, 8, e5. <https://doi.org/10.2196/jmir.8.2.e5>

Cunningham, J. A., Selby, P. L., Kypri, K., & Humphreys, K. N. (2006b). Access to the Internet among drinkers, smokers and illicit drug users: Is it a barrier to the provision of interventions on the World Wide Web?. *Medical Informatics and the Internet in Medicine*, 31, 53-58.

<https://doi.org/10.1080/14639230600562816>

Cunningham, J. A., Sobell, L. C., Sobell, M. B., Agrawal, S., & Toneatto, T. (1993). Barriers to treatment: Why alcohol and drug abusers delay or never seek treatment. *Addictive Behaviors*, 18, 347-353. [https://doi.org/10.1016/0306-4603\(93\)90036-9](https://doi.org/10.1016/0306-4603(93)90036-9)

Cunningham, J. A., & van Mierlo, T. (2009). Methodological issues in the evaluation of Internet-based interventions for problem drinking. *Drug and Alcohol Review*, 28, 12-17.

<https://doi.org/10.1111/j.1465-3362.2008.00001.x>

Cunningham, J. A., van Mierlo, T., & Fournier, R. (2008). An online support group for problem drinkers: AlcoholHelpCenter.net.. *Patient Education and Counseling*, 70, 193-198.

<https://doi.org/10.1016/j.pec.2007.10.003>

Danaher, B. G., McKay, H. G., & Seeley, J. R. (2005). The information architecture of behavior change websites. *Journal of Medical Internet Research*, 7, e12. <https://doi.org/10.2196/jmir.7.2.e12>

Doumas, D. M., & Hannah, E. (2008). Preventing high-risk drinking in youth in the workplace: A web-based normative feedback program. *Journal of Substance Abuse Treatment*, 34, 263-271.

<https://doi.org/10.1016/j.jsat.2007.04.006>

Esquivel, A., Meric-Bernstam, F., & Bernstam, E. V. (2006). Accuracy and self correction of information received from an internet breast cancer list: Content analysis. *British Medical Journal*, 332, 939-942. <https://doi.org/10.1136/bmj.38753.524201.7C>

Etter, J. F. (2006). Internet-based smoking cessation programs. *International Journal of Medical Informatics*, 75, 110-116. <https://doi.org/10.1016/j.ijmedinf.2005.06.014>

Fournier, R., Czukar, D., Selby, P., Van Mierlo, T., & Pereira, M. (2006, October). Helping quitters when and where they need it most? Challenges and learnings in building and growing the Canadian Cancer Society's web-assisted tobacco intervention "Smokers' Helpline Online" support group. Presented at "Mednet," Toronto.

Group, W. A. W. (2002). The Alcohol, Smoking and Substance Involvement Screening Test (ASSIST): Development, reliability and feasibility. *Addiction*, 97, 1183-1194. <https://doi.org/10.1046/j.1360-0443.2002.00185.x>

Helzer, J. E., Rose, G. L., Badger, G. J., Searles, J. S., Thomas, C. S., Lindberg, S. A., et al. (2008). Using interactive voice response to enhance brief alcohol intervention in primary care settings. *Journal of Studies on Alcohol and Drugs*, 69, 251-258. <https://doi.org/10.15288/jsad.2008.69.251>

Hester, R. K., Squires, D. D., & Delaney, H. D. (2005). The drinker's check-up: 12-month outcomes of a controlled clinical trial of a stand-alone software program for problem drinkers. *Journal of Substance Abuse Treatment*, 28, 159-169. <https://doi.org/10.1016/j.jsat.2004.12.002>

Humphreys, K., & Klaw, E. (2001). Can targeting nondependent problem drinkers and providing internet-based services expand access to assistance for alcohol problems? A study of the moderation management self-help/mutual aid organization. *Journal of Studies on Alcohol*, 62, 528-532. <https://doi.org/10.15288/jsa.2001.62.528>

Japuntich, S. J., Zehner, M. E., Smith, S. S., Jorenby, D. E., Valdez, J. A., Fiore, M. C., et al. (2006). Smoking cessation via the internet: A randomized clinical trial of an internet intervention as adjuvant treatment in a smoking cessation intervention. *Nicotine & Tobacco Research*, 8(Suppl. 1), S59-S67. <https://doi.org/10.1080/14622200601047900>

Koski-Jännes, A., & Cunningham, J. A. (2001). Interest in different forms of self-help in a general population sample of drinkers. *Addictive Behaviors*, 26, 91-99. [https://doi.org/10.1016/S0306-4603\(00\)00092-7](https://doi.org/10.1016/S0306-4603(00)00092-7)

Kypri, K., Langley, J. D., Saunders, J. B., & Cashell-Smith, M. L. (2007). Assessment may conceal therapeutic benefit: Findings from a randomized controlled trial for hazardous drinking. *Addiction*, 102, 62-70. <https://doi.org/10.1111/j.1360-0443.2006.01632.x>

Kypri, K., Langley, J. D., Saunders, J. B., Cashell-Smith, M. L., & Herbison, P. (2008). Randomized controlled trial of web-based alcohol screening and brief intervention in primary care. *Archives of Internal Medicine*, 168, 530-536. <https://doi.org/10.1001/archinternmed.2007.109>

Kypri, K., & McAnally, H. M. (2005). Randomized controlled trial of a web-based primary care intervention for multiple health risk behaviors. *Preventive Medicine*, 41, 761-766. <https://doi.org/10.1016/j.ypmed.2005.07.010>

Linke, S., Murray, E., Butler, C., & Wallace, P. (2007). Internet-based interactive health intervention for the promotion of sensible drinking: Patterns of use and potential impact on members of the general public. *Journal of Medical Internet Research*, 9, e10. <https://doi.org/10.2196/jmir.9.2.e10>

McCambridge, J., & Day, M. (2008). Randomized controlled trial of the effects of completing the Alcohol Use Disorders Identification Test questionnaire on self-reported hazardous drinking. *Addiction*, 103, 241-248. <https://doi.org/10.1111/j.1360-0443.2007.02080.x>

Miller, W. R., & Wilbourne, P. L. (2002). Mesa Grande: A methodological analysis of clinical trials of treatments for alcohol use disorders. *Addiction*, 97, 265-277. <https://doi.org/10.1046/j.1360-0443.2002.00019.x>

Neighbors, C., Larimer, M. E., & Lewis, M. A. (2004). Targeting misperceptions of descriptive drinking norms: Efficacy of a computer-delivered personalized normative feedback intervention. *Journal of Consulting and Clinical Psychology*, 72, 434-447. <https://doi.org/10.1037/0022-006X.72.3.434>

Oenema, A., Brug, J., Dijkstra, A., de Weerd, I., & de Vries, H. (2008). Efficacy and use of an Internet-delivered computer-tailored lifestyle intervention, targeting saturated fat intake, physical activity and smoking cessation: A randomized controlled trial. *Annals of Behavioral Medicine*, 35, 125-135. <https://doi.org/10.1007/s12160-008-9023-1>

Riper, H., Kramer, J., Smit, F., Conijn, B., Schippers, G., & Cuijpers, P. (2008). Web-based self-help for problem drinkers: A pragmatic randomized trial. *Addiction*, 103, 218-227.

<https://doi.org/10.1111/j.1360-0443.2007.02063.x>

Saitz, R., Palfai, T. P., Freedner, N., Winter, M. R., Macdonald, A., Lu, J., et al. (2007). Screening and brief intervention online for college students: The ihealth study. *Alcohol and Alcoholism*, 42, 28-36.

<https://doi.org/10.1093/alcalc/agl092>

Saunders, J. B., Aasland, O. G., Babor, T. F., De La Fuente, J. R., & Grant, M. (1993). Development of the Alcohol Use Disorders Identification Test (AUDIT): WHO collaborative project on early detection of persons with harmful alcohol consumption. II. *Addiction*, 88, 791-804.

<https://doi.org/10.1111/j.1360-0443.1993.tb02093.x>

Strecher, V. J., McClure, J. B., Alexander, G. L., Chakraborty, B., Nair, V. N., Konkel, J. M., et al. (2008). Web-based smoking-cessation programs results of a randomized trial. *American Journal of Preventative Medicine*, 34, 373-381. <https://doi.org/10.1016/j.amepre.2007.12.024>

Toll, B. A., Sobell, L. C., D'Arienzo, J., Sobell, M. B., Eickleberry-Goldsmith, L., & Toll, H. J. (2003). What do Internet-based alcohol treatment websites offer?. *Cyberpsychology & Behavior*, 6, 581-584.

<https://doi.org/10.1089/109493103322725351>

Walters, S. T., Miller, E., & Chiauuzzi, E. (2005). Wired for wellness: e-Interventions for addressing college drinking. *Journal of Substance Abuse Treatment*, 29, 139-145.

<https://doi.org/10.1016/j.jsat.2005.05.006>

Walters, S. T., Wright, J. A., & Shegog, R. (2006). A review of computer and Internet-based Interventions for smoking behavior. *Addictive Behaviors*, 31, 264-277.

<https://doi.org/10.1016/j.addbeh.2005.05.002>

Nora E. Noel Planowanie terapii uzależnień opartej na dowodach naukowych

Alexander, J., Nahra, T., Lemack, C., Pollack, H., & Campbell, C. (2008). Tailored treatment in the outpatient substance abuse treatment sector: 1995-2005. *Journal of Substance Abuse Treatment*, 34, 282-292. <https://doi.org/10.1016/j.jsat.2007.04.009>

Andreasson, S., & Ojehagen, A. (2003). Psychosocial treatment for alcohol dependence. In M. Breglund, S. Thelander, & E. Jonsson (Eds.), *Treating alcohol and drug abuse: An evidence-based review*. Weinheim, Germany: Wiley-VCH.

Connors, G., Donovan, D., & DiClemente, C. (2001). *Substance abuse treatment and stages of change: Selecting and planning interventions*. New York: Guilford Press.

Cooney, N., Babor, T., DiClemente, C., & Del Boca, F. (2003). Clinical and scientific implications of Project MATCH. In T. Babor & F. Del Boca (Eds.), *Treatment matching in alcoholism*. New York: Cambridge University Press.

Del Boca, F., Mattson, M., & Fuller, R. (2003). Planning a multisite matching trial: Organizational structure and research design. In T. Babor & F. Del Boca (Eds.), *Treatment matching in alcoholism*. New York: Cambridge University Press.

- Ewing, J. (1977). Matching therapy and patients: The cafeteria plan. *British Journal of Addictions*, 72, 13-18. <https://doi.org/10.1111/j.1360-0443.1977.tb03959.x>
- Finney, J. (1999). Some treatment implications of Project MATCH. *Addiction*, 94, 42-44.
- Gossop, M., & Moos, R. (2008). Substance misuse among older adults: A neglected but treatable problem. *Addiction*, 103, 347-348. <https://doi.org/10.1111/j.1360-0443.2007.02096.x>
- Heather, N., & UKATT Research Team (2008). UK alcohol treatment trial: Client-treatment matching effects. *Addiction*, 103, 228-238. <https://doi.org/10.1111/j.1360-0443.2007.02060.x>
- Hopwood, C., Baker, K., & Morey, L. (2008). Personality and drugs of choice. *Personality and Individual Differences*, 44, 1413-1421. <https://doi.org/10.1016/j.paid.2007.12.009>
- Horgan, C., Reif, S., Hodkin, D., Garenick, D., & Merrick, E. (2008). Availability of addiction medications in private health plans. *Journal of Substance Abuse Treatment*, 34, 147-156. <https://doi.org/10.1016/j.jsat.2007.02.004>
- Karno, M., & Longabaugh, R. (2007). Does matching matter? Examining matches and mismatches between patient attributes and therapy techniques in alcoholism treatment. *Addiction*, 102, 587-596. <https://doi.org/10.1111/j.1360-0443.2007.01754.x>
- Longabaugh, R. (2003). Involvement of support networks in treatment. In M. Galanter (Ed.), *Recent developments in alcoholism* (Vol. 16, pp. 133-147). New York: Kluwer Academic/Plenum. https://doi.org/10.1007/0-306-47939-7_11
- Longabaugh, R., Beattie, M., Noel, N., Stout, R., & Malloy, P. (1993). The effect of social investment on treatment outcome. *Journal of Studies on Alcohol*, 54, 465-478. <https://doi.org/10.15288/jsa.1993.54.465>
- Longabaugh, R., Wirtz, P., Beattie, M., Noel, N., & Stout, R. (1995). Matching treatment focus to patient social investment and support: 18 month follow up results. *Journal of Consulting and Clinical Psychology*, 63, 296-307. <https://doi.org/10.1037/0022-006X.63.2.296>
- Marlatt, G. A., & Gordon, J. (Eds.) (1985). *Relapse prevention*. New York: Guilford Press.
- McCrady, B. (2001). Foreword. In G. Connors, D. Donovan, & C. DiClemente (Eds.), *Substance abuse treatment and stages of change: Selecting and planning interventions*. New York: Guilford Press.
- Mee-Lee, D., Shulman, G., Fishman, M., Gastfriend, D., & Griffith, J. (2001). *ASAM patient-placement criteria for the treatment of substance-related disorders* (2nd ed., Rev.). Chevy Chase, MD: American Society of Addiction Medicine.
- Milby, J., Schumacher, J., Vuchinich, R., Freedman, M., Kertesz, S., & Wallace, D. (2008). Towards cost-effective initial care for substance-abusing homeless. *Journal of Substance Abuse Treatment*, 34, 180-191. <https://doi.org/10.1016/j.jsat.2007.03.003>
- Miller, W., & Hester, R. (2003). Treating alcohol problems: Towards an informed eclecticism. In R. Hester & W. Miller (Eds.), *Handbook of alcoholism treatment approaches: Effective alternatives* (3rd ed.). Boston: Allyn and Bacon.
- Morgenstern, J., Blanchard, K., Kahler, C., Barbosa, K., McCrady, B., & McVeigh, K. (2008). Testing mechanisms of action for intensive case management. *Addiction*, 103, 469-477. <https://doi.org/10.1111/j.1360-0443.2007.02100.x>

Noel, N., Sobell, L., Cellucci, T., Nirenberg, T., & Sobell, M. (1982). Behavioral treatment of outpatient problem drinkers: Five clinical case studies. In W. Hay & P. Nathan (Eds.), *Clinical case studies in the behavioral treatment of alcoholism*. New York: Plenum. https://doi.org/10.1007/978-1-4613-3415-6_4

Orford, J., & UKATT Research Team (2006). The client's perspective on change during treatment for an alcohol problem: Qualitative analysis of follow-up interviews in the UK Alcohol Treatment Trial. *Addiction*, 101, 60-68. <https://doi.org/10.1111/j.1360-0443.2005.01291.x>

Passetti, F., Clark, L., Mehta, M., Joyce, E., & King, M. (2008). Neuropsychological predictors of clinical outcome in opiate addiction. *Drug and Alcohol Dependence*, 94, 82-91. <https://doi.org/10.1016/j.drugalcdep.2007.10.008>

Project MATCH Research Group. (1997). Matching alcoholism treatments to client heterogeneity: Project MATCH post treatment drinking outcomes. *Journal of Studies on Alcohol*, 58, 7-29. <https://doi.org/10.15288/jsa.1997.58.7>

Project MATCH Research Group. (1999). Summary of Project MATCH. *Addiction*, 94, 31-34. <https://doi.org/10.1080/09652149934152>

Rice, C., Longabaugh, R., Beattie, M., & Noel, N. (1993). Age group differences in response to treatment for problematic alcohol use. *Addiction*, 88, 1369-1375. <https://doi.org/10.1111/j.1360-0443.1993.tb02023.x>

Sobell, M., & Sobell, L. (1978). *Behavioral treatment of alcohol problems: Individualized treatment and controlled drinking*. New York: Plenum. <https://doi.org/10.1007/978-1-4613-3964-9>

Sobell, M., & Sobell, L. (1996). *Problem drinkers: Guided self-change treatment*. New York: Guilford Press. Sobell, M., & Sobell, L. (2000). Stepped care as a heuristic approach to the treatment of alcohol problems. *Journal of Consulting and Clinical Psychology*, 68, 573-579. <https://doi.org/10.1037/0022-006X.68.4.573>

Patrick M. Flynn i D. Dwayne Simpson opartej na dowodach naukowych

Adaptacja i wdrażanie terapii

Aarons, G. A. (2006). Transformational and transactional leadership: Association with attitudes toward evidence-based practice. *Psychiatric Services*, 57(8), 1162-1169. <https://doi.org/10.1176/ps.2006.57.8.1162>

Addiction Technology Transfer Centers (2004). *The change book: A blueprint for technology transfer*. Kansas City, MO: ATTC National Office.

Backer, T. E. (1995). Assessing and enhancing readiness for change: Implications for technology transfer (National Institute on Drug Abuse Research Monograph 155, NIH Publication No. 95-4035). In T. E. Backer, S. L. David, & G. Soucy (Eds.), *Reviewing the behavioral science knowledge base on technology transfer* (pp. 21-41). Rockville, MD: National Institute on Drug Abuse. <https://doi.org/10.1037/e495742006-001>

Brown, B. S., & Flynn, P. M. (2002). The federal role in drug abuse technology transfer: A history and perspective. *Journal of Substance Abuse Treatment*, 22(4), 245-257. [https://doi.org/10.1016/S0740-5472\(02\)00228-3](https://doi.org/10.1016/S0740-5472(02)00228-3)

- Compton, W. M., Stein, J. B., Robertson, E. B., Pintelto, D., Pringle, B., & Volkow, N. D. (2005). Charting a course for health services research at the National Institute on Drug Abuse. *Journal of Substance Abuse Treatment*, 29, 167-172. <https://doi.org/10.1016/j.jsat.2005.05.008>
- Dansereau, D. F. (1995). Derived structural schemas and the transfer of knowledge. In A. McKeough, J. Lupart, & A. Marini (Eds.), *Teaching for transfer: Fostering generalization in learning* (pp. 93-121). Hillsdale, NJ: Lawrence Erlbaum Associates.
- Dansereau, D. F., & Dees, S. M. (2002). Mapping training: The transfer of a cognitive technology for improving counseling. *Journal of Substance Abuse Treatment*, 22(4), 219-230. [https://doi.org/10.1016/S0740-5472\(02\)00235-0](https://doi.org/10.1016/S0740-5472(02)00235-0)
- D'Aunno, T. (2006). The role of organization and management in substance abuse treatment: Review and roadmap. *Journal of Substance Abuse Treatment*, 31, 221-233. <https://doi.org/10.1016/j.jsat.2006.06.016>
- Eddy, D. M. (2005). Evidence-based medicine: A unified approach. *Health Affairs*, 24(1), 9-17. <https://doi.org/10.1377/hlthaff.24.1.9>
- Fixsen, D. L., Naoom, S. F., Blase, K. A., Friedman, R. M., & Wallace, F. (2005). *Implementation research: A synthesis of the literature* (No. Louis de la Parte Florida Mental Health Publication #231). Tampa: University of South Florida.
- Ford, J. H., Green, C. A., Hoffman, K. A., Wisdom, J. P., Riley, K. J., Bergmann, L., et al. (2007). Process improvement needs in substance abuse treatment: Admissions walk-through results. *Journal of Substance Abuse Treatment*, 33, 379-389. <https://doi.org/10.1016/j.jsat.2007.02.003>
- Garnick, D. W., Lee, M. T., Chalk, M., Gastfriend, D., Horgan, C. M., McCorry, F., et al. (2002). Establishing the feasibility of performance measures for alcohol and other drugs. *Journal of Substance Abuse Treatment*, 23, 375-385. [https://doi.org/10.1016/S0740-5472\(02\)00303-3](https://doi.org/10.1016/S0740-5472(02)00303-3)
- Gitlow, H., Gitlow, S., Oppenheim, A., & Oppenheim, R. (1989). *Tools and methods for the improvement of quality*. Homewood, IL: Irwin.
- Gotham, H. J. (2004). Diffusion of mental health and substance abuse treatments: Development, dissemination, and implementation. *Clinical Psychology: Science and Practice*, 11, 160-176. <https://doi.org/10.1093/clipsy.bph067>
- Greenhalgh, T., Robert, G., MacFarlane, F., Bate, P., & Kyriakidou, O. (2004). Diffusion of innovations in service organizations: Systematic review and recommendations. *The Milbank Quarterly*, 82(4), 581-629. <https://doi.org/10.1111/j.0887-378X.2004.00325.x>
- Gustafson, D. H., Sainfort, F., Eichler, M., Adams, L., Bisognano, M., & Steudel, H. (2003). Developing and testing a model to predict outcomes of organizational change. *Health Services Research*, 38(2), 751-776. <https://doi.org/10.1111/1475-6773.00143>
- Institute of Medicine (2005). *Improving the quality of health care for mental and substance abuse conditions: Quality chasm series*. Washington, DC: The National Academy Press.
- Klein, K. J., Conn, A. B., & Sorra, J. S. (2001). Implementing computerized technology: An organizational analysis. *Journal of Applied Psychology*, 86, 811-824. <https://doi.org/10.1037/0021-9010.86.5.811>

Klein, K. J., & Knight, A. P. (2005). Innovation implementation: Overcoming the challenge. *Current Directions in Psychological Science*, 14(5), 243-246. <https://doi.org/10.1111/j.0963-7214.2005.00373.x>

Klein, K. J., & Sorra, J. S. (1996). The challenge of innovation implementation. *Academy of Management Review*, 21(4), 1055-1080. <https://doi.org/10.5465/amr.1996.9704071863>

Lamb, S., Greenlick, M. R., & McCarty, D. (1998). Bridging the gap between practice and research. Washington, DC: Institute of Medicine, National Academy Press.

Lehman, W. E. K., Greener, J. M., & Simpson, D. D. (2002). Assessing organizational readiness for change. *Journal of Substance Abuse Treatment*, 22(4), 197-209. [https://doi.org/10.1016/S0740-5472\(02\)00233-7](https://doi.org/10.1016/S0740-5472(02)00233-7)

McCarty, D., Gustafson, D. H., Wisdom, J. P., Ford, J., Choi, D., Molfenter, T., et al. (2007). The Network for the Improvement of Addiction Treatment (NIATx): Enhancing access and retention. *Drug and Alcohol Dependence*, 88, 138-145. <https://doi.org/10.1016/j.drugalcdep.2006.10.009>

McCorry, F., Garnick, D., Bartlett, J., Cotter, F., & Chalk, M. (2000). Developing performance measures for alcohol and other drug services in managed care plans. *Joint Commission Journal on Quality Improvement*, 26, 633-643. [https://doi.org/10.1016/S1070-3241\(00\)26054-9](https://doi.org/10.1016/S1070-3241(00)26054-9)

McGovern, M., Fox, T., Xie, H., & Drake, R. (2004). A survey of clinical practices and readiness to adopt evidence-based practices: Dissemination research in an addiction treatment system. *Journal of Substance Abuse Treatment*, 26, 305-312. <https://doi.org/10.1016/j.jsat.2004.03.003>

Miller, W. R., Zweben, J., & Johnson, W. R. (2005). Evidence-based treatment: Why, what, where, when, and how? *Journal of Substance Abuse Treatment*, 29(4), 267-276. <https://doi.org/10.1016/j.jsat.2005.08.003>

National Institute on Drug Abuse (1999). Principles of drug abuse treatment: A research-based guide. NIH Publication No. 00-4180. Rockville, MD: National Institute on Drug Abuse.

National Institutes of Health (2007). Dissemination and implementation research in health (R01). Retrieved December 1, 2007, from <http://grants.nih.gov/grants/guide/pa-files/PA07-086.html>.

Newbern, D., & Dansereau, D. F. (1995). Knowledge maps for knowledge management. In K. Wiig (Ed.), *Knowledge management methods* (pp. 157-180). Arlington, TX: Schema Press.

Rampazzo, L., De Angeli, M., Serpelloni, G., Simpson, D. D., & Flynn, P. M. (2006). Italian survey of Organizational Functioning and Readiness for Change: A cross-cultural transfer of treatment assessment strategies. *European Addiction Research*, 12, 176-181. <https://doi.org/10.1159/000094419>

Rogers, E. M. (1995). *Diffusion of innovations* (4th ed.). New York: The Free Press.

Rogers, E. M. (2003). *Diffusion of innovations* (5th ed.). New York: The Free Press.

Roman, P. M., & Johnson, J. A. (2002). Adoption and implementation of new technologies in substance abuse treatment. *Journal of Substance Abuse Treatment*, 22(4), 211-218. [https://doi.org/10.1016/S0740-5472\(02\)00241-6](https://doi.org/10.1016/S0740-5472(02)00241-6)

Shewart, W. A. (1939). *Statistical method from the viewpoint of quality control*. Lancaster, PA: Lancaster Press. Simpson, D. D. (2009). Organizational readiness for stage-based dynamics of innovation implementation. *Research on Social Work Practice*.

Simpson, D. D., & Brown, B. S. (Guest Eds.). (2002). Special Issue: Transferring research to practice. *Journal of Substance Abuse Treatment*, 22(4), 169-257. [https://doi.org/10.1016/S0740-5472\(02\)00231-3](https://doi.org/10.1016/S0740-5472(02)00231-3)

Simpson, D. D., & Dansereau, D. F. (2007). Assessing organizational functioning as a step toward innovation. *NIDA Science and Practice Perspectives*, 3(2), 20-28. <https://doi.org/10.1151/spp073220>

Simpson, D. D., & Flynn, P. M. (2007a). Moving innovations into treatment: A stage-based approach to program change. *Journal of Substance Abuse Treatment*, 33(2), 111-120. <https://doi.org/10.1016/j.jsat.2006.12.023>

Simpson, D. D., & Flynn, P. M. (Guest Eds.). (2007b). Organizational readiness for change. *Journal of Substance Abuse Treatment*, 33(2), 111-209.

Sirkin, H. L., Keenan, P., & Jackson, A. (2005). The hard side of change management. *Harvard Business Review* October, 109-118.

Peter M. Miller Wyzwania stojące przed terapiami opartymi na dowodach naukowych

Anton, R. F., O'Malley, S. S., Ciraulo, D. A., Cisler, R. A., Couper, D., Donovan, D. M., et al. (2006). Combined pharmacotherapies and behavioral interventions for alcohol dependence: The COMBINE study: A randomized controlled trial. *Journal of the American Medical Association*, 295, 2003-2017. <https://doi.org/10.1001/jama.295.17.2003>

Erickson, C. K. (2007). *The science of addiction*. New York: W.W. Norton & Company.

Higgins, S. T., Sigmon, S. C., Wong, C. J., Heil, S. H., Badger, G. J., Donham, R., et al. (2003). Community reinforcement therapy for cocaine-dependent outpatients. *Archives of General Psychiatry*, 60, 1043-1052. <https://doi.org/10.1001/archpsyc.60.9.1043>

Hoffman, N. G. (2006, November). Evidence-based practices: Promotion or performance? *Addiction Professional*.

McLellan, A. T. (2002). Have we evaluated addiction treatment correctly? Implications from a chronic care perspective. *Addiction*, 97, 249-252. <https://doi.org/10.1046/j.1360-0443.2002.00127.x>

McLellan, A. T. (2006). Communicating across the "chasm": Journal of Substance Abuse Treatment and Counselor initiate cooperative agreement. *Journal of Substance Abuse Treatment*, 31, 1. <https://doi.org/10.1016/j.jsat.2006.05.001>

McLellan, A. T., Carise, D., & Kleber, H. D. (2003). Can the national addiction treatment infrastructure support the public's demand for quality care? *Journal of Substance Abuse Treatment*, 25, 117-121. [https://doi.org/10.1016/S0740-5472\(03\)00156-9](https://doi.org/10.1016/S0740-5472(03)00156-9)

Michie, S. (2008). What works and how? Designing more effective interventions needs answers to both questions. *Addiction*, 103, 886-887. <https://doi.org/10.1111/j.1360-0443.2007.02112.x>

Miller, P. M., & Kavanagh, D. J. (Eds.). (2007). *Translation of addictions science into practice*. Amsterdam, The Netherlands: Elsevier.

Orford, J. (2008). Asking the right questions in the right way: The need for a shift in research on psychological treatment for addiction. *Addiction*, 103, 875-885. <https://doi.org/10.1111/j.1360-0443.2007.02092.x>

Thomas, S. E., Miller, P. M., Randall, P. K., & Book, S. W. (2008). Improving acceptance of naltrexone in community addiction treatment centers: A pilot study. *Journal of Substance Abuse Treatment*, 35, 260-268. <https://doi.org/10.1016/j.jsat.2007.11.001>

Thomas, S. E., & Miller, P. M. (2007). Knowledge and attitudes about pharmacotherapy for alcoholism: A survey of counselors and administrators in community-based addiction treatment centres. *Alcohol and Alcoholism*, 42, 113-118. <https://doi.org/10.1093/alcalc/agl100>

Jadwiga Fudała **Leczenie osób uzależnionych od alkoholu w Polsce**

Anderson, P., Baumberg, B. (2007). *Alkohol w Europie. Raport z perspektywy zdrowia publicznego*, Warszawa: Wydawnictwo Edukacyjne PARPAMEDIA.

CBOS (2008). *Wzory konsumpcji alkoholu w Polsce. Badania zrealizowane na zlecenie PARPA*.

Fudała, J. (2012). *Farmakoterapia w praktyce klinicznej placówek leczenia uzależnienia od alkoholu. Terapia uzależnienia i współuzależnienia*, 3.

Kucińska, M., Mellibruda, J. (1997a). Program analizy procesu i efektów terapii alkoholików – APETA. *Koncepcja i dotychczasowy przegląd badań. Alkoholizm i narkomania*, 2.

Kucińska, M., Mellibruda, J. (1997b). Sposób używania alkoholu po zakończeniu lub po przerwaniu terapii uzależnienia przez pacjentów uczestniczących w programie Analiza procesu i efektów terapii alkoholików. *Alkoholizm i narkomania*, 2.

Kucińska, M., Mellibruda, J., Włodawiec B. (1997). Zmiany funkcjonowania społecznego po terapii odwykowej pacjentów uczestniczących w programie Analiza procesu i efektów terapii alkoholików. *Alkoholizm i narkomania*, 3/28.

Mellibruda, J., Sobolewska-Mellibruda, Z. (2006). *Integracyjna psychoterapia uzależnień. Teoria i praktyka*. Warszawa: Wydawnictwo Instytutu Psychologii Zdrowia PTP.

Miturska, E., Dąbrowska, K. (2009). *Lecznictwo uzależnienia od alkoholu w Polsce w latach 1982–2005. Alkoholizm i narkomania*, 4.

Moskalewicz, J. (1998). *Polityka społeczna wobec alkoholu w Polsce w latach 1944–1982*. Warszawa: PARPA.

Moskalewicz, J., Kiejna, A., Wojtyński, B. (2012). *Kondycja psychiczna mieszkańców Polski: raport z badań „Epidemiologia zaburzeń psychiatrycznych i dostęp do psychiatrycznej opieki zdrowotnej – EZOP Polska”*. Warszawa: Instytut Psychiatrii i Neurologii.

WHO (2012). *Alcohol in The European Union. Consumption, harm and policy approaches*. WHO Regional Office for Europe.

Bogusława Bukowska **Leczenie osób uzależnionych od narkotyków w Polsce**

De Leon, G., Staines, G. L., Perlis, T. E., Sacs, S., McKendrick, K., Hilton, R., Brady, R. (1995). Therapeutic community methods in methadone maintenance (Passages): An open clinical trial. *Drug Alcohol Dependency*, 27(1), 45-57. [https://doi.org/10.1016/0376-8716\(94\)01057-R](https://doi.org/10.1016/0376-8716(94)01057-R)

De Leon, G. (2003). *Społeczność terapeutyczna: teoria, model, metoda*, przeł. H. Grzegółowska-Klarowska. Warszawa: Krajowe Biuro ds. Przeciwdziałania Narkomanii.

EMCDDA (2013). *Europejski raport narkotykowy*.

Habrat, B., Steinbarth-Chmielewska, K., Baran-Furga, H. (2013). Łączone programy stacjonarnych oddziaływań rehabilitacyjno-readaptacyjnych i leczenia substytucyjnego osób uzależnionych od opioidów. *Farmakoterapia w Psychiatrii i Neurologii*, 1, 43-49.

Halota, W., Juszcak, J. (2006). *HIV/AIDS. Podręcznik dla lekarzy i studentów*. Wydawnictwo Termedia, Poznań 2006.

Hibell, B., Guttormsson, U., Ahlstrom, S., Balakireva, O., Bjarnason, T., Kokkevi, A., Kraus, L. (2011). The 2011 ESPAD Report. Substance Use Among Students in 36 European Countries, http://www.espad.org/Uploads/ESPAD_reports/2011/The_2011_ESPAD_Report_FULL_2012_10_29.pdf.

Hoch, E., Noack, R., Henker, J., Pixa, A., Höfler, M., Behrendt, S., Bühringer, G., Wittchen, H.-U. (2011). Efficacy of a targeted cognitive-behavioral treatment program for cannabis use disorders (CANDIS*). *European Neuropsychopharmacology*, 22(4), 267-280. <https://doi.org/10.1016/j.euroneuro.2011.07.014>

Hubbard, R.L., Craddock, S. G., Flynn, P. M., Anderson, J., Etheridge, R. M., (1997). Overview of 1-year follow up outcomes in the Drug Abuse Treatment Outcome Study (DATOS). *Psychology of Addictive Behaviors*, 11(4), 261-278. <https://doi.org/10.1037/0893-164X.11.4.261>

Hughes, P. H., Coletti, S. D., Neri, R. L., Urmann, C. F., Stahl, S., Sicilian, D. M., Anthony, J. C. (1995). Retaining cocaine-abusing women in therapeutic community: The effect of a child live-in program. *American Journal of Public Health*, 85, 1149-1152. https://doi.org/10.2105/AJPH.85.8_Pt_1.1149

Informator na temat placówek udzielających pomocy osobom z problemem narkotykowym. *Narkomania - Gdzie szukać pomocy?* (2011). Warszawa: Krajowe Biuro ds. Przeciwdziałania Narkomanii.

Jabłoński, P., Puławska-Popielarz, K. (2012). Zarys historii rozwoju terapii uzależnień od substancji psychoaktywnych innych niż alkohol w Polsce, w: *Uzależnienie od narkotyków. Podręcznik dla terapeutów*, Jabłoński, P., Bukowska, B., Czała, Cz. (red.), Warszawa: Krajowe Biuro ds. Przeciwdziałania Narkomanii.

Koczurowska, J. (2012). *Społeczność terapeutyczna w rehabilitacji uzależnień*, w: *Uzależnienie od narkotyków*. Warszawa: Krajowe Biuro ds. Przeciwdziałania Narkomanii.

Kotański, M. (2003). *Sprzedałem się ludziom*. Białystok: Studio Astropsychologii, "Kreator".

McLellan, A. T. (2002). Technology transfer and the treatment of addiction: what can research offer practice? *Journal of Substance Abuse Treatment*, 22(4), 169-170. [https://doi.org/10.1016/S0740-5472\(02\)00240-4](https://doi.org/10.1016/S0740-5472(02)00240-4)

Miller, W. R., Zweben, J., Johnson, W. R. (2005). Evidenced-based treatment: Why, what, where, when, and how? *Journal of Substance Abuse Treatment*, 29(4).

<https://doi.org/10.1016/j.jsat.2005.08.003>

Moskalewicz, J., Langiewicz, W., Sierosławski, J., Świątkiewicz, G. (2005). Optymalny model zaspakajania potrzeb leczniczych osób uzależnionych od nielegalnych substancji psychoaktywnych w Polsce, Raport dostępny na stronie Krajowego Biura ds. Przeciwdziałania Narkomanii

www.narkomania.gov.pl

Moskalewicz, J., Kiejna, A., Wojtyniak, B. (2012). Kondycja Psychiczna Mieszkańców Polski. Raport z badań: Epidemiologia zaburzeń psychiatrycznych i dostęp do psychiatrycznej opieki zdrowotnej - EZOP Polska. Warszawa: Instytut Psychiatrii i Neurologii.

Puławska-Popielarz, K. (2013). Niepublikowana prezentacja na temat programu ośrodka w Kazuniu wygłoszona podczas konferencji nt. leczenia substytucyjnego, Kazimierz Dolny. Siczek, J. (1994). Narkonauci od uzależnienia do dobrego życia. Warszawa: Jacek Santorski & CO, Agencja Wydawnicza.

Sierosławski, J. (2008). Oszacowanie liczby problemowych użytkowników narkotyków i analiza wzorów używania narkotyków oraz związanych z tym problemów. Warszawa: Instytut Psychiatrii i Neurologii.

Sierosławski, J. (2012). Oszacowanie liczby problemowych użytkowników opioidów w Polsce. *Alkoholizm i Narkomania*, t. 25, nr 4; 347-356.

Simpson, D. D. (2002). A conceptual framework for transferring research into practice. *Journal of Substance Abuse Treatment*, 22(4). [https://doi.org/10.1016/S0740-5472\(02\)00231-3](https://doi.org/10.1016/S0740-5472(02)00231-3)

Staniaszek, M. (1993). Narkomania w Polsce A.D. 1990, w: Wąsik, J.J., Staniaszek, M. (red). *Zwalczanie narkomanii w Polsce i na świecie*. Wrocław: Wydawnictwo Uniwersytetu Wrocławskiego.

Szulc, M. (2008). Procesy planowania w uwalnianiu się młodzieży z nałogu. Gdańsk: Wydawnictwo Uniwersytetu Gdańskiego.

WHO (2004). The practices and context of pharmacotherapy of opioid dependence in Central and Eastern Europe, WHO/MSD/MSB/04.1.

Wobie, K., Eyler, F. D., Conlon, M., Clarke, L., Behnke, M. (1997). Women and children in residential treatment: Outcomes for mother and their infants. *Journal of Drug Issues*, 27(3), 585-606.

<https://doi.org/10.1177/002204269702700309>

Zamecka, J. (1997). Profesjonalne koncepcje przeciwdziałania marginalizacji społecznej osób uzależnionych od narkotyków, w: *Kontrola społeczna procesów marginalizacji*, Kwaśniewski, J. (red.), Warszawa: Agencja Praw Autorskich i Wydawnictwo INTERART.

Zamecka, J., Modyfikacje koncepcji profesjonalnej pomocy osobom uzależnionym od narkotyków, http://www.archiwum.monar.org/czytelnia/czyt_zamecka.pdf.

Zweben, J. E., Aly, T., Martin, J., Wengrofsky, G., Bacci, J., Meddaugh, R. (1999). Making residential treatment available to methadone client. *Journal Of Substance Abuse Treatment*, 17(3), 249-266.

[https://doi.org/10.1016/S0740-5472\(98\)00073-7](https://doi.org/10.1016/S0740-5472(98)00073-7)

National Institute on Drug Abuse: www.drugabuse.gov/publications/research-reports/therapeutic-community/what-are-fundamental-components-therapeutic-communities.